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| Name: | Cynthia Tompkins |
| Phone: | (651) 681-1908 |
| Email: | cynthiakrezek@hotmail.com |
| Location: | US-MN-Saint Paul-55107 () |
| Last Modified: | 8/16/2019 8:47:19 PM |

 Work History

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| Company Name: | St. Paul Ramsey Hospital/Regions Hospital | 06/01/2012 - Present |
| Job Title: | Clinical Nurse Specialist/APRN Trauma/Neuro, Burn and Surgical Intensive Care population | |
|  | | |
| Company Name: |  | 01/01/2010 - 05/31/2012 |
| Job Title: | Decentralize Nurse Educator for Trauma and Surgical Intensive Care populations and Staff RN on SICU | |
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| Company Name: | Life Link III | 01/01/1998 - 12/31/2010 |
| Job Title: | Transport Nurse | |
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| Company Name: |  | 01/01/1993 - 01/01/2010 |
| Job Title: | Staff Nurse/Clinical Educator on Surgical/Trauma Intensive Care Unit | |
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| Company Name: |  | 01/01/2003 - 12/31/2005 |
| Job Title: | Clinical Research Nurse department of Surgery | |
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| Company Name: | Kimberly Clark Home Health Care/First Staff Nursing Agency | 01/01/1990 - 12/31/1998 |
| Job Title: | Home Health Nurse and Inpatient/Emergency Department Staff Agency Nurse | |
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| Company Name: | Iowa Methodist Hospital | 01/01/1989 - 12/31/1993 |
| Job Title: | Staff Nurse General Care and ICU Unit | |
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 Education

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| --- | --- | --- | --- |
| School: | Saint Louis University, Saint Louis, Missouri | Graduation Date: |  |
| Major: |  | | |
| Degree: | Master's Degree | | |
| School: | Jacksonville University, Jacksonville, Florida | Graduation Date: |  |
| Major: |  | | |
| Degree: | Bachelor's Degree | | |
| School: | Kaplin University, Boca Roton, Florida | Graduation Date: |  |
| Major: |  | | |
| Degree: | Master's Degree | | |

 Additional Skills And Qualifications

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| Recent Job Title: | null | Recent Wage: | 0 per |
| Security Clearance: | No |  |  |

 Desired Position

|  |  |  |  |
| --- | --- | --- | --- |
| Desired Wage: | per | Desired Employment Type: |  |
| Desired Travel: |  | Desired commute: |  |
| Desired Relocation: | No | |  |

 Resume

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| Cynthia Tompkins, APRN, CNP  10594 Amery Circle Inver Grove Heights, MN 55077 651-681-1908 cynthiakrezek@hotmail.com   Education Saint Louis University, Saint Louis, Missouri Masters of Nursing, Acute Care Nurse Practitioner, Jan 2012  Jacksonville University, Jacksonville, Florida Bachelor of Science in Nursing, 2007  Kaplin University, Boca Roton, Florida Legal Nurse Consultant, 2004  Iowa Methodist School of Nursing, Des Moines, Iowa Diploma Registered Nurse, 1989  Experience Iowa Methodist Hospital, Des Moines Iowa 1989-1993 Staff Nurse General Care and ICU Unit  Staff nurse on general medicine unit which patient populations included oncology, renal and gastrointestinal disease process.  Staff nurse on an Intensive Care Unit which patient populations included general medicine, surgical, trauma, cardiovascular and burn disease process.  Kimberly Clark Home Health Care/First Staff Nursing Agency, Des Moines, Iowa and Minneapolis, Minnesota 1990-1998 Home Health Nurse and Inpatient/Emergency Department Staff Agency Nurse  Staff nurse rotating with in hospitals in the areas of ICU, Emergency Room and Recovery Room.  Staff home health nurse completing regular evaluation of client's health condition including complex wound care, IV therapy, hospice care, education and communication to health care team.  St. Paul Ramsey Hospital/Regions Hospital, St. Paul, Minnesota  June 2012-current Clinical Nurse Specialist/APRN Trauma/Neuro, Burn and Surgical Intensive Care population  Development of Evidence Based Nursing practice which includes policy and protocol development for new practice and equipment.  Collaborate with providers on patient plan of care.  Development and education of new practice.  Assist with maintaining hospital certifications: Trauma, Burn and Stroke  Critical Care research  2010-May 2012 Decentralize Nurse Educator for Trauma and Surgical Intensive Care populations and Staff RN on SICU  Collaborative work with Clinical Nurse Specialists to conduct population based educational needs assessment, training, and evaluation of staff nurse.  Hold nursing staff accountable for best practice and mandatory education.  Teaching and facilitating training education.  Development of Nursing Critical Care and Progressive Care classes including didactic and simulation teaching methodologies.  Teaching and facilitating Critical Care and Progressive Care classes for new nursing staff.  Teaching and facilitating simulation classes for resident physicians.  Development of nursing preceptor role.  Providing patient care and serving as preceptor in both critical care and progressive care areas.   1993-2010 Staff Nurse/Clinical Educator on Surgical/Trauma Intensive Care Unit  Hold nursing staff accountable for best practice and mandatory education.  Teaching and facilitating training education.  Development of nursing preceptor role.  Providing patient care and serving as preceptor in critical care areas.   2003-2005 Clinical Research Nurse department of Surgery  Coordinate and conduct pharmaceutical clinical research trials.  Educates study staff on protocols of studies.  Life Link III, Minneapolis, Minnesota: 1998-2010 Transport Nurse  Provide nursing care to patient populations including adult, pediatric and neonate which are being transported via helicopter, ambulance or plane.     Certifications/ Memberships Minnesota and Wisconsin Registered Nurse License ANCC-Acute Care Nurse Practitioner Certification CCRN certification BLS, ACLS, ENLS, ACLS instructor certification American Association of Critical Care Nurses national and local member Minnesota Nurse Practitioners Organization member American Association Nurse Practitioners Organization member Volunteer Twin Cities Marathon medical team |