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| --- | --- |
| Name: |   Cynthia Tompkins |
| Phone: |   (651) 681-1908 |
| Email: |   cynthiakrezek@hotmail.com |
| Location: |   US-MN-Saint Paul-55107 () |
| Last Modified: |   8/16/2019 8:47:19 PM |

 Work History

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| --- | --- | --- |
| Company Name: |   St. Paul Ramsey Hospital/Regions Hospital | 06/01/2012 - Present |
| Job Title: |   Clinical Nurse Specialist/APRN Trauma/Neuro, Burn and Surgical Intensive Care population |
|  |
| Company Name: |    | 01/01/2010 - 05/31/2012 |
| Job Title: |   Decentralize Nurse Educator for Trauma and Surgical Intensive Care populations and Staff RN on SICU |
|  |
| Company Name: |   Life Link III | 01/01/1998 - 12/31/2010 |
| Job Title: |   Transport Nurse |
|  |
| Company Name: |    | 01/01/1993 - 01/01/2010 |
| Job Title: |   Staff Nurse/Clinical Educator on Surgical/Trauma Intensive Care Unit |
|  |
| Company Name: |    | 01/01/2003 - 12/31/2005 |
| Job Title: |   Clinical Research Nurse department of Surgery |
|  |
| Company Name: |   Kimberly Clark Home Health Care/First Staff Nursing Agency | 01/01/1990 - 12/31/1998 |
| Job Title: |   Home Health Nurse and Inpatient/Emergency Department Staff Agency Nurse |
|  |
| Company Name: |   Iowa Methodist Hospital | 01/01/1989 - 12/31/1993 |
| Job Title: |   Staff Nurse General Care and ICU Unit |
|  |

 Education

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| --- | --- | --- | --- |
| School: |   Saint Louis University, Saint Louis, Missouri | Graduation Date: |  |
| Major: |    |
| Degree: |   Master's Degree |
| School: |   Jacksonville University, Jacksonville, Florida | Graduation Date: |  |
| Major: |    |
| Degree: |   Bachelor's Degree |
| School: |   Kaplin University, Boca Roton, Florida | Graduation Date: |  |
| Major: |    |
| Degree: |   Master's Degree |

 Additional Skills And Qualifications

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| Recent Job Title: |    null | Recent Wage: | 0 per  |
| Security Clearance: |   No |  |  |

 Desired Position

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| --- | --- | --- | --- |
| Desired Wage: |    per  | Desired Employment Type: |  |
| Desired Travel: |    |   Desired commute: |  |
| Desired Relocation: | No |  |

 Resume

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| Cynthia Tompkins, APRN, CNP10594 Amery CircleInver Grove Heights, MN 55077651-681-1908cynthiakrezek@hotmail.comEducation Saint Louis University, Saint Louis, MissouriMasters of Nursing, Acute Care Nurse Practitioner, Jan 2012Jacksonville University, Jacksonville, FloridaBachelor of Science in Nursing, 2007Kaplin University, Boca Roton, FloridaLegal Nurse Consultant, 2004Iowa Methodist School of Nursing, Des Moines, IowaDiploma Registered Nurse, 1989Experience Iowa Methodist Hospital, Des Moines Iowa1989-1993 Staff Nurse General Care and ICU Unit Staff nurse on general medicine unit which patient populations includedoncology, renal and gastrointestinal disease process. Staff nurse on an Intensive Care Unit which patient populations includedgeneral medicine, surgical, trauma, cardiovascular and burn disease process.Kimberly Clark Home Health Care/First Staff Nursing Agency,Des Moines, Iowa and Minneapolis, Minnesota1990-1998 Home Health Nurse and Inpatient/Emergency Department Staff Agency Nurse Staff nurse rotating with in hospitals in the areas of ICU, Emergency Room andRecovery Room. Staff home health nurse completing regular evaluation of client's healthcondition including complex wound care, IV therapy, hospice care, education andcommunication to health care team.St. Paul Ramsey Hospital/Regions Hospital, St. Paul, Minnesota June 2012-current Clinical Nurse Specialist/APRN Trauma/Neuro, Burn andSurgical Intensive Care population Development of Evidence Based Nursing practice which includes policy andprotocol development for new practice and equipment. Collaborate with providers on patient plan of care. Development and education of new practice. Assist with maintaining hospital certifications: Trauma, Burn and Stroke Critical Care research 2010-May 2012 Decentralize Nurse Educator for Trauma and Surgical IntensiveCare populations and Staff RN on SICU Collaborative work with Clinical Nurse Specialists to conduct populationbased educational needs assessment, training, and evaluation of staffnurse. Hold nursing staff accountable for best practice and mandatory education. Teaching and facilitating training education. Development of Nursing Critical Care and Progressive Care classesincluding didactic and simulation teaching methodologies. Teaching and facilitating Critical Care and Progressive Care classes fornew nursing staff. Teaching and facilitating simulation classes for resident physicians. Development of nursing preceptor role. Providing patient care and serving as preceptor in both critical care andprogressive care areas. 1993-2010 Staff Nurse/Clinical Educator on Surgical/Trauma Intensive Care Unit Hold nursing staff accountable for best practice and mandatory education. Teaching and facilitating training education. Development of nursing preceptor role. Providing patient care and serving as preceptor in critical care areas. 2003-2005 Clinical Research Nurse department of Surgery Coordinate and conduct pharmaceutical clinical research trials. Educates study staff on protocols of studies.Life Link III, Minneapolis, Minnesota:1998-2010 Transport Nurse Provide nursing care to patient populations including adult, pediatric andneonate which are being transported via helicopter, ambulance or plane.Certifications/MembershipsMinnesota and Wisconsin Registered Nurse LicenseANCC-Acute Care Nurse Practitioner CertificationCCRN certificationBLS, ACLS, ENLS, ACLS instructor certificationAmerican Association of Critical Care Nurses national and local memberMinnesota Nurse Practitioners Organization memberAmerican Association Nurse Practitioners Organization memberVolunteer Twin Cities Marathon medical team |