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| Name: |   Ellen Follett |
| Phone: |    |
| Email: |   tazellen@gmail.com |
| Location: |   US-IL-Woodstock-60098 () |
| Last Modified: |   9/30/2019 7:57:16 PM |

 Work History

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| --- | --- | --- |
| Company Name: |   Northwestern/Centegra Heath Systems | 06/01/2000 - Present |
| Job Title: |   Staff RN III |
|  |
| Company Name: |    | 04/01/2013 - Present |
| Job Title: |   Cardiac Diagnostics, RN III, Centegra-Woodstock, Staff Nurse |
|  |
| Company Name: |   Mercy Harvard Hospital; Practice Council | 11/01/2005 - 08/31/2014 |
| Job Title: |   Member |
|  |
| Company Name: |   Intensive Care Unit | 06/01/2010 - 05/31/2013 |
| Job Title: |   Staff Nurse |
|  |
| Company Name: |   Mercy Harvard Hospital Nurse Practice Council | 04/01/2011 - 03/31/2012 |
| Job Title: |   Chair |
|  |
| Company Name: |   Flu Clinic; Centegra | 11/01/2006 - 06/01/2010 |
| Job Title: |   Staff Nurse |
|  |
| Company Name: |   Marianjoy Rehabilitation Hospital | 08/01/2000 - 01/31/2004 |
| Job Title: |   registry |
|  |
| Company Name: |   Spinal Cord Injury Unit; Marianjoy Rehabilitation Hospital | 10/01/1996 - 08/01/2000 |
| Job Title: |   Staff Nurse |
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| Company Name: |   Marianjoy Rehabilitation Hospital | 11/01/1998 - 08/01/2000 |
| Job Title: |   Rotating House Coordinator |
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| Company Name: |   Marianjoy Rehabilitation Hospital | 01/01/1997 - 07/31/1998 |
| Job Title: |   Spinal Cord Unit Representative, Policy and Procedure Committee |
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 Education

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| --- | --- | --- | --- |
| School: |    | Graduation Date: |  |
| Major: |    |
| Degree: |   None |
| School: |    | Graduation Date: |  |
| Major: |    |
| Degree: |   None |
| School: |   Mercy Health Systems | Graduation Date: |  |
| Major: |    |
| Degree: |   None |

 Additional Skills And Qualifications

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| --- | --- | --- | --- |
| Recent Job Title: |    Staff RN III | Recent Wage: | 0 per  |
| Security Clearance: |   No |  |  |

 Desired Position

|  |  |  |  |
| --- | --- | --- | --- |
| Desired Wage: |    per  | Desired Employment Type: |  |
| Desired Travel: |    |   Desired commute: |  |
| Desired Relocation: | No |  |

 Resume

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| --- |
| Page 1Ellen Follett, RN, BSN(815) 568-8783Ellen Follett, RN, MSN, AGPNP1207 Savannah LaneWoodstock, Illinois 60098(815) 236 5152WORK EXPERIENCENorthwestern/Centegra Heath Systems Staff RN III - June 2000 to PresentHAZMAT Team- PresentCardiac Diagnostics, RN III, Centegra-Woodstock, Staff Nurse, April 2013 to present.Perform cardiac stress tests (nuclear, chemical, treadmill), assist with transesophagealechocardiograms, tilt table tests, Dobutamine and non-chemical stress echocardiograms. Member,Centegra Cardiovascular Service Line Council; Code Blue Training Team (participates in theinitiation of mock codes for staff education); Chest Pain Committee. I also mentor nurses orientingto our unit who may be new to the hospital.Intensive Care Unit, Centegra-Woodstock Parttime Staff Nurse, June 2010 to May 2013. .Primarynursing care to several types of patients. Initially on Med/Surg/Oncology, then moving toTelemetry/Monitored Care. Duties including working with telemetry monitors, enteral and totalparenteral feeding systems, maintenance of chest tubes and several different types of drainagesystems, administering blood products, maintenance of central lines and PICC lines, insertion andmaintenance of peripheral i.v.'s, insertion of n/g tubes, trach care, Foley catheter insertion andstraight catheterization, wound and ostomy care, monitoring post-chemotherapy and radiationpatients, performing admission assessments, and providing patient and family support. In theIntensive Care Unit, in addition to monitoring critically ill patients, working with arterial lines;administering, monitoring and titrating critical medicine drips such as vasopressors; and attendingtraining classes on IABP and CRRT. Intensive Care Unit, Centegra-McHenry and Centegra-Woodstock,Registry November 2006 - June 2010. Flu Clinic, December 2009. Centegra - McHenry, IL Staff NurseMonitored Care (Telemetry) Unit, May 2001 - November 2006 July 2004 - March 2005 (unit was dissolvedinto PACU, so no longer need for PRN), August 2000 - May 2001, PRN Staff Nurse, CardiacCatheterization Recovery Unit, In-house Registry Med/Surg, Orthopedics, and Oncology, June 2000 -August 2000, Staff Nurse Med/Surg Oncology,In-house Registry, Mercy Harvard Hospital. November 2005 - August 2014. Member, Practice Council2007 - 2012. Currently work as needed in the Med/Surg/Telemetry, Intensive Care, Out PatientSurgery, and Emergency Departments. Also, but less frequently, have worked in the Extended CareCenter (attached to the hospital).Chair, Mercy Harvard Hospital Nurse Practice Council. April 2011 - March 2012. Coordinate andmoderate meetings. Represent Mercy Harvard Hospital via teleconference at System wide Nurse PracticeCouncil Meetings in Janesville.Representative for Mercy on McHenry County Suicide Task Force. The task force meets monthly anddiscusses data collected and community efforts in education and prevention.Staff Nurse, Spinal Cord Injury Unit, Marianjoy Rehabilitation Hospital, Wheaton, IL. October, 1996\* August 2000. Providing comprehensive nursing care to spinal cord injured, neuromuscular impaired,deconditioned post organ transplant and open heart surgery patients. In addition to staff nurseduties, serving as primary nurse to caseload of up to three patients, implementating and updatingcare plans, education, and weekly patient progress and goal attainment summaries forinterdisciplinary team patient conferences. Routinely assigned various positions on hospital codeteam, as well as being a resource to coworkers in performing 'stat' EKG's. Along with Staff Nurseduties on Spinal Cord Injury Unit, working an additional shift per week filling in on Stroke unit In-houseregistry, Marianjoy Rehabilitation Hospital, Wheaton, IL. August 2000 - January 2004. Providingcomprehensive nursing care to all units (spinal cord injured, brain injured, stroke, and orthopedicunits) in hospital, as needed. Continuing to serve on hospital code team as assigned. Minimum of oneto two shifts per week. Rotating House Coordinator, P.M. Shift, Marianjoy Rehabilitation Hospital.November 1998 - August 2000: Responsibilities include: off hour coordination of staffing for eachunit; dispensing of medications from pharmacy during off hours; assignment of code team members;resolving of escalating family concerns; coordination of emergency situations, and facilitating codeteam de-briefings in the event of a code during house coordinator shift.Spinal Cord Unit Representative, Policy and Procedure Committee, Marianjoy Rehabilitation Hospital.January 1997 - July 1998. Participating in the regular review of current hospital policies andclinical procedures. Researching any recommendations made for any proposed changes effecting nursingclinical practice.Unit-Based Registry RN, Provena - St. Joseph Hospital, Elgin, IL. November 1997 - July 1999:Providing comprehensive nursing care to patients on the Medical and Surgical Services floors,including some telemetry.Professional Education Completion of Advanced Cardiac Life Support course completion (since 1996).Pediatric Advanced Life Support course completion (since 2006). Critical Care Assessment Course(six week) at Northern Illinois Medical Center, Fall 2000; Care of Post Cardiovascular InterventionPatient In-service, September 2004; Core Disaster Life Support Course, phase I in August 2005.Non-violent Crisis Intervention Training, June 2005, Trauma Nurse Core Course, Rockford MemorialHospital, August 2009. Yearly TACT training (similar to Non-violent Crisis Intervention Training)through Mercy Health Systems. Yearly disaster readiness training and drills through Mercy HealthSystems. Completion of Critical Care Certification Nurse Review course May 2011. Chemotherapy andBiomed Training completed 11/2011.Education: Maryville University of St. Louis, St. Louis, Missouri, 2016-2019, Graduated Master's ofNursing/Adult Gerontology Nurse Practitioner. Aurora University, Aurora, Illinois, 1993 - 1996,Graduated Cum Laude with a Bachelor of Science in Nursing and minor in Psychology. Grade pointaverage 3.64/4.00. Member, Sigma Theta Tau (International Nursing Honor Society). Awards received: AuroraUniversity, Ivy Leaf Award, Fall 1993, Fall 1994, Winter 1995. Aurora University All UniversityScholastic Excellence Award/Cum Laude, Spring 1996.Member, American Association of Nurse Practitioners, May 2019.Certification obtained from the American Association of Nurse Practitioners in Adult GerontologyPrimary Care, August 2019.Advanced Practice Nurse licensure pending for the state of Illinois. |