

# Fatima Baltazar

## **Registered nurse - Orthopedics Unit - Central Dupage Hospital**

Harwood Heights, IL 60706

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Born from the Phillipines. Knowledgeable in Microsoft Office, Email and Internet Research, Basic Nursing Skills and Communication Skills. My interest are mostly outdoor and extreme activities like skydiving, hang gliding, bungee jumping, and scuba diving. I am goal-oriented, responsible, trustworthy, open-minded, patient, kind and generous. With regards to work, I am truly dedicated, flexible and hardworking. I am very conscientious, and law-abiding. I always make sure that I maintain good relations with the people around me, whether they are my patients or co-workers. My interest revolves around science, health and research. It is my ultimate goal that in my chosen profession, I would be able to give a hand to those who are ill and suffering.

Willing to relocate: Anywhere

## Work Experience

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### **RN ICU**

University of Illinois at Chicago - Chicago, IL

November 2020 to Present

neuro ICU nurse

- Performed daily rounds with primary care providers and other medical team members
- Managed nursing care coordination
- Performed patient assessments
- Administered oxygen and blood products
- Analyzed and completed electronic charting
- Assisted nursing team in a variety of services
- Developed and implemented discharge plans

### **Registered nurse/ Charge nurse- Telemetry (cardiac/neuro/pulmo) unit**

St. Alexius Medical Center - Hoffman Estates, IL

February 2015 to Present

1555 Barrington rd. Hoffman Estates, IL 60169

February 2015 - to present

- Extensive medical knowledge of cardiac care and neuro procedures
- Solid technical expertise in the use of patient monitoring equipment
- In-depth knowledge of recovery therapies and follow-up patient care
- Ability to monitor patients with life-threatening conditions
- Provided patients with detailed follow-up instructions prior to release.
- Ensured that patients were properly prepared for required tests.
- Reviewed patient data, monitored breathing and recorded vitals.
- Administered medications according to physician instructions.
- Answered patient questions about various procedures.

- Completed daily assessments of patient conditions.
- repared patients for procedures for Cardiac work up.

### **Registered Nurse - Med-surg unit**

St. Alexius Medical Center - Hoffman Estates, IL

February 2015 to Present

Follows the guidelines related to the Health Insurance Portability and Accountability Act (HIPAA), designed to prevent or detect unauthorized disclosure of Protected Health Information (PHI)

- Promotes a culture of safety for patients and employees through proper identification, proper reporting, documentation and prevention of medical errors in a non-punitive environment.
- Maintains competency and knowledge of current standards of practice, trends and developments related scope of practice by reading books, journals and other literature and attending related seminars, conferences and the like.
- Participates in ongoing quality improvement activities.
- Uses nursing process to provide all levels of patient care:
  - Assesses patient's condition based upon observation, examination, and/or interview, physician's diagnosis, laboratory findings, age-related issues and other pertinent information. Completes assessment in specified time frame. Identifies and consistently recognizes changes in normal and abnormal parameters in the patient's physiological, psychological, cultural, developmental and spiritual needs.
  - Implements nursing interventions to achieve progress toward expected patient outcomes or to stabilize a patient's condition and/or prevent complications.
  - Evaluates and documents patients' response to nursing care and modifies or revises treatment plans, and/or contacts physicians as circumstances require. Documentation reflects evaluation of patient response to nursing actions. Participates in interdisciplinary patient care planning in order to plan and evaluate patient care.
  - Provides and documents patient (family) education based on diagnosis, treatment plan or prescribed medical regimen in accordance with patient (family) readiness and ability to learn.
  - Uses professional judgment and critical thinking to prepare, prioritize and execute the patient's plan of care consistent with patient assessment data and physician's treatment plans and professional standards of evidence based practice/care. Incorporates the patient's physiological, psychological, cultural, developmental and spiritual needs into the plan of care. Consistently follows patient care and facility guidelines and procedures in performance of one's duties.
  - Directs and delegates support personnel in implementing patient's plan of care, provides supervision and guidance, and demonstrates methods, as necessary, to correct deviation from established standards.
  - Renders professional nursing care including administering medications, starting intravenous fluids and blood products. Performs both complex and routine treatments as prescribed by physicians or as warranted by patient's condition. Is able to perform all technical skills required for unit patient population such as, but not limited to IV venipuncture, restraint application, sterile dressings, etc.
  - Promotes good stewardship of hospital resources while ensuring quality patient care. Collaborates with hospital Departments in order to resolve operational problems.
  - Implements measures to prevent exposure to infectious pathogens and communicable conditions.

Registered nurse

Streamwood Hospital

1400 E Irving park rd, Streamwood IL, 60107

8/1/2014 to 11/1/2017

- caring for patients experiencing acute mental distress or who have an enduring mental illness;

- assessing and talking to patients about their problems and discussing the best way to plan and deliver their care;
- building relationships with patients to encourage trust, while listening to and interpreting their needs and concerns;
- ensuring the correct administration of medication, including injections, and monitoring the results of treatment;
- responding to distressed patients in a non-threatening manner and attempting to understand the source of distress;
- applying 'de-escalation' techniques to help people manage their emotions and behavior;
- preparing and participating in group and/or one-to-one therapy sessions, both individually and with other health professionals;
- providing evidence-based individual therapy, such as cognitive behavior therapy for depression and anxiety;
- encouraging patients to take part in art, drama or occupational therapy where appropriate;
- organizing social events aimed at developing patients' social skills and helping to reduce feelings of isolation;
- preparing and maintaining patient records;
- producing care plans and risk assessments for individual patients;
- ensuring that the legal requirements appropriate to a particular setting or group of patients are observed;
- working with patients' families and carers, helping to educate them and the patient about their mental health problems;
- promoting a 'recovery' based approach to care.

- Registered nurse

Lexington of Streamwood

815 E Irving park, Streamwood, IL

November 2012 to 2017

Job responsibilities:

- Responsible for the daily care of an admitted patient
- Administering medication. Setting IV's, giving shots (IM, SQ), updating patient records, providing emotional support, patient education, basic diagnostics
- Identifies patient care requirements by establishing personal rapport with potential and actual patients and other persons in a position to understand care requirements.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Promotes patient's independence by establishing patient care goals; teaching patient, friends, and family to understand condition, medications, and self-care skills; answering questions.
- Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and standards; making or recommending necessary adjustments; following hospital and nursing division's philosophies and standards of care set by state board of nursing, state nurse practice act, and other governing agency regulations.
- Resolves patient problems and needs by utilizing multidisciplinary team strategies.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations; calling for assistance from health care support personnel.
- Protects patients and employees by adhering to infection-control policies and protocols, medication administration and storage procedures, and controlled substance regulations.

- Documents patient care services by charting in patient and department records.
  - Maintains continuity among nursing teams by documenting and communicating actions, irregularities, and continuing needs.
  - Maintains patient confidence and protects operations by keeping information confidential
  - Ensures operation of equipment by completing preventive maintenance requirements; following manufacturer's instructions; troubleshooting malfunctions; calling for repairs; maintaining equipment inventories; evaluating new equipment and techniques.
  - Maintains nursing supplies inventory by checking stock to determine inventory level; anticipating needed supplies; placing and expediting orders for supplies; verifying receipt of supplies; using equipment and supplies as needed to accomplish job results.
  - Maintains professional and technical knowledge by attending educational workshops; reviewing professional publications; establishing personal networks; participating in professional societies.
  - Maintains a cooperative relationship among health care teams by communicating information; responding to requests; building rapport; participating in team problem-solving methods.
- Contributes to team effort by accomplishing related results as needed

### **Registered Nurse**

Northwestern Memorial HealthCare - Chicago, IL  
June 2019 to October 2020

neuro ICU nurse

- Performed daily rounds with primary care providers and other medical team members
- Managed nursing care coordination
- Performed patient assessments
- Administered oxygen and blood products
- Analyzed and completed electronic charting
- Assisted nursing team in a variety of services
- Developed and implemented discharge plans

### **Registered nurse - Orthopedics Unit**

Central Dupage Hospital - Winfield, IL  
May 2018 to June 2019

- A clinically competent, registered, professional nurse who prescribes, delegates and coordinates nursing care to the acutely ill patient through the nursing process of assessment, planning, intervention, implementation and evaluation.
- Effectively interacts with patient, significant others, and other health team members, while maintaining ANA standards of professional nursing practice.
- Extensive medical knowledge of Orthopedic and other medical surgical procedures

### **Registered Nurse**

Oakton Pavillion - Des Plaines, IL  
April 2012 to November 2012

Job responsibilities:

- responsible for the daily care of an admitted patient.
- administering medication, setting IVs, giving shots, updating patient records, providing emotional support, patient education, basic diagnostics,
- manage nursing care for residents with conditions ranging from a fracture to Alzheimer's disease.

- assess residents' medical condition, develop treatment plans, supervise licensed practical nurses and nursing aides, and perform difficult procedures such as starting intravenous fluids
- Completes physical & mental health assessments
- Develops care plans for patients, helping them be as independent as possible
- Administers prescribed medications, making constant adjustments commensurate with a patient's condition under the supervision of qualified medical staff
- Observes and reports behavioral changes
- Helps patients improve their coping abilities through daily group therapy
- Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms

## **Nursing Assistant**

Oakton Pavillion - Des Plaines, IL

January 2011 to April 2011

### Job Responsibilities:

- Assistance with ADL's
- Keeping proper care records
- Reporting of changes in resident's condition
- Interacting with internal and external customers in a professional manner
- Ensuring resident safety and satisfaction
- Well versed in broad range of nursing programs, interventions and other updated techniques in patient handling
- Leadership Abilities
- Knowledge in use of, Accunurse and E-MAR
- Inclination in research and case management program

## Education

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### **Bachelor's**

## Nursing Licenses

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**RN**

**RN**

## Skills

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- Geriatric
- Registered nurse
- Case management
- Training
- Med Surg
- Hospital
- Staff Nurse

- RN
- ICU Experience
- Critical Care Experience
- Behavioral Therapy

## Certifications and Licenses

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**BLS Certification**

**ACLS Certification**