

# Cheyenne Powless

Appleton, WI

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## Work Experience

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### **CNA - Certified Nursing Assistant**

Angels Touch assis - Green Bay, WI

August 2019 to December 2019

- Assisted 5-10 elderly patients daily
- Provided for residents' physical and emotional needs
- Took vital signs regularly
- Gave residents their medication
- Cleaned rooms, bathrooms, and linens
- Assisted residents with daily routines: feeding, bathing, dressing, grooming, walking, exercising, and ROM exercises
- Aided in lifting residents when necessary
- Performed post-mortem care, if needed

### **CNA - Certified Nursing Assistant**

Oneida Healthcare - Oneida, WI

March 2018 to December 2018

- Worked in a nursing home
- Took care of approximately 5-10 elderly, hospice, and disabled patients daily
- Provided caring, intimate, hands-on healthcare for residents
- Monitored vital signs
- Assisted with feeding residents 2-3 meals per day
- Assisted with bathing residents
- Helped residents with daily living needs
- Worked with mechanical lifts, as needed
- Communicated resident's condition to the nurse in charge
- Made beds

### **CNA - Certified Nursing Assistant**

## Education

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### **High school or equivalent**

## Skills

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- CNA
- Certified Nursing Assistant
- Cna Certified

## Certifications and Licenses

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### **CPR**

### **Certified Nursing Assistant (CNA)**