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| --- | --- |
| Name: | Crystal Crook |
| Phone: | (505) 803-5999 |
| Email: | cstamps81@yahoo.com |
| Location: | US-NM-Tijeras-87059 () |
| Last Modified: | 3/19/2019 11:02:58 PM |

 Work History

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| Company Name: | CERNER/STATE OF NEW MEXICO | 05/01/2018 - Present |
| Job Title: | REGISTERED NURSE, CARE MANAGER, HEALTH COACH | |
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| Company Name: | PRESBYTERIAN RUST MEDICAL CENTER EMERGENCY DEPARTMENT | 10/01/2016 - 05/01/2018 |
| Job Title: | REGISTERED NURSE | |
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| Company Name: | AMERICAN MEDICAL RESPONSE | 08/01/2014 - 05/31/2015 |
| Job Title: | EMT | |
|  | | |
| Company Name: | ALBUQUERQUE SPINE CONSULTANTS | 05/01/2009 - 05/31/2014 |
| Job Title: | PERSONAL TRAINER | |
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 Education

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| --- | --- | --- | --- |
| School: | UNIVERSITY OF NEW MEXICO | Graduation Date: |  |
| Major: |  | | |
| Degree: | Bachelor's Degree | | |
| School: | CENTRAL NEW MEXICO COMMUNITY COLLEGE | Graduation Date: |  |
| Major: |  | | |
| Degree: | Associate Degree | | |
| School: | CALIFORNIA UNIVERSITY OF PENNSYLVANIA | Graduation Date: |  |
| Major: |  | | |
| Degree: | Master's Degree | | |

 Additional Skills And Qualifications

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| Recent Job Title: | null | Recent Wage: | 0 per |
| Security Clearance: | No |  |  |

 Desired Position

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| --- | --- | --- | --- |
| Desired Wage: | per | Desired Employment Type: |  |
| Desired Travel: |  | Desired commute: |  |
| Desired Relocation: | No | |  |

 Resume

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| CRYSTAL CROOK, MS, RN REGISTERED NURSE (RN-85179) 37 Chipmunk Ln, Tijeras, NM 87059 | (505) 803 - 5999 | cstamps81@yahoo.com  OBJECTIVE Registered Nurse with experience working in high stress, fast paced environment seeking opportunity to expand nursing skills in case management.  EXPERIENCE  REGISTERED NURSE, CARE MANAGER, HEALTH COACH | CERNER/STATE OF NEW MEXICO | MAY 2018 - CURRENT \* Provide member care and education through face-to-face, and telephonic encounters focusing of specific conditions and member wellness goals. \* Coordinate member care through development of care plans, referred members to other resources for primary care, nutrition, exercise services, health plan resources, along with monitored member engagement in wellness programs via patient outcome aggregation and trending reports. \* Create content for and execute wellness programs, events, campaigns, and workshops through collaboration with internal and external partners. \* Manage clinic pharmacy as directed by the consultant pharmacist. \* Responsible for updating inventory and stocking supplies in all clinic treatment areas.  REGISTERED NURSE | PRESBYTERIAN RUST MEDICAL CENTER EMERGENCY DEPARTMENT| OCTOBER 2016 - MAY 2018 \* Advocate for patient's rights while providing holistic body, mind, and spirit approach by incorporating cultural, lifestyle, and other patient values to patient care. \* Consistently utilize the nursing process, while integrating evidence-based practices and unit policies, to develop and revise patient care planes according to patient's response to treatment interventions or changes in condition to progress toward patient goals, unit standards, and outcomes. \* Utilize critical thinking and communication skills while working with other members of the healthcare team to report patient status changes and to verify orders. \* Safely administer medication, and treatments in accordance with standard protocols as prescribed by the patient's physician and facilities standards and protocols. \* Perform in a leadership role in which patient assignments and care task are delegated to the team based on the individual's ability to safely provide care. \* Assess and identify patient and patient's family needs and education requirements on admission, during hospitalization, and discharge while promoting a supportive and safe environment.  EMT | AMERICAN MEDICAL RESPONSE | AUGUST 2014 - MAY 2015 \* Responded to emergency/non-emergency calls, and delivered high quality patient care, documentation, and customer service within the NM EMT scope of practice, established protocols, and company policies. \* Ensured that emergency vehicle (unit) remained in a state of readiness in terms of mechanical reliability, medical supply and equipment, cleanliness, and appearance standards.  PERSONAL TRAINER | ALBUQUERQUE SPINE CONSULTANTS | MAY 2009 - MAY 2014 \* Developed a cooperate wellness program after conducting an organizational assessment, established management support, developed goals and objectives, designed and communicated wellness program components and interventions, reassessed the success of the program. \* Created, analyzed, and maintained individualized training programs for employees based on personal needs, goals, and limitations. \* Provided nutrition, and lifestyle advice to complement training plans. \* Under the supervision of the physician, instructed patients in corrective exercise treatment programs to ensure proper form and exercise technique. \* Maintained electronic medical records for patients that received corrective exercise and injury prevention treatments. \* Maintained all scheduling, financial, insurance, and other legal record. EDUCATION THE UNIVERSITY OF NEW MEXICO, ALBUQUERQUE, NM \* Bachelor of Science in Nursing May 2016 - May 2019  CENTRAL NEW MEXICO COMMUNITY COLLEGE, ALBUQUERQUE, NM \* Associates of Applied Science in Nursing May 2015 - August 2016 \* Emergency Medical Technician Program Completion Certificate May 2014 - August 2014  CALIFORNIA UNIVERSITY OF PENNSYLVANIA, CALIFORNIA, PA \* Master of Science in Exercise Science with a concentration in Rehabilitation Science. June 2013 - August 2014  \* Bachelor of Science in Sport Management with a concentration in Community Health and Wellness. January 2011 - May 2013 Graduated Suma Cum Laude, GPA 3.9  LICENSURE &amp; CERTIFICATION \* Registered Nurse, State of New Mexico Board of Nursing, RN-85179, Renewal: February 2020 \* ACLS, American Heart Association, Renewal: February 2019 \* PALS, American Heart Association, Renewal: January 2019 \* BLS for Healthcare Providers, American Heart Association (AHA) Renewal: June 2020 \* Certified Health Coach, National Society of Health Coaches (NSHC) Renewal: June 2023 \* Basic Certificate in Quality and Safety, Institution for HealthCare Improvement (IHI) \* Certified Personal Trainer (CPT), National Strength and Conditioning Association (NSCA), Renewal: December 2020. \* National Academy of Sports Medicine (NASM) Corrective Exercise Specialist (CES)  SUMMARY OF QUALIFICATIONS \* Clinical experience working with diverse populations and age groups providing culturally competent and age appropriate care. \* Experience with Electronic Medical Record (EMR) documentation in Epic, and Cerner (Citrix, PowerChart, Revenue Cycle). \* Proficient in Microsoft Windows programs including Microsoft Word, Excel, PowerPoint, and Outlook as well as Mac IOS applications, and AxCrypt.  REFERENCES VERONICA AMESQUITA GONZALES, MSN, RN, CNP (505) 417 - 9677  BONNIE KAVANAGH, MSN, RN (970) 640 - 8460  CARLOS ESPARZA, MD (505) 205-2637, cjemdc@me.com |