Regina Valenzuela ACNP-BC, RRT, CCRN

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Critical Care/ Cardiovascular Intensive Care/ Clinical Research

Glendale, Arizona, United StatesHospital & Health Care

Previous positions

RN Manager CVICU at Banner Health

RN- Research Nurse/ Coordinator at HonorHealth

Education

Grand Canyon University, Master’s Degree, MSN ACNP-AG

Summary

Experienced Registered Nurse with a demonstrated history of working in the hospital & healthcare industry. Current CVICU RN Leader. Skilled in Cardiovascular Nursing, Post Anesthesia Care, Critical Care Nursing, Cardiac Care Nursing, and Mechanical Ventilation. Licenses held include Acute Care Nurse Practitioner, Registered Nursing, and Respiratory Therapy. Certificates in Advanced Cardiac Life Support (ACLS) and the American Association of Critical Care Nurses, Critical Care Registered Nurse (CCRN) certification. Strong healthcare services professional with a Master’s Degree focused on Acute Care Nurse Practitioner (ACNP-AG) completed in June of 2019. AACN Board Certified ACNP as of July 2019.

Experience

RN -CVICU

Banner Health

February 2013 – Present(6 years 11 months)

Care of cardiac and thoracic post-op patients with varying types of hemodynamic monitoring, medication, and medical equipment needs

Care of medical intensive care patients

Assesses patient physical, psychological, social, spiritual, educational, developmental, cultural and discharge planning needs.

Reviews diagnostics and laboratory data and reports abnormal results to the physician(s) and other appropriate caregivers.

Formulates a plan of care, including discharge plan, utilizing assessment data and patient, family and health team input.

Initiates a plan of care based on patient-specific needs, assessment data and the medical plan of care in acute setting.

Implements the plan of care through direct care, coordination, delegation and supervision of activities of the health care team.

Provides care based on physician orders, nursing plan of care in compliance with policies and procedures, standards of care, regulatory agency requirements, and based on the best evidence available.

Documents assessment, planning, implementation and evaluation in the patient record

Experience/ trained in: Team lead, orientation of new employees, open heart recovery, IAPB, Impella, pacers, TAVR’s, and sheath, central line, and MT management and removal.

RN Manager CVICU

Banner Health

July 2016 – October 2019(3 years 3 months)

RN- Research Nurse/ Coordinator

HonorHealth

June 2015 – June 2016(1 year)

Cardiovascular Research Nurse

Involved in over thirteen different cardiovascular and electrophysiology clinical trials.

Screen for recruitment of subjects appropriate for entry into the research studies.

Patient and family education.

Advocates for patient and study appropriateness with cohesion of device, medication and/or other requirements.

Discusses and provides information regarding specific study and protocol with subjects and family members.

Obtains informed consent, as requested by the primary investigator while maintaining strict confidentiality.

Performs study treatments as described (physical assessment, drug administration and specimen collection).

Scheduling follow up visits according to protocol specifics.

Ensures study diagnostics and treatments are carried out.

Collects, inputs, and maintains appropriate subject data for studies into databases.

Monitors and reports significant study events.

Provides protocol specifications to principal investigator for understanding protocol requirements.

RRT Advanced Practitioner

Banner Health

June 2006 – February 2013(6 years 8 months)

Performing basic modalities and advanced practice pulmonary and cardiology

Provide respiratory care/ therapy to patients in all areas to include all inpatient/ outpatient areas: Medical, Neurovascular and Cardiovascular ICU’s, OR Cath lab, ER, PACU, SDS, general floors and rehabilitation

Provide patients and family members with education.

Assist physicians with decision making regarding various modalities of patient care.

Provide patient assessment and monitor patient outcome.

Work with team members to help ensure that patients are cared for with needs met.

Providing diagnostic tests such as ABG’s, bedside PFT’s, EKG’s, and Peak Flow.

Provides collaborated ventilator management in response to the patient management..

Assist in acute situations, including airway management and cardiopulmonary resuscitation

Insert and maintenance of arterial lines

Assistance in: bronchoscopy's, cardiac stress tests,' EEG's,TEE,'s cardio-version, and conscious sedation

Assist with surgical procedures such as tracheotomy's, IABP placement, and chest tube's

Provide IAPB patient monitoring, and troubleshooting.

Assist with placement of central lines and pulmonary artery catheter's

Experience with use of multiple types of hemodynamic monitoring equipment.

A resource to all healthcare practitioners regarding patient status, equipment and operations

Education

Grand Canyon University

Master’s Degree, MSN ACNP-AG

2016 – 2019

Grand Canyon University

Activities and Societies

Sigma Theta Tau

Northern Arizona University

Bachelor of Science (B.S.), Registered Nursing/Registered Nurse

2014 – 2016

Northern Arizona University

Mesa / Boswell School of Nursing

Associate of Arts and Sciences (A.A.S.), Registered Nursing/Registered Nurse

2010 – 2012

Gateway Community College

Associate of Arts and Sciences (A.A.S.), Respiratory Care Therapy/Therapist

2004 – 2006

Scottsdale Community College

Associate of Arts (A.A.)

1998 – 2000

Skills & Expertise

Cpr Certified

Respiratory Care

Mechanical Ventilation

IABP

Inpatient Care

PALS

Emergency Room

Nursing

Cerner

Cath Lab

BLS

NRP

Central Lines

Patient Safety

Hospitals

Post Anesthesia Care

ICU

IV

Ventilators

Acute Care

Cardiology

Telemetry

NIFA Suture Star workshop

Airway Management

Inpatient

Patient Education

Direct Patient Care

EKG

Medical/Surgical

EMR

AACN IABP Operator Certified

Electronic Medical Record (EMR)

Cardiac Care

Medication Administration

AMA / NDLSF Basic Disaster Life Support Certified

ACLS

Healthcare

Cardiopulmonary Resuscitation (CPR)

Hemodynamic Monitoring

Critical Care

Medical-Surgical

Advanced Cardiac Life Support (ACLS)

CPR Certified

Patient Advocacy

Rehabilitation

Basic Life Support (BLS)

Intensive Care

Certifications

CCRN

AACN (American Association of Critical-Care Nurses), License

ACLS

American Heart Association, License

AGACNP-BC

American Nurses Credentialing Center, License

July 2019 – July 2024

Organizations

Sigma Theta Tau International Honor Society of Nursing

Present

American Association of Respiratory Care

Present

American Association of Critical Care Nurses

Present

American Association of Nurse Practitioners

December 2018 – Present