# NANCY VARGAS, BSN, PHN, RN

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#### **EDUCATION**

Bachelor of Science in Nursing – West Coast University, Anaheim, CA

01/2018

• Bachelor of Arts in Sociology – California State University Fullerton, Fullerton, CA

06/2002

#### LISCENSURE AND CERTIFICATIONS

- Registered Nurse, CA (#95160436)
- Public Health Nurse, CA (#556051)
- Certifications: CPR, BLS, ACLS, PALS, NIHSS

## **WORK EXPERIENCE**

## Registered Nurse, ER - Centinela Hospital Medical Center, Inglewood, CA

09/2018 - Present

- Maintain safe, effective and compassionate care to patients with various acuity levels
- Collaborate with physicians and other healthcare team members to ensure optimal patient care
- Assist physicians in rapid sequence intubation, moderate sedation, full arrests, and any traumatic procedure

# Registered Nurse - Competent Care, Costa Mesa, CA

01/2019 – Present

- Performed tracheostomy care, suctioning and canula changing
- Managed ventilation settings and administering breathing treatments to maintain oxygen saturation
- Supported proper gastrostomy tube management and medication/nutrition administration

# Registered Nurse - Ageless Men's Health, Irvine, CA

05/2018 - Present

- Implementation of medical treatment plan and patient education
- Provide safe and effective patient care
- Utilizes Electronic Medical Records and time management for office flow

# OTHER WORK EXPERIENCE

### *Principle* – MH Transport LLC, Laguna Niguel, CA

02/2014 - 02/2018

- Executed and excelled in managing customer service support
- Negotiated new service contracts and maintained clientele satisfaction
- Managed all aspects of the business financial and operational activities

#### SKILLS AND INTERESTS

- Excellent communication and organizational skills
- Familiar with electronic medical record systems: Epic, Meditech, and Cerner
- Highly proficient with computer skills including MS Office (Word, Excel and PowerPoint)
- Demonstrated ability to work autonomously and collaboratively with all healthcare team members
- Excellent critical thinking, analytical skills, problem-solving and time management skills
- Horseback riding and competition, physical fitness, and traveling

## **COMMUNITY AFFILIATIONS/ VOLUNTEER**

**American Youth Soccer Organization** – Head coach for various youth soccer teams

01/2007 - Present

**Women's & Children's Crisis Shelter –** Provided resources, therapeutic, & emotional support

06/2015 –12/2015