Zac Tomczyk

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Registered Nurse at Michigan Medicine

Nashville, Tennessee

Michigan Medicine

Michigan State University

Highlights

Reach out to Zac for...

Probono consulting and volunteering.

Message Zac

About

I am a Registered Nurse at Vanderbilt University Hospital in the Medical Intensive Care Unit. I manage cases that involve complex diagnosis and differentials which include histoplasmosis, tuberculosis, osteomyelitis, and other highly infectious processes. I have learned to manage advanced airways, renal replacement therapies, and vasoactive drips. I have become highly proficient in technical nursing skills, have mentored and precepted new graduate nurses on their way to becoming successful professionals, and been established as a leader among my peers. I use my knowledge of Spanish language and Latino cultures to better connect with my Spanish speaking patients and have been able to develop high levels of rapport with these clients as they try to navigate the complex machine of healthcare in their second language. I am continuing to grow as a nurse, and a professional and am seeking out opportunities to broaden my competencies in order to provide optimal care to every patient, every time.

Experience

Michigan Medicine

Registered Nurse

Michigan Medicine Full-time

Dec 2019 – Present

2 mos

Ann Arbor

I work in 7D Cardiac Intensive Care Unit

Vanderbilt University Medical Center

Registered Nurse

2015 – Present

4 yrs 4 mos

Greater Nashville Area

Registered Nurse

License number: 210836

Issue date: 10/16/2015

Expiration date: 5/31/20

Critical Care Registered Nurse

Jul 2017 – Dec 2019

2 yrs 6 mos

Medical ICU

Nashville State Community College

I help teach fundamental skills to new nursing students and lead a clinical rotation where students are able to practice the skills they learn in skills lab.

Adjunct Instructor

Nashville State Community College Part-time

Aug 2019 – Dec 2019

5 mos

Greater Nashville Area, TN

HealthTrust Workforce Solutions

Cardiac Progressive Care Registered Nurse

HealthTrust Workforce Solutions

May 2017 – Feb 2018

10 mos

Greater Nashville Area, TN

Sparrow Health System

2 yrs 7 mos

Wellness Aide

Apr 2013 – Oct 2015

2 yrs 7 mos

Sparrow Clinton Hospital Rehabilitation and Fitness Center

Perform opening duties

\* Sanitize workout equipment

\* Follow Sparrow Health System policy

\* Adhere to Patient Privacy laws

Student Nurse

Jan 2015 – May 2015

5 mos

4 Foster (Mother and Baby)

- Complete Mother/Baby assessments

- Assist in the labor and delivery process by providing encouragement to mothers and applying appropriate therapeutic interventions as needed

- Interpret FHR monitors and identify normal and abnormal findings.

- Identify stages of labor and provide appropriate care

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see more

TitleStudent Nurse

Dates EmployedJun 2014 – Aug 2014

Employment Duration3 mos

Location7 South (Med/Surg)

- Perform head to toe assessments on assigned patients

- Assist in the care and treatment of Adult Med/Surg patients

- Build therapeutic relationships and rapport with patients

- Transfer and resposition patients

- Interpret orders, lab reports, and diagnostic tests and critically evaluate their implications

Show fewer roles

Wharton Center for Performing Arts

Student Supervisor

Company NameWharton Center for Performing Arts

Dates EmployedAug 2009 – Aug 2015

Employment Duration6 yrs 1 mo

Promoted to stage guard after one year as an usher

\* Provided leadership to Ushers

\* Acted as a resource to patrons and potential patrons

\* Coordinated disability services

\* Provided security and limit access to restricted areas

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see more

University of Michigan Health System

Student Nurse

Company NameUniversity of Michigan Health System

Dates EmployedJan 2015 – May 2015

Employment Duration5 mos

Location11 West Pediatric Congenital Cardiac

- Closely monitor I/O's based on patient's weight and expected values

- Calculate appropriate medication dosing based on patient's weight

- Provide care and stimulation based on Erikson's Stages of Development and Piaget's Stages of cognative development

- Educate patient and family about disease processes, discharge care, and all procedures

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see more

McLaren Greater Lansing

Student Nurse

Company NameMcLaren Greater Lansing

Dates EmployedSep 2014 – Dec 2014

Employment Duration4 mos

Location4 Main-North (Cadiac Step-down/telemetry, Med/surg overflow)

- Performed Morning care for assigned patients

- Interpret telemetry strips with central monitoring system

- Accompany assigned patient to procedures including diagnostic testing, cardiac catheterization, and surgery

- Assist in Post-Mordum care and accompany patient to morgue

- Assist in Admission assessments

- Provide report for the on coming nurse and nursing instructor

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see more

Allegiance Health

Student Nurse

Company NameAllegiance Health

Dates EmployedSep 2014 – Dec 2014

Employment Duration4 mos

LocationAdult and Geriatric Behavioral Health

- Build therapeutic relationship with patients

- Interact with patients during daily routine

- Report safety concerns to nursing staff disclosed in conversations with patients

- Participate in group therapy sessions

Hospital Leoncio Prado

Mental Health Intern

Company NameHospital Leoncio Prado

Dates EmployedJun 2012 – Aug 2012

Employment Duration3 mos

Worked with local psychologists to develop anti-substance abuse programs for adolescents

\* Held informational sessions to inform community members on topics such as domestic violence, bullying, self-esteem, and controlling anger

\* Developed program to teach students how to control anger

\* Developed physical therapy and rehabilitation program for seniors

\* Acted as an ambassador for the United States to Perú

\* Started an organic medicinal herb garden

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see more

Show 1 more experience Show fewer experiences

Education

Michigan State University

Michigan State University

Degree NameBachelor of Science (B.S.)Field Of StudyRegistered Nursing/Registered Nurse

Dates attended or expected graduation2014 – 2015

Activities and Societies: National Nursing Student Association member MSU Nursing Student Association Oncology Nursing Association American Nursing Association MSU Salsa Club (President 2010-2012)

To date I have completed the following clinical experiences:

- Intro to Adult Med/Surge (Sparrow Hospital)

- Adult Med/Surg (McLarent Hospital)

- Adult and Geriatric Psychiatric Nursing (Allegiance Hospital)

- Pediatrics (C.S. Mott Children's Hospital)

- Maternal Heath and Obstetrics (Sparrow Hospital)

- Community Health (The Senior Alliance)

- Senior practicum ICU (Sparrow Hospital)

Michigan State University

Michigan State University

Degree NameBachelor of Arts (B.A.)Field Of StudySpanish Language and Literature

Dates attended or expected graduation2008 – 2012

Specialization: Latin American and Caribbean Studies, Global Public Health and Epidemiology,

Bioethics, Humanities, and Society

Licenses & Certifications

American Heart Association | American Stroke Association

CPR/AED

Issuing authorityAmerican Heart Association | American Stroke Association

Issued date and, if applicable, expiration date of the certification or licenseIssued Oct 2016Expires Oct 2020

American Heart Assoc

Advanced Cardiovascular Life Saving

Issuing authorityAmerican Heart Assoc

Issued date and, if applicable, expiration date of the certification or licenseIssued Aug 2016Expires Aug 2020

Volunteer Experience

Vanderbilt University

Transbuddy

Company NameVanderbilt University

Dates volunteeredAug 2016 – Present Volunteer duration3 yrs 6 mos

CauseCivil Rights and Social Action

As a Transbuddy, through the Program for LGBTI Health, I work to connect transgender clients with local clinics and healthcare providers; as an advocate to minimize health disparities, advocated for changes in local and state legislation to better protect LGBTI civil rights and access to healthcare, and co-lead education sessions to raise awareness of trans-issues and influence societal norms.

Refugee Development Center

VESL Volunteer

Company NameRefugee Development Center

Dates volunteeredAug 2013 – Dec 2013 Volunteer duration5 mos

CauseHuman Rights

As a vocational English as a second language (VESL) volunteer, I worked with teachers and aid second language learners in their acquisition of the English language. I worked with students from various parts of the world including Iraq, Myanmar, Cuba, Mexico, Congo, Nepal, and other non-English speaking nations. Through being exposed to a wide spectrum of cultures, I assisted in the development of weekly lesson plans that accomodated and encouraged acculturation without assimilation into Midwestern culture and assisted students in developing basic skills to gain employment.

Sparrow Health System

Emergency Department Community Volunteer

Company NameSparrow Health System

Dates volunteeredMar 2014 – Aug 2015 Volunteer duration1 yr 6 mos

CauseHealth

As a community volunteer I provide comfort to patients and patients' families by listening to concerns. By doing so I provided support to the clinical staff by easing some of the stress they deal with everyday. Additionally, I provided support by refilling and restocking supplies. I am also responsible for escorting patients from the emergency department to obstetric triage, when needed.

Michigan State University Office of International Students and Scholrs

Group Leader

Company NameMichigan State University Office of International Students and Scholrs

Dates volunteeredAug 2011 – Sep 2011 Volunteer duration2 mos

CauseEducation

Aided new international students orient campus, verify visas and other paperwork was completed correctly, gave campus tours.

Sparrow Health System

Radiology Volunteer

Company NameSparrow Health System

Dates volunteeredJan 2011 – May 2011 Volunteer duration5 mos

CauseHealth

- Assisted in radiological exams of patients.

- Positioned patients for exams

- Assisted in patient transportation

McLaren Greater Lansing

Emergency Department Volunteer

Company NameMcLaren Greater Lansing

Dates volunteeredSep 2010 – Dec 2010 Volunteer duration4 mos

CauseHealth

Provided auxiliary support for Emergency Department by helping patients feel more comfortable

Eastern High School

Spanish Teaching Assistant

Company NameEastern High School

Dates volunteeredJan 2010 – May 2010 Volunteer duration5 mos

CauseEducation

Worked with 11th and 12th grade students develop Spanish language and grammar skills

Bingham Elementary School

Reading Assistant

Company NameBingham Elementary School

CauseEducation

Worked with special needs students in reading and math

\* Provided auxiliary support to lunch monitors

Show fewer experiences

Skills & Endorsements

EPIC EMR

Community Outreach

See 3 endorsements for Community Outreach3

company

Endorsed by 3 of Zac’s colleagues at Michigan State University

Fundraising

See 2 endorsements for Fundraising2

Jim Potchen and 1 connection have given endorsements for this skill

Industry Knowledge

Nonprofits

See 2 endorsements for Nonprofits2

Social Media

See 4 endorsements for Social Media4

Non-profits

International Relations

Program Evaluation

Press Releases

Blogging

CPR Certified

See 2 endorsements for CPR Certified2

Healthcare

See 3 endorsements for Healthcare3

Nursing

See 2 endorsements for Nursing2

Basic Life Support (BLS)

See 1 endorsement for Basic Life Support (BLS)1

Patient Education

See 1 endorsement for Patient Education1

Advanced Cardiac Life Support (ACLS)

Acute Care

Telemetry

Inpatient Care

Medical-Surgical

CRRT

Critical Care Nursing

Tools & Technologies

Facebook

See 2 endorsements for Facebook2

PowerPoint

Microsoft Office

Microsoft Word

See 1 endorsement for Microsoft Word1

Interpersonal Skills

Leadership

See 2 endorsements for Leadership2

Teamwork

See 2 endorsements for Teamwork2

Time Management

See 2 endorsements for Time Management2

Public Speaking

See 4 endorsements for Public Speaking4

Other Skills

Social Networking

See 1 endorsement for Social Networking1

Spanish-speaking

ECMO

Peritoneal Dialysis