

**Linah Chelagat**

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To Whom It May Concern:

**Re: Letter of Introduction**

I completed my Master of Science Family Nurse Practitioner degree in December 2018 from Maryville University, St. Louis. ANCC FNP certified March 2019.

Currently, I work as a Registered Nurse at Olathe Health (Telemetry unit) and Select Specialty Hospital, KCK. I have worked as a Registered Nurse for 9 years in various clinical settings. My nursing background include cardiac telemetry, medical, surgical, rehabilitation, and long-term acute and sub-acute care units. My FNP program include clinicals in women's health, adult, pediatrics, and family health settings. In addition, I have served as a commissioned officer in the US Army Reserves as a nurse since 2009 providing responsive, innovative, and evidence-based nursing care to enhance readiness, preserve life and function, and promote health and wellness for all soldiers and their families entrusted to my care.

I am passionate in my work and dedicated to the populations that I serve. I can work under minimal supervision and work well with a team. My mission as a nurse practitioner is to provide the best care within my scope of practice. Patient safety, advocacy, education and satisfaction are my priority concerns.

I am available to meet with you at your earliest convenience, please feel free to contact me by phone or email provided above.

Sincerely,

Linah, Chelagat

## **OBJECTIVE**

To secure a position as Family Nurse Practitioner in your institution.

## **EDUCATION**

### **Master of Science in Nursing: Family Nurse Practitioner- August 2015 to Dec 2018**

Maryville University, St. Louis, MO

### **Bachelor of Science in Nursing- August 2005 to May 2009**

MidAmerica Nazarene University, Olathe, KS

## **CERTIFICATIONS AND LICENSES**

- ACLS; American Heart Association- expires May 2021
- BLS; American Heart Association –expires June 2021
- Kansas APRN license-expires January 2020
- Kansas RN license-expires January 2020
- Missouri RN license-expires April 2021
- Basic Cardiac Rhythm Course (2016)

## **HONORS/AWARDS/PROFESSIONAL ORGANIZATION MEMBERSHIP**

- Sigma Theta Tau International Honor Society of Nursing (the Omicron Iota)- April 2017
- The Army Achievement Medal July 2019
- Honor Roll, 2 semesters (MidAmerica Nazarene University)
- Dean's List, three semesters (MidAmerica Nazarene University)
- James and Lesta Foster Nursing Scholarship 2007-2008
- National Christian College Athletic Association Scholar Athlete 2007-2008
- Daktronics National Association Intercollegiate Scholar Athlete 2007-2008
- MNU track and cross-country scholarship (2005-2009)
- Military Officers Association of America (MOAA)- 2017
- Kalenjin Community in Kansas City (KCKC)- 2016

**WORK EXPERIENCE:**

**Registered Nurse (medical-surgical) December 2009-present**

**U S Army Reserve Nurse Corps, 486th Medical Detachment Unit,  
Independence, Missouri**

**Responsibilities:**

- As a captain in a leadership role, it is my obligation to lead by example and live the Army values on and off duty; integrity, honor, loyalty, selfless service, respect, duty, and personal courage.
- Play an important role in improving the overall quality of life for soldiers and their families.

- Provide and supervise nursing care at all levels of command.
- Apply and perform critical, technical, and thinking skills efficiently on and off the battlefield.
- Take charge and mentor the younger enlisted soldiers.
- Maintain the best physical and emotional state of mind to ensure safety at work and during deployments.

### **Registered Nurse (cardiac telemetry) June 2016-present**

#### **Olathe Medical Center, Olathe, Ks**

- Utilize the nursing process to coordinate the interdisciplinary approach to patient care.
- Provide safe, therapeutic care in a holistic and systematic way
- Integrate knowledge, skills and experiences to meet the needs of patients and families through the continuum of care
- Collaborate with others to integrate assessment and input of the patient, family and the interdisciplinary team
- Ensure improvement in practice settings by assuming responsibility for self-development in life-long learning
- Demonstrate leadership skills in decision-making and problem solving
- Integrate and communicate knowledge and sensitivity to patient's psychosocial, spiritual, cultural and age specific needs
- Practice within the boundaries of the Kansas Nurse Practice Act, specialty standards and organizational/departmental policies and procedures

**Registered Nurse (April 2012-2016 then January 2018-Present)**

**Select Specialty Hospital-Kansas City Kansas**

- Monitor patients on ventilator machines which include airway maintenance, oxygen saturation status, vital signs, cardiac arrhythmias, pain management, and agitation.
- Maintain patient records and documents according to standards.
- Maintain vigilance of patient progression toward meeting discharge criteria.
- Utilize the nursing process to coordinate the interdisciplinary approach to patient care.
- Provide safe therapeutic care in a holistic and systematic way.
- Collaborate with others to integrate assessment and input of the patient, family and the interdisciplinary team.

**Registered Nurse (July 2009-August 2012)**

**Benchmark Health care of Raytown, Raytown, Missouri**

- Assess, plan, and evaluate patient care needs
- Administer prescribed medications, change dressings, clean wounds, monitor vital signs, and pain management.
- Monitor, record, and communicate patient condition as appropriate
- Instruct and educate patients and families as appropriate
- Carry out physicians' orders

**VOLUNTEER WORK:**

**Coalition of Hispanic Women Against Cancer (April 2017 & August/October 2018)**

*Accomplishment:* provided Hispanic and Latino women with free breast cancer and cervical cancer awareness, screening, and education about treatment options under the supervision of Dr. Yolanda Huet-Vaughn.

**Back to School Exam in collaboration with Argentine Family Health, Kansas City, KS**

*Accomplishment:* Helped with providing free KAN Be Healthy Screenings, school, and sports physicals for children ages 4-18 years in Wyandotte County. Helped and ensured that the children's immunizations are up to date and provided an opportunity to discuss any concerns.

**Vacation Bible School (VBS) Gospel Outreach Center, Lenexa, Kansas (June 2018)**

*Accomplishment:* Assisted in teaching kids to learn about the Bible stories, religious songs, arts/crafts, and skits in a fun and engaging learning experience.

**Hands on Disaster Relief Project in Cedar Rapids, Iowa (2008)**

*Accomplishment:* helped with cleaning up from flooding.

**CLINICAL SITE SUMMARY**

Yolanda Huet-Vaughn MD (Family Practice/OB)

Argentine Family Health

3200 Strong avenue

Kansas City, KS 66106

913-262-0550

Heather Baker MD (Pediatrics)

Olathe Health Pediatrics

20930 W 151st St,

Olathe, KS 66061

(913) 782-2525