

Ruth Sanborn

Chilton, WI
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Energetic Healthcare professional dedicated to providing top-quality, patient-centered care. Highly skilled in addressing acute and chronic conditions. Resourceful navigation of complex healthcare environments to optimize patient care.

Compassionate Nursing professional demonstrating exemplary skills in direct patient care and healthcare team support. Communicative and collaborative demeanor cultivated over 30+ years of superior healthcare industry performance. Experience handling multiple, complex cases with accuracy and dignity.

Work Experience

Waterford Assistant Living

Assistant living CBRF - Plymouth, WI
February 2016 to Present

Certified Nursing Assistant Supervisor

- Documented information in patient charts and communicated status updates to interdisciplinary care team.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Provided compassionate care and clear communication in dealing with issues of death and dying.

Certified Nursing Assistant

Libby's House - Plymouth, WI
October 2010 to February 2016

- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.

Mr. Bill Hertel - Chilton, WI
April 2007 to November 2010

Home Health Care Provider

- Organized and administered medications on schedules to alleviate symptoms and improve quality of life.
- Helped transition patient between bed, wheelchair and automobile to provide safe mobility support.

- Assisted with personal care needs of clients in private homes while supporting patient independence and well-being.
- Dressed, groomed and fed patients with limited physical abilities to support basic needs.
- Ran errands for clients and drove to appointments to maintain wellness and support daily living needs.
- Built positive rapport with referral sources to promote business services.
- Monitored client behaviors and emotional states, reporting concerns to family and documenting information in files.
- Provided companionship, personal care and household management assistance to clients within private home settings.
- Facilitated best care by developing strong and trusting rapport with patient.

Certified Nursing Assistant

Mr. Bill Hertel - Brillion, WI

November 2007 to September 2010

- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.

Alice Bartel - Chilton, WI

April 1993 to November 2007

to maintain optimal care for all client needs.

- Prepared high-quality nutritious meals for patients with conditions to promote better overall health and improve eating habits.
- Tracked and reported clients' progress based on observations and conversations.
- Oversaw and planned schedules by coordinating doctor appointments, exercise routines, recreational activities and family visits.
- Planned and prepared nutritious meals and snacks to meet special client diets such as diabetic, low sodium and high protein.

Calumet County Court House - New Holstein, WI

October 1985 to April 1993

Calumet Homestead

- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Managed and maintained patient rooms, shared-living areas and nursing stations.
- Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.
- Engaged with patient family and friends to provide courteous, efficient visit experience.
- Exhibited compassionate care and communication regarding issues surrounding death and dying.

- Collaborated with interdisciplinary healthcare teams to provide high-quality patient care.

February 1968 to

Nursing Assistant

Columbus Hospital - Columbus, WI

October 1972 to October 1972

- Documented information in patient charts and communicated status updates to interdisciplinary care team.
- Responded to patient alarms and needs-assessment requests to identify course of treatment.
- Collected specimens, monitored vitals and maximized patient comfort to maintain optimal environment.
- Collected biological specimens and packages for laboratory transport to complete diagnostic tests.
- Managed supplies and restocked inventory to promote optimal availability for patient care.
- Conducted routine checks on standard patient vitals, including blood pressure, blood sugar and heart rate.
- Documented patient intake and dietary requirements, also assisting with feeding and monitoring.
- Promoted patient satisfaction by assisting with daily living needs such as bathing, dressing, toileting and exercising.
- Collaborated with interdisciplinary teams to carry out doctor orders and treatment care plans.
- Maintained sanitary conditions by providing immediate wound care and dressing changes.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Documented nursing assessments, treatments and follow-up care to maintain patient safety and optimize workflow.
- Assessed vitals and noted medical information to report changes to nursing staff and physicians.
- Answered signal lights, bells and requests-for-service to assist patient services fulfillment.

Education

High School Diploma

Columbus High School - Columbus, WI

October 1985

Certification in Medication Administration

Fox Valley Technical College - Appleton, WI

April 1972

Certified Nursing Assistant

Fox Valley Technical College - Appleton, WI

Skills

- Patient Care
- Infection Control Training
- Vital Signs
- Medication Administration

Additional Information

Skills

- Grooming and bathing assistance
 - Medical terminology knowledge
 - Valid WI driver's license
 - Catheter change and preparation
 - Medication administration
 - Reliable transportation
 - Understands medical procedures
 - HIPAA
 - Documentation procedures expert
 - Quick problem solver
 - Calm and level-headed under duress
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- Respiratory equipment training
 - Infection control
 - Wound care
 - Charting expertise
 - Understands mobility assistance needs
 - Personnel management
 - Records maintenance
 - Patient relations
 - Health information systems
 - Staff supervision
 - Grooming and bathing assistance