

JENNIFER A. NAVA BSN, RN

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PROFESSIONAL SUMMARY

I am a registered nurse with a kind, personable demeanor that is constantly learning new things everyday. I am successful in working as part of a team to treat a wide range of medical conditions with the ability to work well under pressure.

SKILLS

- Patient and family advocacy
- Patient-focused care
- Travel RN experience
- Emergency Room experience
- Infection control
- Periop/PACU experience

WORK HISTORY

12/2018 to Current

Emergency Room Registered Nurse

Mission Hospital – Laguna Beach, CA

- Provided care to people across the lifespan with different conditions from infants, children, pregnant women, and the elderly.
- Independently maintained safe and effective care to patients with different acuity levels in a time-restricted and demanding environment.
- Managed the planning and implementation of interventions.
- Merged empathy and strong interpersonal skills by ensuring both physical and emotional needs of patients and families were maintained.

12/2017 to 06/2019

Registered Nurse

Hospital Drive Surgery Center – Mountain View, CA

- Documenting patient assessment, patient medications, health history and past surgeries.
- Responsible for the starting and maintaining a patent IV access.
- Perform a recovery assessment on a patient returning from surgery.
- Safely monitored patients, administered medication, provide education to patients and caregivers for discharge instructions with a focus on proper use of equipment, safety, infection control, and pain management.
- Assist in the preparation and care of patients undergoing surgical intervention, and oversee the maintenance/sterilization of OR supplies and equipment.
- Anticipate needs of surgeons and surgical teams.

06/2017 to 06/2019

Emergency Room Registered Nurse

San Leandro Hospital – San Leandro, CA

- Worked as relief charge nurse. As a relief charge I was able to guide and motivate staff, ensure tasks on the floor were completed and to ensure a high level of patient care
- Established nursing diagnoses and write out plan for treatment. Implemented cure

and evaluated care

- Demonstrated awareness of ongoing ER unit needs to provide other team members with leadership and direction for reaching optimal nursing care standards
- Closely monitored ER patients, alerted physicians/charge nurses to change in patient status

05/2016 to 06/2017 **Travel Registered Nurse**

Aya Healthcare – San Diego, CA

- Offered, accepted and completed contract assignments.

04/2015 to 06/2016 **Emergency Room Registered Nurse**

Centinela Hospital Medical Center – Inglewood, CA

- Ensured that patient direct care needs are met
- Maintained safe and effective care to patients with different acuity levels in a time-restricted and demanding environment
- Merged empathy and strong interpersonal skills by ensuring both physical and emotional needs of patients and families were maintained
- Member of the code team - assisting with rapid sequence intubation, ventilator management and initiation of critical drips per hospital protocol
- Facilitated admissions and transfers, chart/care plan note preparation and other documentation

04/2009 to 05/2015 **Licensed Vocational Nurse**

St. Francis Medical Center – Lynwood, CA

- Assist Registered Nurse in admission, transfer and discharged patients. Also notify changes in patient's condition to the Registered Nurse and Physician
- Assist in providing ease and safety for the patients
- Administer medications via oral, intramuscular, or subcutaneous route
- Provide catheter care and change dressings
- Strong aptitude to become accustomed in the new environment immediately
- Collaborated with all members of interdisciplinary team, therapists, social workers, doctors and pharmacists

EDUCATION

Diploma : General Studies

2001- Cabrillo High School - Long Beach, CA

Certificate of Vocational Nursing: Nursing

2008- Long Beach City College - Long Beach, CA

Associate of Science: Nursing

2012- East Los Angeles College - Monterey Park, CA

Bachelor of Science: Nursing

2017- Grand Canyon University - Phoenix, AZ

RN LICENSE/CERTIFICATES

- RN License #95049349, Expires 06/20/2020
- BLS: Issued 06/18/2019, Expires 06/2021
- ACLS: Issued 9/8/2017, Expires 9/2019
- PALS: Issued 11/3/2017, Expires 11/2019
- TNCC: Issued 07/17/2018, Expires 07/2022
- NRP issued 3/2019
- NIHSS issued 2/2019

REFERENCES

- Kendra Chambers, RN (951) 707-8686
- Tonya Richardson, RN, MSN (901) 848-3855
- Veronica Cortez, RN, BSN (510) 667-4532
- Mayra Rodriguez, RN, BSN (310) 357-7954