Angela Delosreyes

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Emergency Registered Nurse

Los Angeles, California, United StatesHospital & Health Care

Previous positions

Registered Nurse Emergency Department at Adventist Health White Memorial

Public Health Extension Specialist at Peace Corps

Education

University of California, Los Angeles, Bachelor of Science (B.S.), Biochemistry

Background

Summary

• Motivated, compassionate registered nurse with seven years of clinical experience and a Master of Science in Nursing (AG-CNS).

• Diverse background in science, research, and public relationship building.

• Skilled in community outreach and needs assessment. Able to work in Spanish-language settings.

Experience

Registered Nurse Emergency Department

UCLA Health

January 2019 – Present(1 year)Los Angeles, California

Registered Nurse Emergency Department

Adventist Health White Memorial

February 2018 – January 2019(11 months)Los Angeles, California

Public Health Extension Specialist

Peace Corps

February 2017 – December 2017(10 months)Paraguay

• Acting as a collaborative change agent within a rural medical post, developed and gave a public health education lecture series in on diabetes, hypertension, pre-natal care, nutrition, meningitis prevention, and other health topics.

• Advisor to environmentally focused youth group. Helped establish the group as a governmentally recognized organization, which was then able to strengthen local anti-trash dumping ordinances. Guided the group during several environmental clean up projects and mentored youth on the benefits of recycling and adverse health effects of burning inorganic garbage, a common practice in rural Paraguay.

• Taught Zumba aerobic fitness classes to promote exercise and physical activity to improve community health.

Spanish Language Learning Sabbatical

Spanish Language Learning Sabbatical

April 2016 – February 2017(10 months)Bolivia; Peru; Mexico; Spain; Argentina

• Traveled on sabbatical in various locations in Latin America and Spain to achieve proficiency in the Spanish language and to learn about Latin American and Spanish culture and customs.

• Took 184 contact hours of Spanish language instruction and within one year raised language proficiency from beginner to intermediate.

• Hiked 1,000 miles from coast to coast on Spain's Camino de Santiago. Took road less traveled from Almería (Mediterranean Sea) to Fisterra (Atlantic Ocean) to practice Spanish and push physical limits. Blogged in detail about experience and provided planning advice to future hikers traveling on new segment of the Camino.

Telemetry Registered Nurse

The Queen's Medical Center

September 2012 – April 2016(3 years 7 months)Honolulu, HI

• Served on the telemetry floor providing high quality, compassionate medical care for ethnically and socioeconomically diverse patient population at urban Magnet hospital.

• Trained 3 newly hired nurses and more than 10 nursing students as preceptor ensuring they rapidly acclimated to a high-intensity, demanding medical unit.

• Educated the staff from 3 intensive care units to utilize new bathing product that prevents central-line associated bloodstream infections.

• Volunteered as an Education Council member and improved health outcomes by performing a needs assessment to determine topics for the hospital unit annual training event.

• Increased hospital efficiency by creating new procedures to help staff avoid unnecessarily tasking scarce certified nurse aids to watch higher risk patients.

• Certified to teach other nurses through the Clinical Coach Workshop.

Medical-surgical/Telemetry Registered Nurse

Sunrise Hospital

January 2012 – May 2012(4 months)Las Vegas, Nevada Area

• Demonstrated high adaptability by managing a high patient workload and quickly integrating into a large and extremely busy urban hospital.

• Provided expert medical care to patients on the respiratory-telemetry unit.

Travel Registered Nurse

Sutter Health

December 2011 – December 2011Antioch, CA

• Served as a replacement RN on Med/Tele and Med/Surge units in September and December.

• Praised for ability to work safely and efficiently in a new, high stress environment with minimal training.

• Flexibly adapted to new hospital and ensured continuity of care on the telemetry unit during multiple staffing shortages

Staff Registered Nurse

Whidbey General Hospital

September 2010 – November 2011(1 year 2 months)Oak Harbor, WA

• Cared for telemetry and medical-surgical patients in rural, critical-access hospital.

Staff Registered Nurse

Skagit Valley Hospital

September 2009 – September 2010(1 year)

• Quickly and effectively completed nursing residency program on the medical-surgical telemetry floor.

• Excelled on first assignment after residency and handpicked by hospital leadership to provide training for another newly graduated nurse.

• Provided health care for pediatric and adult patients from an ethnically diverse, semi-rural community.

Epigenetic Equipment Service Representative

Active Motif

March 2007 – August 2007(5 months)Carlsbad, CA

• Employed excellent interpersonal skills as scientific equipment troubleshooter and company representative for hundreds of international and domestic genetic researchers performing critical scientific work.

• Wrote informative articles describing scientific equipment and research utility in the company newsletter.

• Educated sophisticated customers about research equipment by using scientific and technical expertise.

• Newest employee to represent the company and educate customers at the American Association of Immunologists’ annual meeting in Miami, FL.

Analytical Scientist

MicroConstants

September 2006 – March 2007(6 months)Greater San Diego Area

• Developed, validated, and applied technical methods in order to analyze drug formulations in accordance within industry standards.

• Performed sample analysis by ways of liquid-liquid extractions followed by separation and detection.

• Wrote reports for clients such as Pfizer and Johnson and Johnson to detail relevant results.

Sales Representative

CUTCO Cutlery

June 2002 – August 2002(2 months)Greater San Diego Area

• Marketed cutlery to consumers by cultivating relationships through excellent interpersonal skills.

• Resourcefully employed 100% self-generated leads and earned Vector President’s Club Award for selling over $10,000 in a period of three months.

Education

University of California, Los Angeles

Bachelor of Science (B.S.), Biochemistry

2002 – 2006

University of California, Los Angeles

• In addition to rigorous biochemistry science and math requirements, coursework included leadership and management; epidemiology; language learning and techniques with a focus on teaching English as a second language.

Activities and Societies

• Samahang Pilipino cultural and community organization

• Tinig choral group

University of Oklahoma

Bachelor of Science (B.S.), Nursing

2008 – 2009

University of Oklahoma

• Coursework included community and family focused nursing; psychosocial nursing; and the human experience of disability.

Activities and Societies

Nursing Honor Society, Sigma Theta Tau International

University of Hawaii at Manoa

Master of Science (MS), Clinical Nurse Specialist

2012 – 2014

University of Hawaii at Manoa

• Created a workshop for caregivers and heart failure patients to improve quality of life, reduce symptoms, and prevent hospital admissions as final project.

• Coursework included public health promotion and disease prevention; health policy; curriculum development; and human responses to illness.

Activities and Societies

Nursing Honor Society, Sigma Theta Tau International

Languages

English

Native or bilingual proficiency

Spanish

Professional working proficiency

Tagalog

Elementary proficiency

Guaraní

Elementary proficiency

Publications

Genomewide Clonal Analysis of Lethal Mutations in the Drosophila melanogaster Eye: Comparison of the X Chromosome and Autosomes

Genetics

October 2007

Using a large consortium of undergraduate students in an organized program at the University of California, Los Angeles (UCLA), we have undertaken a functional genomic screen in the Drosophila eye. In addition to the educational value of discovery-based learning, this article presents the first comprehensive genomewide analysis of essential genes involved in eye development. The data reveal the surprising result that the X chromosome has almost twice the frequency of essential genes involved in eye development as that found on the autosomes.

Authors (3): Angela Delosreyes, Angela Delosreyes, Angela Delosreyes

Skills & Expertise

Cross-cultural Teams

Pediatrics

Diet and nutrition

Needs Assessment

Fitness

Communication

Disease Awareness Campaigns

Adult Education

Nursing

Entrenamiento de fitness

Heart Failure

public health

Hospitals

International Development

Acute Care

Telemetry

Community Outreach

Inpatient

Needs assessment

Medical/Surgical

Surgery

ACLS

Project management

Healthcare

Medicine

Critical Care

Infectious Diseases

Health Systems

Mental Health

Health Education

Medical-Surgical

Community outreach

Facilitation

Public health

Zumba instructor

Certifications

Advanced Practice Registered Nurse: Adult-Gerontology Clinical Nurse Specialist (AG-CNS)

American Nurses Credentialing Center, License

Progressive Care Certified Nurse (PCCN)

AACN (American Association of Critical-Care Nurses), License

Advanced Cardiovascular Life Support (ACLS) and Basic Life Support (BLS) certificates

American Heart Association | American Stroke Association, License

December 2017

Competent Communicator

Toastmasters International, License

Registered Nurse (California)

California Board of Registered Nursing, License 805452

Pediatric Advanced Life Support (PALS)

American Heart Association, License

Courses

Spanish Language Learning Sabbatical

A2 level Spanish instruction (80 hours one-on-one, Instituto Exclusivo, La Paz, Bolivia)

B1 level Spanish instruction (84 hours one-on-one, Sucre Spanish School, Sucre, Bolivia)

Intermediate Spanish instruction (12 hours one-on-one, Altiplano Spanish, Tarija, Bolivia)

Intermediate Spanish instruction (10 hours one-on-one, Mundo Antiguo Spanish, Cusco, Peru)

The Queen's Medical Center

Clinical Coach Workshop (HNIP)

Volunteer Experience & Causes

Care Extender Intern

UCLA Health

January 2004 – July 2005(1 year 6 months)Health

• Selected for competitive internship program and devoted 4 hours a week to volunteer community health service for a year and half outside of undergraduate study commitments.

• Served local community by assisting medical professionals in the emergency room, labor and delivery unit, and hospital pharmacy.

Undergraduate Research Consortium In Functional Genomics

UCLA

January 2005 – March 2005(2 months)Science and Technology

• Competitively selected to study the blindness-inducing mutation of genes found in fruit flies in an effort to uncover possible avenues of human health applications. Results of study are published in peer-reviewed journal.

Sergeant at Arms

Toastmasters International

January 2004 – February 2006(2 years 1 month)Education

• Functioned as liaison to other chapters for non-profit, worldwide organization devoted to developing public speaking, effective communication, and leadership skills through practice and feedback within groups.

• Delivered impromptu and rehearsed speeches, evaluated members’ speeches, and organized meetings.

• Received Best Evaluator Award for providing critical but tactful member feedback.

• The only student to function as an officer alongside staff and UCLA faculty members.

• Earned competent communicator certificate.

Causes Angela cares about:

Children

Economic Empowerment

Education

Health

Human Rights

Disaster and Humanitarian Relief

Poverty Alleviation

Social Services