

MIKAILA A. DEMETROULIS, RN

8800 Penrose Lane, Apt 424
Lenexa, KS 66219

P: 913.548.8727

E: MDEMETROULIS@GMAIL.COM

Ethical, compassionate, and dedicated Registered Nurse driven to increase the development of successful interpersonal relationships with patients and their families in the critical and acute care environments. Seeking a position in a challenging and progressive health care organization that is focused on improving the health and wellness of its patients.

SKILLS

- Basic Life Support (BLS)
- Advanced Cardiac Life Support (ACLS)
- Pediatric Advanced Life Support (PALS)
- Moderate Sedation Certified
- Sepsis/Septic Shock Certified
- STEMI & NSTEMI Certified
- NIH Stroke Certified
- First Assist Experience: Intubation, Chest Tube Insertion, Central & Arterial Line Insertion, etc. Telemetry Monitoring & Rhythm Interpretation
- Behavioral Health Assessment & Restraint Initiation/Management
- Triage & Emergent Assessment Experience
- Fluent in Spanish

WORK EXPERIENCE

ADVENTHEALTH SHAWNEE MISSION – Merriam, KS

Oct. 2017 - Present

Registered Nurse – Emergency Department & Progressive Care Unit

- * Utilized the Nursing process to provide optimal patient care and ensure patient safety and privacy.
- * Demonstrated accurate assessment skills and prioritized nursing interventions based on patient needs.
- * Developed and implemented nursing care plans to closely monitor acute conditions.
- * Administered, monitored, and managed medications/blood products/drips for critically ill patients.
- * Inserted, accessed, and/or discontinued IV access, central lines, implanted ports, midlines, NG/OG tubes, urinary catheters, Jackson-Pratt drains, etcetera.

- * Educated patients on procedures and facility processes and worked with patients to help them navigate the healthcare system and adhere to their care plan.
- * Established and maintained effective communication with physicians, patients, family members, hospital staff, administration, and management.
- * Oversaw and delegated to clinical associates and support staff in patient care activities while maintaining a high level of staff morale and professionalism.
- * Recognized critical situations, notified appropriate personnel and provided skilled emergency response.
- * Collected and prepared cultures, blood, specimens, and tissue, per order.
- * Followed infection control procedures, carrying out clean, standard, contact, airborne, droplet, and sterile precautions.
- * Completed patient admissions and discharges in a timely and efficient manner.

ST. LUKE'S HEALTH SYSTEM – Kansas City, MO

Jan. 2017 - Aug. 2017

Nurse Intern & Patient Care Technician – Neuro/Oncology Unit

- * Performed direct and indirect patient care tasks as delegated by the Registered Nurse, including: vital signs, intake and output, bladder scanning, urinary catheterization, blood glucose monitoring, etcetera.
- * Functioned under the direction and supervision of the Registered Nurse.
- * Provided basic patient care, such as: bathing, dressing, toileting, feeding, ambulating, transferring, and positioning.
- * Supported patient safety and patient satisfaction by performing regular patient rounds on the nursing unit and effectively communicating with all involved team members.

ACADEMIC BACKGROUND

THE UNIVERSITY OF TEXAS AT ARLINGTON

Dec. 2019 (anticipatory)

Bachelor of Science – Nursing

RASMUSSEN COLLEGE

Sept. 2017

Associate of Science – Professional Nursing

THE UNIVERSITY OF KANSAS

Dec. 2015

Bachelor of Arts – Spanish Language, Literature, & Culture

ACHIEVEMENTS & ASPIRATIONS

- * Presented my research project at Magnetizing KC Nursing Symposium on Feb. 11, 2019
- * Conducted research on opioid medication management and the nurse's role in combating the opioid epidemic
- * Participated and completed the Graduate Nurse Residency program in 2018
- * Broaden my knowledge and nursing experience
- * Obtain CCRN and/or CEN
- * Advance nursing degree
- * Obtain my Certified Medical Interpreter License