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## **Work Experience**

- Clement | Zablocki VA Hospital, 07/2013 to current
  - O Current Position: Home Telehealth Care Coordinator. Position involves managing patient's biometric data and answers. Identify areas for teaching, update Primary Care team patient's current status, coordinate with PharmD, NPs, Nurses and Specialty providers. Goal is to improve patient's independence managing complicated disease processes decreasing ER/hospitalizations.
  - o Emergency Department Nurse, TNCC, ACLS/BLS. Originally worked as Dialysis Nurse for six months before transferring to the emergency room. As ED nurse cared for emergent/urgent care patients. Developed close relationship with staff and providers to provide effective and comprehensive care. During over 4 years worked as Triage nurse, Charge nurse, and Staff nurse. Able to be flexible with any situation and staffing issues to provide appropriate care. In addition: ensured efficient transfer to and from multiple departments. As Charge nurse responsible for patient assignments, assisting with ambulance transfers, and problem solving.
  - o Attended Yellow Belt training utilizing PDSA techniques
    - Member of the 6C admission process, and Triage committee
  - O Dialysis RN: Provided each patient safe and comfortable care during dialysis appointment. Worked closely with other nurses and techs to start each patient's session, and monitor for change in status or equipment issues. While working in Dialysis, developed a policy and procedure for scheduling call, along with a rolling schedule to assure appropriate call schedule for each nurse. Also monitored patient's lab work, and made dose adjustments per policy.
- Aurora Hospital Sinai, Milwaukee, WI. 02/2018 to 4/1/19,
  - transferred from Kenosha to continue providing care to victims of Sexual Assault, Domestic Abuse, and Human Trafficking.

- Additional duties at Sinai to include processing documentation, peer reviews, and screening calls.
- Aurora Hospital Kenosha, WI. 07/2014 to 02/2018
  - Conduct forensic exams for Adult, Child, Domestic Abuse, and Human Trafficking cases. Completed Adult training in 2010, and Pediatric training 2014.
    - Additional duties:
      - Set up folders
      - Developed forensic camera PowerPoint and instructed
      - Developed and implemented tools for each nurse to use during various types of assault
      - Officer work to include uploading digital evidence to secure database.
      - Assisted with developing sexual assault prevention program at annual Country Thunder concert
      - Researched new trends in forensic nursing and trained co-works during monthly staff meetings.
      - Trained and mentored new forensic nurses.
      - Tracked forensic cases details such as age, type of assault, need for medical care, evidence collection and ext.

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- Air National Guard, 02/1996 Current
  - o 128th Air Refueling Wing Medical Group, Chief Nurse. Supervise 4 nurses and 24 Aeromedical Technicians.
  - o Develop annual training plans for Clinical Services while managing all Medical Groups training plans.
  - o Attend monthly tele-conference with all Air Force and Air National Guard Medical Groups.
  - Implement new Air Force initiatives to include developing, training, and evaluating
  - Key stakeholder in Health Inspections involving Sexual Assault program, Clinical Services, Patient Safety, Trusted Care, Immunization, and Training.
  - Responsible for annual employee reviews, mentoring sessions, and writing performance reports
  - Member of Executive Management Committees to discuss and problem solve medical group initiatives, financial issues, and program policies.
  - o Collect and maintain metrics and data for the unit to assist with writing awards, and performance evaluations.

- o Attended several personality training courses to identify different personality traits, and methods to improve work performance and relationships based on those traits.
- o Responsible for developing and maintaining Air Force and Air National Guard policies and procedures. In addition; experience with developing and implementing continuity binders for Narcotic medication storage, medical equipment maintenance and inspection, awards/decorations, clinical services, and patient safety.
- Mayo Clinic & Health Systems, Eau Claire, WI. 06/2012 05/2013
  - o Dialysis nurse providing dialysis treatment and continued assessment in the hospital and at three different satellite locations. Position includes working on call trouble shooting a variety of complications, managing sick calls, and initiating emergency dialysis in the CCU.
- River Falls SART, River Falls, WI.06/2010 05/2013
  - o Traveled to multiple cities in the River Falls, Baldwin, New Richmond and St. Croix Falls area to complete forensic exams for Adult sexual assault cases.
- St. Croix Correctional Center, New Richmond, WI. 06/2009 2/2012
  - o Registered Nurse-Clinician 2. Provide patient assessment and care. Nursing care ranged from serious medical conditions & common ailments to musculoskeletal injuries. Followed complex Nursing Protocols. Updated the Nurse Practitioner when applicable. Collected laboratory specimens, monitored chronic disease processes, education, and followed prescribed treatment plan.
    - o In addition created tool to track physical injuries, and appropriate stretches specific to those injuries. Since became a Department of Corrections Medical Document used throughout Wisconsin Department of Correction's medical units.
- Hudson Hospital, Hudson, WI. 06/2007 09/2009
  - Registered Nurse cared for Emergency Department patient's ranging from urgent care ailments to critical life-threatening injuries.
- Abbott Northwestern Hospital, Minneapolis, MN 03/2003 06/2006
  - o Registered Nurse cared for patients and families in the Emergency Department and Critical Care units.
- Nurse Finders Agency, Brookfield, MN. 06/1998 06/2007

- Temp Nurse at several hospitals in St. Paul/Minneapolis MN. Able to successfully work in various ED, ICU, Med-surg, and Group home.
- Fairview Home Health Care, St. Paul, MN. 06/1999 06/2002
  - o Cared for patients in home setting that required IV therapy and blood collection. At patients' home, I would deliver the IV therapy equipment and medication. In addition, I would provide IV maintenance care, educate IV infusion procedures for TPN and antibiotics.
  - o Maintained correct documentation, and completed monthly documentation and demographic for all Medicare/Medicaid patients.
  - o Collaborated with patients doctors and medical team on patients status and goal completion.
- St. John's Hospital, St. Paul, MN. 06/1998 01/1999
  - Float Pool nurse for Orthopedic, Surgical, Medical and Cardiac floors.
- St. Luke's Hospital, Duluth, MN. 06/1997 06/1998
  - Staff nurse on Neuro Floor and floated to additional units as needed.
- Chestnut Grove Nursing Home, Virginia, MN. 06/1996 06/1997
  - o Nightshift Nursing supervisor to nursing home population.
- Mesabi Medical Center, Hibbing, MN. 01/1994 06/1996
  - o Staff nurse on Medical/Surgical floor.
- Heritage Manor Nursing Home, 06/1992 01/1994
  - o Charge nurse on third shift.

## **Education**

- Monmouth University, NJ, 2008-2010. MSN/ Forensic Nursing.
- Bemidji State University, MN 1998-2004. BSN.
- Hibbing Community College, MN 1988-1992, AA and ADN.

## **Achievements/Awards**

- o Sexual Assault Nurse Examiner: Adult and Child
- o Air Force Nursing' Flight School and SERE.
- o Completed Air Force Leadership Squadron Officer Course.

## Skills

- o Leadership skills, currently Lt Colonel in the Air Force in charge of Clinical Services.
- o TNCC, ACLS, BLS, & SANE.
- o Proficient SDFI Camera, SPSS, Microsoft Word, Excel, PowerPoint and Outlook. EPIC, Cerner, and similar computer programs.
- o Since 1992 nursing history includes: Medical-Surgical, ER, CCU Float Pool, Dialysis, and IV therapy.