

Nicole G. Steska RN

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OBJECTIVE:

To obtain a position as a Registered Professional Nurse, bringing an excellent record of nursing education and training, hands-on experience, and outstanding interpersonal skills.

CLINICAL EXPERIENCE:

St. Anthony's Wound Care and Hyperbaric Medicine, St. Louis, MO, *April 2018- May 2018 (Preceptorship)*

St. Anthony's Medical Center, St. Louis, MO. *August 2017- May 2018*

SSM Cardinal Glennon Children's Medical Center, St. Louis, MO, *August 2017- December 2017*

SSM St. Clare Hospital, Valley Park, Mo, *January 2017- May 2017*

St. Luke's Hospital, Chesterfield, MO, *August 2016- May 2017*

Assess, measure, and dress various types of non-healing wounds. Experience with applying Unna boots and Profor compression dressings. Assist with total care of patients on medical/surgical and medical stepdown units. Provide hygiene, administer meds, experience with patient transfers, hooyer lifts, ostomy care, wound vac dressing changes, ventilators, cardiac monitoring, establishing IV access, IV medications and maintenance, lab draws, catheter care, JP drains and IM and SQ injections. Shadow in ED and OR. Experience with EPIC and Cerner. Develop care plans. Perform head to toe physical assessment. Provide patient teaching regarding nutrition, medication and disease process. Observe and interact with pediatric, adult, and geriatric patients in an inpatient psychiatric unit. Attend group sessions, collaborate with members of interdisciplinary team, and use therapeutic communication techniques to support therapeutic milieu. Observe and interact with children in the ED. Teach children and parents regarding disease processes. Provide care for labor and delivery patients. Observe Cesarean Section in OR.

EMPLOYMENT EXPERIENCE:

Midwest Dermal Specialists, St. Louis, MO- Registered Nurse, *(September 2016-present)*

My job duties include: setting appointments for RN, administration of Botox and Dermal fillers, reconstituting vials of Botox and drawing up proper number of units for each patient, patient teaching on side effects and what results can be expected with procedures, teaching proper skin care post procedure, and performing Botox injections. I am currently training to administer Dermal fillers.

CHC Wellness, Maryland Heights, MO- Traveling Registered Nurse and Receptionist, *(September 2014-present)*

My job duties include: Coordinating medical team and day to day operations of office acting in lieu of manager, maintaining organization of office and supplies, training new employees in proper procedure, running flu shot clinics, obtaining informed consent, drawing up and administering flu

vaccine, monitoring for adverse reactions, greeting patients upon arrival at screening, verifying insurance and personal information, taking patient height, weight and waist measurements, post-processing of corporate wellness screening documents and packing and delivering blood specimens to the lab. Explain the purpose and results of tests performed to the patients who inquire.

Tailored Senior Services, St. Peters, MO- Caregiver, (April 2015-October 2015)

Provided around the clock in home care to Dementia and Alzheimer's patients. Assisted with ADL's. Assessed and reported any change in status of patient. Administered daily meds.

Palisades Yacht Club, Portage des Sioux, MO- Bartender, (April 2014-February 2015)

Acted in lieu of manager when not present. Balanced and reconciled cash drawer/ lottery. Opened and closed establishment. Trained new employees. Provided excellent customer service.

City Club Tavern, St. Charles, MO- Bartender, (February 2009-February 2014)

Acted in lieu of Manager when not present. Balanced and reconciled cash drawer/ lottery. Closed and cleaned establishment nightly. Provided excellent customer service to gain regular customers. Conducted weekly inventory and beer order. Trained new employees. Used social media to promote/grow business. Coordinated and booked entertainment for weekends/ special events.

Aims Academy, Fort Worth, TX - Bartending Instructor, (July 2005 - January 2009)

Taught preparation of over 200 cocktails. Educated students about the history/production of liquor, beer, and wine. Developed the program's lesson plan and syllabus.

Crystal Room Lounge, Florissant, MO - Bartender, (April 2001- December 2004)

Fulfilled customer orders Provided excellent customer service. Handled monetary transactions. Maintained/cleaned bar. Closed establishment on a nightly basis.

EDUCATION:

Saint Louis Community College- Meramec, August 1996-December 1998, August 2014- May 2018. AAS Nursing

Christ Church College, Canterbury, England, August 1997- December 1997

Ursuline Academy, Kirkwood, Missouri, May 1996

CERTIFICATIONS:

AHA BLS Certification: 2014-present

CONTINUING EDUCATION:

St. Luke's Clinical Symposium November 2017

Community Involvement:

STLCC- Meramec Cancer Awareness Day Fall 2017

PERSONAL

As you can see above, most of my experience is in the Bartending and Service Industry. I decided to follow my dream of entering the medical field as a nurse about 5 years ago. I achieved making the Dean's List in the Fall of 2016 and Spring 2017. I was an avid gymnast from age 4 to 19. I love boating and all things water and was recently the First Mate and First Lady of the Con Trios Yacht Club.

References available upon request.