

# Judy Cutitta

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## SUMMARY

Hardworking RN accustomed to treating diverse patient needs while managing dynamic conditions. Offering excellent clinical knowledge and judgment combined with strong documentation, vitals monitoring and problem-solving abilities. Well-versed in managing emergent cases with grace and efficiency.

## EXPERIENCE

Staff RN-ICU, Banner Health Estrella Medical Center, January 2018-  
Current Phoenix, AZ

- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries
- Imparted medical, operational and patient care knowledge to junior nurses to maximize performance and quality of team operations
- Administered oral, intramuscular and IV medications to patients and monitored responses
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information used to create focused treatment plans and manage ongoing care
- Answered patient questions and provided take-home materials for further information
- Executed appropriate steps for patient treatment following careful review of physician medical regimen
- Cared for patients recovering from Open Heart Surgery and patients requiring CRRT. also all ordered procedures and provided personalized daily assistance
- Advocated for patient needs with interdisciplinary team and implemented outlined treatment plans
- Counseled caregivers and families on end-of-life planning and educated on patient care options
- Acted as Resource Person when no Clinical Manager was scheduled

Registered Nurse Case Manager, Team Select Home Care, September 2017-December 2017  
Phoenix, AZ

- Lowered costs while improving care quality by coordinating services and collaborating with dedicated healthcare team
- Optimized program resource utilization to prevent unnecessary hospital admissions
- Informed patients and families of treatment options and at-home care strategies to reduce unnecessary burden on hospital resources
- Determined and coordinated appropriate level of care to meet individual patient needs
- Developed appropriate care plans for at-risk individuals and high-risk families
- Advocated for patients by identifying insurance coverage, communicating care preferences

to practitioners and verifying interventions met patients' treatment goals

- Immunized patients against diseases such as influenza and pneumonia to protect vulnerable populations from serious illnesses

Registered Nurse, Cobalt Rehabilitation Hospital, December 2016-September 2017 Surprise, AZ

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- Monitored and managed various treatment and care interventions, including IV administration, wound and ostomy care and catheter insertion
- Leveraged nursing skills to provide relief assistance to Physical and Occupational therapy departments
- Coordinated with clinical staff to keep patients updated and informed on care issues, including discharge delays, equipment inaccessibility and procedure postponements
- Supervised ancillary staff of needed on-call nurses, including scheduling shifts, delegating assignments and monitoring quality of care
- Trained and mentored new RNs on best practices, hospital policies and standards of care
- Delivered high-quality and compassionate treatment to indigent and low-income patient communities
- Consistently assessed and evaluated patients' health needs by coordinating across medical disciplines to create, implement and modify personalized care plans
- Acted as relief house supervisor on a regular basis

Registered Nurse, Banner Home Care, January 2015-December 2015  
Phoenix, AZ

- Maintained clean and well-organized environment to promote client happiness and safety
- Organized and administered medications on clear schedules to help alleviate symptoms and optimize quality of life
- Monitored clients' progress to report necessary changes
- Was a start of care nurse. Would be first nurse patient would once leaving the hospital. Taught self IV infusion, wound care, and ostomy care

Registered Nurse, Banner Health Del Webb Hospital, November 2004-January 2015 Sun City West, AZ

- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries
- Administered oral, IV and intra-muscular medications and monitored patient reactions
- Treated patients by administering various types of medications and therapies
- Immunized patients against diseases such as influenza and pneumonia to protect vulnerable populations from serious illnesses
- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions
- Ensured quality patient care from admission to discharge through direct supervision of all nursing and ancillary staff
- Addressed unit staff concerns, including staffing ratios, resource management, allocation of

responsibilities and optimized workload management

- Participated in continuing education programs and Donor Network workshops to enhance training and nursing knowledge
- Used facility EMR system to update patient records, transmit prescriptions and transfer files
- Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches
- Provided training and supervision to 12-member staff in ICU unit
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit
- Trained and mentored new RNs on best practices, hospital policies and standards of care
- Acted as Clinical Manager for two years, managing staff and workflow. Responding to Rapid Responses and Code Blues

Registered Nurse, Banner Health Del E. Webb Hospital, November 2001-November 2004 Sun City West, AZ

- Assisted patients with daily tasks, such as dressing, hygiene upkeep and movement throughout facility,
- Observed strict confidentiality and safeguarded all patient-related information
- Evaluated patient care procedural changes for effectiveness and made necessary adjustments
- Performed triage to maximum team productivity and effectiveness
- Collaborated with interdisciplinary healthcare team plan and implement effective treatment plans
- Administered general care to patients, including recording of temperature and blood pressure, and wound dressing
- Provided training and supervision to 12-member staff in telemetry unit

Registered Nurse, Maryvale Hospital, July 1998-January 2000 Phoenix, AZ

- Advanced nursing competencies through participation in simulation exercises and practice improvement projects
- Reached out to patients to convey lab results and provide care instructions
- Provided care for the postpartum mom and baby
- Education provided to the new parents prior to them taking baby home
- Transitioned babies from birth for the first two hours
- Gave care to the antepartum and gyne surgery patients
- Was a nurse mentor and went through training to do so

Registered Nurse Case Manager, Hospice Of Arizona, January 2001-November 2002 Phoenix, AZ

- Informed patients and families of treatment options and at-home care strategies to reduce unnecessary burden on hospital resources
- Determined and coordinated appropriate level of care to meet individual patient needs
- Arranged placement of admissions and transfers in accordance with clinical standards and

guidelines

- Immunized patients against diseases such as influenza and pneumonia to protect vulnerable populations from serious illnesses
- Secured insurance authorizations to [Type] rehabilitation facilities or long-term care placement
- Collaborated with physicians on patient medications, medical needs and performance
- Incorporated appropriate nursing methods to create individualized care plans
- Developed patient care plans, including overall patient health assessments and evaluations
- Provided in of life care and counseling for the dying patient and their families

## **EDUCATION AND TRAINING**

Bachelor of Science

Nursing, University of Phoenix, Phoenix, AZ 2006

Associate of Science

Nursing, Phoenix College, Phoenix, AZ 1999

## **CERTIFICATIONS**

- Registered Nurse in State of Arizona
- AHA Healthcare Provider CPR Certification
- AHA ACLS certified