

Lauren Zappia

Objective To obtain a position that allows me to gain knowledge and learn new skills.

Experience

July 2015 – Present USPI/Tenet Outpatient Surgery Centers
Pre-Op/PACU Registered Nurse

- Travel to all USPI Outpatient Surgery Centers.
- Determine patient readiness for discharge home.
- Communicate discharge instructions verbally and in writing, ensuring patient and/or caretaker understanding of post-op care.
- Prepare patients for admission into surgical preoperative area, assessing patient wellbeing, vital statistics to determine baseline and ensure preparedness for surgical procedure.
- Install IV to administer anesthesia and medications ordered by anesthesia doctor or surgeon.
- Inform patients and family members regarding surgical procedures and immediate post-op care and environment.
- Monitor patient surgical site and clean and redress wounds as necessary.

July, 2012 – July 2015 St. Joseph’s Hospital Phoenix, AZ
Emergency and Trauma Certified Registered Nurse

- Provided nursing care within Level 1 trauma center. Assess and stabilize patients with emergent needs.
- Displayed expert nursing skills in managing the critical care of all types of patients in the Emergency Department.
- Reacted rapidly to emergent scenarios, demonstrate decision making skills to help save lives.
- Delegated to CNAs and other techs for patient care.
- Contributed to strategic plans, initiatives to advance standards of care and employee/ patient satisfaction.

Nov 2011-May 2012 East Mesa Healthcare/Rehab Mesa, AZ
Registered Nurse

- Provided nursing care to elderly patients.
- Delegated to CNAs for patient care.
- Administered patient medication in a timely fashion.
- Assessed patients and updated doctors with any emergent changes.

Education

Jan. 2010-May 2011 Scottsdale Community College Scottsdale, AZ

- Nursing Program

2008-Jan 2010 Gateway Community College Phoenix, AZ

- Nursing

Fall 2006-Fall 2007 Arizona State University Tempe, AZ

- General Education

ACLS/BLS, PALS

Certification

***References available upon request**