# Scheneley Little RN, BSN

#### **Registered Nurse - Telemetry, Medical-surgical, Perioperative, Woundcare, Hospice Experience** Phoenix, AZ

mrsslittle@yahoo.com (757) 589-8406

Compact/Multistate Nursing License Active

## Work Experience

## **Progressive Care/ RN**

Banner University Medical Center - Phoenix, AZ January 2018 to Present

Perform pre-op and post-op care after surgical procedures through discharge

Care for patients requiring close monitoring and frequent assessment that aren't unstable enough to need ICU care.

Monitor cardiac and other critical vitals and detect any changes, enabling intervention of lifethreatening or emergency situations.

Communicate effectively and maintains therapeutic relationships with patients, families, physicians and staff.

Evaluate signs and symptoms as well as record and report results.

Collaborate with physicians regarding patient progress towards the outcome attainment.

## **Registered Nurse-LTACH, Woundcare**

Kindred Healthcare - Greensboro, NC August 2015 to December 2017

I care, observe and assess patients with simple and very complex wounds, ostomies, fistulas and other skin related issues. I also check patient's skin for prevention of pressure ulcers and manage various wounds caused by accidents, venous insufficiency, diabetes and those related status post surgery. Very adept at assessing patient conditions and administering effective woundcare.

## **Registered Nurse-Palliative Care**

Hospice Palliative Care - Greensboro, NC August 2013 to 2017

Total Care of Hospice and Palliative Care patients as part of end-of-life treatments in an inpatient facility.

\* Responsible for assessment, medication adjustments, death attendance and comfort of patients. \*Educated families, caregivers and others in woundcare, personal care for higher quality of family autonomy during last weeks of patient's life

#### **Registered Nurse-Perioperative**

Kindred Hospital - Greensboro, NC June 2012 to July 2014

Managed care for post-operative patients through discharge

Performed lab test and communicated results Liaised between patients and physicians to ensure patient comprehension of treatment plan Instucted patients and their family members on proper discharge care Closely monitored acute conditions Followed all infection control procedures and ensured that proper antibiotics were dispensed in the given time frame pre and post surgery Turned OR rooms over within adequate time frames to prepare for surgery Assisted during invasive and non-invasive procedures

## **Registered Nurse-Cardiac Telemetry**

Alamance Regional Hospital - Burlington, NC April 2011 to March 2012

Worked as part of a cohesive team within a 28 bed telemetry unit primarily focusing upon cardiac patient care. I conducted diagnostic testing and performed cardiac and respiratory functioning assessments with telemetry monitoring. Documented patient vital statistics, administered medications and perform general checkups as part of daily rounds. Interpreted EKG's for patients with chest pain, MI's, PE's and other heart conditions.

## **Registered Nurse-Cardiac/Telemetry**

Moses Cone, NC - Greensboro, NC August 2010 to April 2011

- \* Worked closely with Cardiac patients that presented with heart failure
- \* Monitor patient's heart rhythm and rate via telemetry monitor
- \* Administer specific drips and medications to patients aid in slowing progression of symptoms
- \* Teach patients importance of follow-up appointments and medication compliance as well as

administering medications to themselves.

\* Serve as liaison for stroke prevention and stroke education to peers.

## **Registered Nurse-Medical/Surgical and Orthopedics**

Sentara Bayside Hospital - Virginia Beach, VA January 2009 to August 2010

Worked with a wide array of patient's care including orthopedic surgery pre and postoperative care, acute care services as well as telemetry monitored patients. Monitored patients with acute cardiac problems, such as MI's, heart failure, etc. Proficient in venipuncture, medication administration, wound care and minor surgical assistance. Perform assessments and work with physicians to plan, implement and evaluate plans of care for adult patients.

Served as a competent preceptor and charge nurse over busy acute care floor.

Assisted in recovery of surgery patients including chest tube care, Knee/Hip surgeries, stroke/MI Received Diabetic Awareness Leadership and liaison award in 2010.

- \* Strong team player and peer coach advocator
- \* Received Nursing Excellence Award 1st year in Medical-Surgical/ Telemetry Department

## **Certified Master Esthetician**

Virginia Beach - Beach, Virginia, US June 2006 to December 2008

Worked closely with surgeons in post-operative care for over 75 patients.

- \* Provides extensive post-operative care for various levels of edema (MLD)
- \* Skilled in Custom Blend make-up service for patients with bruising or scarring

\* Perform chemical peels for acne prone skin for new and returning patients/clients

- \*Expert in microdermabrasion/ exfoliation of various skin types
- \* Administers invaluable treatment for hypo/hyperpigmentation
- \* Onsite Patient Counselor/Advisor for surgery scheduling and processing

## **Certified Medical Assistant / Medical Esthetician**

The Hague Cosmetic Center - Norfolk, VA January 2002 to May 2006

Lead Medical Esthetician providing outstanding service to over 200 patients.

- \* Resident expert for Post-operative body wraps and Manual Lymphatic Drainage
- \* Master of Ultrasound therapy, Suture/drain removal and preparation of surgical packs.
- \*Specialist in Custom Blend make-up application for post facial surgery
- \* Operations manager in usage of Trichloracetic and Glycolic Acids for skincare
- \* Managed ordering, sales and advertisements of products at center and public functions.

\*Selected as face/ image for center to promote services offered

## Education

#### Associate of Applied Science in Nursing

Tidewater Community College - Portsmouth, VA December 2008

#### Aesthetician Program

American Spirit Institute - Chesapeake, VA 2002

**BSN in Nursing** Touro University of Nevada June 2019

## **Nursing Licenses**

#### RN

#### Skills

Wound care training (6 years), Med Surg, RN, progressive care (3 years), preop and post-op experience

#### Awards

#### **Nursing Excellence Award**

July 2010

Was nominated on my unit to receive the Nursing excellence award my first year with the hospital by my peers and supervisor.

# Additional Information

#### SKILLS AND CERTIFICATIONS:

- \* Direct care of patients
- \* Educated patients for home care and discharge planning/ patient coordinator
- \* Operated and maintained monitors of bio-medical equipment
- \* Medical terminology and medication administration skills
- \* Maintain sterile fields and application of dressings
- \* Catheter, IV, and suctioning training
- \* phlebotomy experience/ suture, staple and drain removal
- \* Charting and documentation of patient care
- \* Acute and chronic care experience
- \* Medical Billing and Coding
- \* Skincare and lymphatic drainage (MLD)
- \* C.P.R. and First Aid Certified, American Red Cross, BLS, ACLS certified.