# LAUREN HILL, MSN, APN, FNP-BC

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# **Professional Summary**

Dedicated and patient focused Family Nurse Practitioner with proven strengths in acute patient care, staff development and patient advocacy. Displays an exceptional aptitude to deliver positive patient outcomes in a fast-paced environment while simultaneously building productive relationships. Known for exceptional interpersonal and communication skills, the ability to manage competing priorities, as well as maintaining accurate and efficient documentation.

#### Skills

- Advanced assessment skills and strong clinical judgment as a Nurse Practitioner
- Suturing, I & D of abscesses, wound care management, and venipuncture
- EKG interpretation, nail removal and trigger point injection,
- Upper and lower extremity joint aspiration and splinting extremities
- Computer proficiencies in MS Word, MS Excel, Outlook, and EMR

#### Certifications

- American Nurses Credentialing Center, FNP-BC, issued 06/2019, current
- American Heart Association, BLS, current
- American Heart Association, ACLS, current

#### Education

Master of Science in Nursing, 05/2019

Tennessee State University

Nashville, Tennessee

- Family Nurse Practitioner Specialty
- GPA 3.7

## Bachelor of Science in Nursing, 12/2007

Belmont, University

Nashville, Tennessee

• GPA 3.6

#### Licensure

- Advanced Practice Nurse, State of Tennessee, issued 06/2019, current
- Registered Nurse, State of Tennessee, issued 02/2008, current

#### **Affiliations**

- American Nurses Association, ANA
- American Nurses Credentialing Center, ANCC

#### Clinical Practicums

## **Pediatrics**

- O Confident in knowledge of growth and development, anticipatory guidance, the child family interaction, in addition to working with parents to address their fears, concerns and treatment options
- Recognition and management of common acute pediatric illnesses, pediatric pathological conditions, chronic illness and the effect of childhood illness on growth and development
- O Demonstrate safety in calculating pediatric dosages of medication

## Family Medicine

- O Comprehensive and focused physical exams across the lifespan including appropriate psychosocial, developmental and cultural elements
- o Educate and guide patients on disease prevention and healthy lifestyle habits
- Manage overall patient care, including acute and chronic ailments, as well as changes in lifestyle and development issues
- O Prescribe and manage medications

## Women's Health

- O Conduct the interview in a manner that is sensitive to the social and cultural context
- O Secure complete health histories including gynecologic, reproductive, contraceptive, medical, surgical, sexual, family health, and psychosocial systems
- O Conduct a physical exam appropriate to the nature of the visit and be sensitive to confidentiality, privacy, and modesty during the exam
- O Adept at performing basic physical exam components including breast exam, pelvic exam, pap smear, and cervical cultures
- O Able to function autonomously from preceptor on routine care for GYN patients
- Knowledgeable in diagnostics and management of STDs

## Adult/Gerontology

 Provide compassionate primary care services including comprehensive and focused physical examinations, health assessments, diagnoses, and treatment of acute and chronic illnesses

- O Manage chronic conditions such as diabetes, hypertension, arthritis, chronic obstructive pulmonary disease, and thyroid disorders
- O Assess need for appropriate lab tests, order and interpret results under the supervision of preceptor
- o Collaborate with medical specialties through appropriate referrals
- Assist in coordination of community resources to meet needs of individuals and families

#### Obstetrics

- o Follow ACOG DXII guidelines and protocols to deliver evidenced based treatment plans
- O Secure complete health histories including gynecologic, reproductive, contraceptive, medical, surgical, sexual, family health, and psychosocial systems
- O Create a birth plan and perform ultrasounds, check-ups and other tests to determine risk factors or other possible problems with the fetus or the childbirth
- O Provide postpartum care, health education, counsel, and guidance regarding treatment provided, and also communicate with patients and significant other

# Professional Experience

# **Registered Nurse**

Vanderbilt Medical Center

Positions held:

## Medical Intensive Care Unit, 11/2013 to Present

- Provide quality care to critically ill patients through the implementation of evidence-based nursing assessment, nursing diagnosis, interventions, and ongoing evaluation
- Highly skilled in invasive cardiac monitoring with arterial and central venous lines, administration and titration of critical care medicated infusions as per evidence-based practice protocols/physician orders, continuous renal replacement therapy, and managing patients with advanced airways on ventilators
- Collaborate with health professionals and interdisciplinary team members to ensure optimal patient outcomes
- Recognize clinical changes in patient status and implement appropriate interventions with concise communication of assessment and plan of care to physician
- Serve as clinical resource, preceptor and mentor to nursing staff
- Member of the quality improvement committee aimed at researching and implementing evidence-based practices to decrease prevalence of ventilator pneumonia and central line associated blood stream infections
- Provide therapeutic listening, emotional support and education to patients while

## providing compassionate care

## **Neuroscience Unit,** 01/2008 to 11/2013

- Provide highly skilled care grounded in evidence-based care guidelines and clinical knowledge to acutely ill patients post neurosurgery and with neurological conditions
- Work closely with physicians and other interdisciplinary team members to deliver quality care and ensure optimal patient outcomes
- Demonstrate critical thinking with the ability to remain calm and act swiftly in emergent situations
- Served as a leader for monthly unit board meetings and quality improvement initiatives aimed at increasing nursing satisfaction and employee retention
- Educate patients/families about medications, disease condition and health maintenance
- Advocate for patients and in a knowledgeable, skillful, and consistent manner

#### **Interests**

- Research and evidence-based quality improvement projects
- I enjoy home improvement projects, gardening and volunteering with the Nashville Humane Association