# Meghan Forrester, RN

1148 Drawbridge Court, Clarksville, TN 37040 | 334-464-2786 | Mrs forrester@yahoo.com

# **Objective**

Fresh but enthusiastic registered nurse with great ability to stay calm and intervene during any given situation. Patient focused and empathetic individual seeking a position in a reputed healthcare facility; bringing clinical experience, care and knowledge to help improve the lives of patients.

### **Education**

# WALLACE COMMUNITY COLLEGE: DOTHAN, AL 2018

**MAY** 

Associate Degree in Nursing

# Clinical Experience

RN Preceptorship Southeast Alabama Medical Center: Dothan, AL Spring 2018 Intensive Care Unit Southeast Alabama Medical Center: Dothan, AL Spring 2018

Emergency Room Southeast Alabama Medical Center: Dothan, AL Medical-Surgical Southeast Alabama Medical Center: Dothan, AL Psychiatrics Southeast Alabama Medical Center: Dothan, AL Pediatrics/Obstetrics Flowers Hospital: Dothan, AL Spring 2018 Fall 2017 Summer 2017 Summer 2017

Medical-Surgical Flowers Hospital: Dothan, AL Summer 2016

Medical-Surgical Dale Medical: Ozark, AL Spring 2016

# **Work Experience**

# TENNOVA HEALTHCARE- CLARKSVILLE MAY 2018- CURRENT

### REGISTERED NURSE/CHARGE NURSE- CARDIOVASCULAR UNIT/TELEMETRY

- Managing hypertension, congestive heart failure, arrhythmias and other heart conditions
- Performed a wide variety of cardiac tests, including stress tests, stress echocardiograms, exercise stress tests
- Providing physical exams to diagnose chronic and acute cardiac diseases
- Interpreting laboratory results and cardiac tests
- Prescribing and managing cardiac medications and other therapies
- Educating patients on health maintenance and disease prevention
- Catering to all the emergency problems by practicing the nursing protocols and rules
- Collaborating with the telemetry care unit and taking all the necessary steps
- Participates in discharge planning in order to provide continuity of care
- Delegates appropriately and coordinates duties of healthcare team members

#### REGISTERED NURSE/FLOAT NURSE- STEP DOWN

- Provide advanced nursing care for patients in critical or coronary care units.
- Monitor vitals/cardiac rhythms and perform critical lifesaving interventions including titrating drips
- Perform post-surgery care including drains, wounds, and respiratory care
- Providing patient care along with providing support, and continuous updates to loved ones of patients

### US ARMY JULY 2013

**JULY 2009-**

#### **AVIATION OPERATION SPECIALIST**

- Processed local and cross-country flight clearances
- Checked accuracy of flight plans and coordinated them
- Maintained flight logs on incoming/outgoing flights and individual flight records
- Alerted crash crews of emergencies
- Interpreted and posted weather reports

#### **UH-60 BLACKHAWK HELICOPTER DOOR GUNNER**

- Assisted in daily inspection, preflight/post flight and other maintenance operations with aircraft
- Understood weapon system's functional characteristics and operation, as well as its capabilities and limitations
- Acted as an observer to assist the pilot and copilot in safe operation of the helicopter

## **Licensures, Certifications and Awards**

- Registered Nurse: Tennessee State Board of Nursing, License #229904
- BLS/ACLS certified through American Heart Association
- The Daisy Award and The Daisy Team award for extraordinary nurses
- Afghanistan/Iraq Campaign Medal, Air Medal, Army Achievement Medal, Good Conduct Medal