

JANESSA M. SCHMIDBAUER

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OBJECTIVE: To use my knowledge, empathy, and critical thinking to improve the health and wellness of my community.

LICENSURE

Registered Nurse, California State License # 95043269, Issued September 2014

Nurse Practitioner, California State License # 95011072, Issued February 2019

CERTIFICATION

ANCC Certified: American Nurses Credentialing Center, #2018069819, Issued September 2018

BLS Certified: American Heart Association Basic Life Support for Healthcare Providers.

ACLS Certified: American Heart Association Advanced Cardiac Life Support for Healthcare Providers.

Stroke Certified: Advanced training to identify and treat stroke patients.

EDUCATION

University of Southern California, Los Angeles CA

Master of Science in Nursing, Family Nurse Practitioner

GPA 3.9, Dean's list, 5 Semesters

Graduated August 2018

University of Rochester, Rochester NY

Bachelor of Science in Nursing

GPA 3.9, Dean's List, 3 Semesters

Graduated May 2014, Summa Cum Laude

San Jose State University, San Jose CA

Bachelor of Science in Health Science

Minor in Child Development

GPA 3.5, Dean's List, 3 Semesters

Graduated May 2014, Cum Laude

CLINICAL PRACTICUM

Clinical Management of Adult Patients

- **Preceptor:** Dr. Ada Del Rivero-Yamuy
- **Description of Site:** This clinical site is a private primary care clinic that specializes in preventative medicine and well management of complex medical issues in Culver City, CA. The patient population is mainly low- income Hispanic patients. Common disease processes treated include hypertension, hyperlipidemia, diabetes mellitus, anemia, depression, and chronic pain.

Clinical Management of the Childbearing, Childrearing Family

- **Preceptor:** Dr. Jennifer Davis, Point Loma Pediatrics
- **Description of Site:** This clinical site is a private clinic specializing in the care of the pediatric and adolescent patients in Point Loma, CA. The patient population is majority

Caucasian, from middle to upper socioeconomic families. This site provides their patients with holistic preventive care, well- child care, sick- child care, and chronic disease management. Common diagnoses include upper respiratory infections, yeast and bacterial infections, eczema, food and environmental allergies, allergic rhinitis, plagiocephaly, torticollis, and anemia.

Management of Adult Patients with Complex Medical Issues

- **Preceptor:** Raymond Dann PA-C, Graybill Medical Group
- **Description of Site:** This clinical site is an outpatient primary care clinic associated with a large medical group that specializes in preventative medicine and management of complex medical issues in Escondido, CA. Patient population include a majority of Caucasian and Hispanic patients from low to middle socioeconomic classes. Common medical diagnoses treated include hypertension, hyperlipidemia, diabetes mellitus, heart disease, kidney disease, and chronic respiratory illnesses.

Family Primary Care

- **Preceptor:** Ann- Margaret Asher FNP-C, Huntington Family Practice
- **Description of Site:** This is private, outpatient primary care clinic located in Pasadena, CA. It specializes in preventive care, management of chronic disease, and weight management counseling. Patient population include a majority of Caucasian and Hispanic patients from middle to upper socioeconomic classes. Common medical diagnoses treated include hypertension, obesity, hyperlipidemia, allergies, dermatitis, diabetes mellitus, heart disease, kidney disease, and chronic respiratory illnesses.

PROFESSIONAL EXPERIENCE

KAISER LOS ANGELES MEDICAL CENTER, Los Angeles CA

Telemetry and Medical- Surgical Registered Nurse August 2018-Present

- Provided complex nursing care to patients post chemotherapy and undergoing orthopedic, bladder, maxillary, and gastrointestinal surgeries.
- Assessed and monitored patients with chest pain, sepsis, and alcohol withdrawal.
- Managed chest tubes, TPN/lipids, continuous bladder irrigations, JP drains, ostomies, and nephrostomy tubes.
- Completed individualized and specific patient-centered education for health maintenance and prevention.

SHERMAN OAKS HOSPITAL, Sherman Oaks CA

Telemetry and Medical- Surgical Registered Nurse January 2015- June 2017

- Managed and coordinated individualized patient- centered care for individuals with urinary tract infections, pneumonia, chest pain, cellulitis, sepsis, congestive heart failure.
- Monitored patients after orthopedic and gastrointestinal surgeries.
- Orientated and trained new registered nurse employees.
- Experienced shifts in the emergency room, direct observation unit, geropsychology, and employee health.

COMMUNITY SERVICE

The Discovery Charter School, Rochester NY January 2014-May 2014

- Developed a health fair to teach students how to brush their teeth, the relationship between exercise and heart health, and the importance of sleep.

University of Rochester Street Medicine, Rochester NY August 2013-December 2013

- Provided medical care, food, hygiene packs, and shelter resources to the homeless population through collaboration with medical students and social workers.

Patient Services of Good Samaritan Hospital, San Jose CA February 2011-December 2012

- Fostered therapeutic relationships with patients and families to ensure the best quality of care.

Ethnic and Cultural Communities Advisor, San Jose CA August 2011- December 2011

- Consulted with the advisory board to develop a film about mental health and the associated stigma.

Student Caregiver of Yu-Ai Kai, San Jose CA August 2011- December 2011

- Executed recreational activities for adults with a variety of health issues including depression.

San Francisco Forty-Niner Foundation Health Forum, San Jose CA December 2011

- Delivered a speech for local athletic trainers on Methicillin-Resistant Staphylococcus Aureus and its effect on collegiate athletics.

HONORS/AWARDS

University of Rochester, Rochester NY

- Sigma Theta Tau Epsilon Xi April 2014-April 2016

San Jose State University, San Jose CA

- National Society of Leadership and Success January 2011-Present
- Scholar- Athlete May 2009-May 2011
- Athletic Scholarship NCAA Division one, Women's Water Polo August 2008-May 2011

REFERENCES

Ann-Margaret Asher, DNP, FNP-BC, annasher1201@gmail.com

Michelle P. Zappas, DNP, FNP- BC, zappas@usc.edu

Theresa Anne Granger, DNP, FNP- BC, tgranger@usc.edu

