

Jessica Tabares, MSN, FNP-BC

5302 Premiere Ave Lakewood, Ca 90712|562-522-3451|jtabares05@gmail.com

Objective

- Seeking a position as a Family Nurse Practitioner in a facility with partnership of collaborating medical staff and opportunities for professional growth.

Education

MSN/FNP | SPRING 2019 | Azusa Pacific University (GPA 3.8)

- Major: Family Nurse Practitioner
Related research project: *Depression in Primary Care*
Grants: ANEW Residency (a program dedicated to providing care for underserved clinics)
Sigma Theta Tau Award

BSN | MAY 2013 | UNIVERSITY OF PHOENIX (GPA 3.8)

- Major: *Nursing*.

Work Experience

KAISER PERMANENTE MEDICAL GROUP | BELLFLOWER/DOWNEY EMERGENCY DEPARTMENT | Aug 2012-PRESENT

- Primary care of medical, surgical, obstetric, and trauma patients. Age-specific competency for all age groups.
- Collaborate with physicians, and other disciplines to manage patient care
- Roles include patient education, Task delegation, problem solving, multi-tasking and utilizing critical thinking skills to provide the best possible care in a timely manner
- Preceptor of experienced and new graduate nurses through extensive clinical phase of training. Psychomotor and didactic instruction.

Computer Skills include:

Epic/Hyperspace Electronic Health Record Systems and EMAR

Harbor UCLA MEDICAL Center Aug 2009- Dec 2012

Pediatric Trauma Nurse- Care for children of all ages in a high acuity high stress level job with many ER physicians and specialists to treat acute and chronic conditions

Clinical Experience in Advanced Practice Primary Care

Clinical Mentor: Monica Diaz, PA-C, Bella Medical Group, South Gate

- Young Family rotation, Spring 2018, 135 hours
- Adult and Aging Family rotation, Summer 2018, 135 hours
- Childbearing Family rotation, Fall 2018, 90 hours
- Transitions Across the Care Continuum rotation, Spring 2019, 90 hours
- Clinical Practicum rotation, practitioner pending, Spring 2019, 92 hours

Certifications

- California Nurse Practitioner License # pending | California Registered Nurse License #, exp. 11/2021/ ACCC certification #2019051379
- NPI # pending, DEA # pending |
- CEN 2014, CCRN 2014, TNCC 2015, ENPC 2017 | ACLS Instructor exp. 4/2021, PALS exp. 1/2021, BLS exp. 7/2019

Professional Affiliations: AANP, AHA, ANA, ENA, Sigma Theta Tau, UNAC

References - Emily Palacio FNP-C (562) 455-8836, Monica Diaz PA-C (562) 305-1573