

SASHA PAYNE

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281.687.7100 | stand4something@live.com

REGISTERED NURSE

Specialty Nursing Skills | Medical Team Support | Quality Patient Care

Sasha Payne
Registered Nurse

To Whom It May Concern:

I am very interested in the position of registered nurse as advertised and I believe that I am an ideal candidate for this role and would make an outstanding contribution to your organization. My enclosed resume reflects a track record of experience successfully demonstrating specialty nursing care procedures and protocols to assist attending physicians in accurately treating a disease or injury.

I have taken full advantage of my clinical experiences these past 4 years. I have witnessed the importance of cultural competence, ethics, and beneficence. As a result, I demonstrate the capability of building relationships and trust with the people who have placed their well-being in my hands.

Highlights of my skills and expertise include:

- ◆ Performed patient assessments and documented vitals and medical histories.
- ◆ Answer patient inquiries and provide for medication and patient care.
- ◆ Assume shift oversight and accountability for plan of care. Performed Medicare/Medicaid unit duties, including admission assessments, long-term care, post-operative and rehabilitation care, Accucheck care, insulin administration, wound care, catheter care, intake/output care, and immunizations.
- ◆ Participated in care plan development/implementation.
- ◆ Performed broad range of medical tasks, including IV catheter insertion, IV drips, incentive spirometry, suctioning, urostomy care, seizure response, and bladder irrigation.
- ◆ Administered narcotics.

I am committed to enhancing my professional development through continuing education programs, conferences, workshops, and other individual training opportunities. I am excited to be expanding my nursing knowledge as I pursue my Bachelor of Science in Nursing. My dedication and training along with a challenging, supportive environment will yield opportunities where I may continue to grow in nursing as well as contribute to the company and its endeavors in the community.

Warmest Regards,

Sasha Payne RN ADN
281-687-7100
Stand4something@live.com

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REGISTERED NURSE

Specialty Nursing Skills | Medical Team Support | Quality Patient Care

Registered Nurse candidate with demonstrated experience applying specialty nursing knowledge and skills to ensure comfort and care for patients and their families. Participates in assessing, planning, implementing, and evaluating proposed nursing care. Observes and records vital signs, symptoms, and behavior of patients. Documents medical history. Follows attending physician's orders implicitly; safely and accurately administers medications and treatments. Complies with legal, hospital/facility, department policies and procedures, and established standards of nursing care and practice. **Key skills include:**

- Specialty Nursing Care
- Patient Education & Support
- Medical Consultation
- Medication & Treatment
- Infection Control
- Isolation Procedures
- Assessment & Observation
- Wound Care
- Medical Team Support

CAREER HISTORY

SECURE NURSING REGISTRY,

LOS ANGELES, CA.....
...**11/2016 to Present**

Emergency Department Registered Nurse

- ◆ Perform emergency medical procedures, such as basic cardiac life support (BLS), advanced cardiac life support (ACLS) as needed for patient stabilization.
- ◆ Identify acute or chronic conditions and recognize potential for rapid physiological deterioration or life-threatening instability.
- ◆ Administer blood product infusion, pharmacological intravenous infusions for therapeutic response or adverse reactions.

MEDCOR, CULVER CITY, CA..... **11/2016 to 3/2018**

Registered Nurse

- ◆ Administer initial care to injured employees and provide health care
- ◆ Act as client liaison by participating in studio medical surveillance programs, providing educational offerings per client contact, conducting, and participating in the studio's safety and disaster teams.
- ◆ Manage clinic operations, including patient care, documentation, supply and equipment maintenance

PARTNERS IN CARE, SAN FERNANDO, CA.....**6/2016 to 11/2016**

Registered Nurse

- ◆ Successfully recommended and documented patient programs based upon needs and risks identified during assessment.
- ◆ Collaborated, assessed, evaluated, and advocated for various options and services to meet and individual and family's comprehensive health needs through communication to determine needs for available resources.

ATC-WEST HEALTHCARE, SANTA MONICA, CA.....**5/2015 to 4/2016**

Emergency Department Registered Nurse

- ◆ Experience with Pyxis medication distribution system and computer charting-E-chart and PCIS.
- ◆ Management of care under contact, droplet, and airborne precautions.
- ◆ IV starts, pushes, drips, 12-lead EKG, cardiac monitoring, blood monitoring, transfusions, central line care, defibrillations, and codes.

BE WELL NURSING REGISTRY, GLENDALE, CA.....2/2015 to 5/2015

Registered Nurse

Set up, operate, or monitor invasive equipment and devices such as urostomy or tracheostomy equipment, mechanical ventilator, catheters, gastrointestinal tubes and central lines.

- ◆ Distinguish between normal and abnormal developmental and age-related physiological and behavioral changes in acute and chronic illness.
- ◆ Manage patients' pain relief and sedation by providing pharmacologic and non-pharmacologic interventions, monitoring patients' responses, and changing care plans accordingly.

PARTNERS IN CARE, SAN FERNANDO, CA.....11/2014 to 3/2015

Registered Nurse

- ◆ Excelled in health promotion, self-harm prevention, sustaining a therapeutic environment, and psycho-education for the geriatric population.
- ◆ Exceptional communication skills that encourage patient involvement, promote autonomy, motivate staff and gain colleague cooperation.
- ◆ Instrumental in providing MSSP services and education to clients and families regarding medication, illness management, self-care, alleviating concerns and gaining trust.

PARK PLACE CARE CENTER, Georgetown, TX.....4/2014 to 7/2014

Charge Nurse

- ◆ Performed patient assessments and documented vitals and medical histories.
- ◆ Answer patient inquiries and provide for medication and patient care.
- ◆ Assume shift oversight and accountability for plan of care. Performed Medicare/Medicaid unit duties, including admission assessments, long-term care, post-operative and rehabilitation care, Accucheck care, insulin administration, wound care, catheter care, intake/output care, and immunizations.
- ◆ Participated in care plan development/implementation.

REGENCY VILLAGE CARE CENTER, Austin, TX.....4/2014 to 7/2014

Charge Nurse

- ◆ Collaborated with various medical professionals to coordinate, monitor, and administer patient care.
- ◆ Performed broad range of medical tasks, including IV catheter insertion, IV drips, incentive spirometry, suctioning, urostomy care, seizure response, and bladder irrigation.
- ◆ Administered narcotics.

MAGNOLIA EMS, Houston, TX.....7/2012 to 2/2014

EMT-Basic

- ◆ Responded to emergency and non-emergency calls, delivering quality patient care and service within the scope of practice, established protocols, and company policies.
- ◆ Documented vitals, monitored blood glucose, and performed airway management and first aid as needed.
- ◆ Observed c-spine precautions and leveraged AED knowledge.

LEGACY EMS, College Station, TX.....4/2011 to 9/2011
EMT-Basic

- ◆ Provided care and transportation for sick and injured patients.
- ◆ Performed patient care that included body substance isolation, bandaging wounds extremity immobilization.
- ◆ Performed duties in compliance with company protocol and safe patient transferring practices.

PROFESSIONAL ASSOCIATIONS

Member-Texas Nurses Association

EDUCATION & CREDENTIALS

Attending RN to BSN program

University of Texas at Arlington, Arlington, TX

Associate Degree in Nursing (2012-2013)

Kilgore College of Nursing, Kilgore, TX

Associate of Arts (2004-2008)

Houston Community College System, Houston, TX

Associate of Arts (2008-2010)

Houston Community College System, Houston, TX

License: California #95043656 (Expiration 1/31/2020)

EMT-Basic Certification 2009-Houston Community College System

Basic Cardiovascular Life Support for Healthcare providers (3/2017-3/2019)

Pediatric Advanced Cardiovascular Life Support (03/2017-03/2019)

Advanced Cardiovascular Life Support (03/2017-03/2019)