

# Carrie Walker, BSN, RN

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## Objective

I am seeking opportunities in the mental health field which would allow me to use my background in critical care to holistically treat patients. I am a highly motivated and adaptable registered nurse with several years of experience in adult critical care. I have experience working in a fast-paced, ever-changing environment. I have found that the ability to calmly multitask and complete a wide variety of responsibilities while navigating many variables and potential stressors is key to providing quality patient care. I am told that I work well with others and that I have a calming effect on patients and their families.

## Education

**Bachelor of Science in Nursing**, Marian University **August 2016**  
Accelerated Marian University BSN program, summa cum laude, cumulative GPA 3.8

**Bachelor of Science in Agriculture and Environmental Science**, University of Georgia **1998**

## Certifications

- Registered Nurse, State of Tennessee, current
- Basic Life Support, American Heart Association, expires 2/2021
- Advanced Cardiac Life Support, American Heart Association, expires 2/2021
- National Institute of Health Stroke Scale (NIHSS)

## Organization Membership

- Student Nurses Association (SNA)
- Mentor for new students
- Sigma Theta Tau International (STTI)

## **Registered Nurse, St. Thomas Hospital Nashville**

**November 2016–current**

- Care for up to three patients per shift with acute neurological disorders, including: strokes, traumatic head injury, and spinal surgeries. Administered tissue plasminogen activator (tPA) and monitored patients for potential complications. Care for patients post MER and coiling. Monitor intracranial pressure (ICP) using external ventricular drain (EVD). Ability to achieve appropriate blood pressure by titrating nicardipine or labetalol.
- Care for up to two patients per shift with acute and/or chronic cardiac disorders including: congestive heart failure, multi-vessel disease, and heart valve disease. Recover patients post coronary artery bypass surgery and post abdominal aortic aneurysm repair. Closely monitor blood pressures and titrated vasopressors and inotropes to achieve desired hemodynamic goals. Familiar with titrating: norepinephrine, vasopressin, phenylephrine, epinephrine, dobutamine and milrinone. Proficient at hemodynamic monitoring using Swan-Ganz catheter and arterial line. Assisted physician at bedside in placing Swan-Ganz, arterial line and vas-cath. Ability to pull sheaths post cardiac cath.
- Care for patients going through alcohol and or drug withdrawal. Communicate with medical team to develop best plan of care for patients with multiple co-morbidities. Provided holistic patient care and educated patient and family on medications, treatment plans and goals.
- Trained in continuous renal replacement therapy (CRRT). Ability to care for vented patients and monitor sedation. Placed dobhoff tubes using Cortrack machine
- Interacted with families of patients in very challenging circumstances.
- Handle emergency situations on a regular basis.
- Preceptor for new nurses. Recipient of the Daisy Award from preceptee.

## Additional Medical Experience

### **Nursing Care Partner/Nurse Extern – St. Thomas West, Nashville, TN November 2015 – November 2016**

- Provide routine patient care and assist nursing staff

- Responsible for patient VAP care, bathing, Foley care, ADLs, linen changes, post mortem care, vital signs, blood sugar checks, discontinuing arterial lines and peripheral IVs
- Assist nursing staff with patient transport, walking and repositioning using lift
- Monitor phones and doors to unit
- Restock nurse servers, patient rooms and line cart
- Perform basic clerical duties such as electronic charting, printing and maintaining patient charts and data

**Siloam Family Health Center**

**2015–2016**

Volunteer work at family health clinic. Provide refugee health clinic support. Assist nursing staff in performing initial health screening by measuring height, weight and performing eye screening for vision.

- Trained in working with medical translators and patients from a wide variety of cultures
- Culturally competent and frequently assist patients who have no knowledge of the English language
- Proficient at charting and routine paperwork

**Other Career Experience: Large Animals Management and Farming**

**Horse Groom, Polo and Fox Hunt, United States, Canada and United Kingdom 2005 to 2012**

Seasonal Rotation. Employer details available upon request.

- Was responsible for the overall fitness for as many as 18 horses at one time.
  - Developed and implemented daily health review procedures, including in-depth tendon analysis, stress levels, respiratory changes and general body condition.
  - Managed all dietary needs and restrictions for peak competitive performance and overall health.
  - Implemented High-Goal athletic training procedures and analyzed individual training needs.
- Supervised all veterinary relationships, injury detection, and implemented all necessary treatment.
  - Analyzed injury to determine immediate course of action and administered first stages of care.
  - Strategized with veterinarians to determine best course of care including drugs, physical therapy, and more invasive options.
  - Strong understanding of commonly used equine pharmaceuticals, procedures and impact of care. Keen insight on negative interactions and side effects of treatment.
- Managed a wide variety of personal relationships including, team owners/sponsors, professional players, vendors and staff. Skilled at managing difficult and high stress situations, negotiated cross-culture relations.

**Cooley Dairy Farm, Lancaster, Wisconsin and Colbert, Georgia 1996 to 2005**

**Owner**

- Supervised all business operations and managerial procedures for improved production and profits.
  - Modernized all company financial, milk production, breeding, and maintenance records and record keeping processes.
  - Implemented strict operational procedures to maintain high standard of cleanliness for USDA A label rating.
  - Maintained strict budgeting controls with a low degree of variance in a high fuel volatility environment.
  - Supervised and trained all dairy staff to ensure higher probability, conformity to procedures and a high quality product.
- Was responsible for all aspects of cattle production, reproduction, and medical care.
  - Improved overall herd milk production by 5% and genetics by implementing an artificial insemination breeding program.
  - Reduced somatic cell count in dairy herd, therefore increasing the value of milk sold by updating procedures and processing.
  - Reduced death loss to less than 3% in young stock by implementing more precise vaccination procedures, improving sanitation, and upgrading housing.
  - Identified and eliminated, with aid of veterinarian, source of antibiotic resistant pinkeye strain in herd.

**Other Career Experience: Administrative**

**Administrative Assistant – Vanderbilt University, Nashville, TN, September 2014 – May 2015**

- Support for faculty and students in foreign language department
- Maintained student and graduated student records
  - Assisted students with registration, travel documentation, reimbursements, and awards
  - Responsible for initiating work visas for visiting professors
  - Responsible for faculty and graduate students' expense and travel reports
  - Updated and maintained department web page
  - Coordinated paper work for PhD students
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**Administrative Assistant – Discount Tire Company, Nashville, TN, January 2013 – September 2014**

- Responsible for a wide variety of tasks for rapidly growing tire retailer.
  - Coordinate all travel, meetings, and event arrangements
  - Organized, sorted, and assigned mail distributions for all stores.
  - Performed basic human resource functions, including background checks and drug screening for new hires, monitored employee status for over 300 employees.
- Used computer and multiple programs for routine analysis, calculations of data, tracking expenses, and research.
  - Updated office procedures to digitally save invoices.
  - Effectively reduced expenses by researching and identifying unnecessary costs.
- Was an excellent customer service specialist and receptionist.
  - Quickly and effectively resolved problems.
  - Facilitated communication between the regional office, stores and the corporate office.