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## **Summary**

Registered Nurse with critical care experience in an Emergency Department setting demonstrating increasing responsibility.

## **Areas of Expertise and Clinical Skills**

- Experience with the care of medical emergencies such as stroke, codes, defibrillations, sepsis, seizure, MVA, head injury, drug overdose, psychiatric events, orthopedic injuries and others. Triage of ambulance admissions. Assess and stabilize patients with efficiency and accuracy.
- Experience with Pyxis medication distribution machines, electronic charting software Epic Systems, CareConnect Health Information Exchange Software and CareFusion patient identification software.
- Highly proficient clinical skills include: IV starts, pushes, IV sedation and other critical care drips, 12-lead EKG, cardiac monitors, nasogastric tubes, straight and indwelling urinary catheters, blood transfusions, diabetes management, central line care, arterial line care, port-a-cath care, mechanical ventilation, PEG tube therapy, pain management and assisting physicians with bedside procedures.
- Management of care under contact, droplet and airborne isolation precautions.
- Ensuring effective patient education in areas of diagnoses, medication and follow up of care.
- Ability to prioritize and multi-task in fast-paced environments.
- Strong attention to detail and data collection for quality assurance.
- Excellent verbal and written communication skills.

## **Professional Experience**

July 2017 – Sept. 2019      **Emergency Department Nurse**  
Texas Health Resources HEB  
Bedford, TX

Cared for patients in a Trauma level: III, 40-bed Emergency Department, certified by The Joint Commission for Chest Pain and Heart Failure, and as a Primary Stroke Center, serving patients and their families with compassionate care and high quality customer service. Collaborated with all members of the interdisciplinary team including physicians, therapists, social workers, pharmacists, radiology personnel, paramedics, nurse practitioners and others.

Nov. 2015 – July 2017      **Nurse Extern**

Texas Health Resources HEB  
Bedford, TX

Cared for patients under direct supervision of nurses and physicians in a Trauma level: III, 40-bed Emergency Department. Skills included IV start, nasogastric tube placement, straight urinary catheter, splinting, transporting and assisting physicians with bedside procedures.

2012 – 2015

**Admissions Specialist**

Texas Health Resources HEB  
Bedford, TX

Worked in Patient Access Services to register patients in the Emergency Department, including triage and ambulance admissions, record demographic information and insurance benefits; compose and collect an estimation of services. Experience with staff training.

2009 – 2012

**Senior Technician**

Colleyville Physical Therapy  
Colleyville, TX

Worked under direct supervision of PTs and PTAs, actively engaged with patient education, reported patient outcomes, prepared and applied therapeutic modalities including ultrasound, electrical stimulation, heat-cold treatment. Experience with both staff and patient scheduling and training.

## Education

Aug 2019      Currently enrolled in RN to BSN program.    Expected completion 2021.  
American Sentinel University  
Online, Denver, CO

May 2017      **Associate of Applied Science in Nursing**  
Tarrant County College  
Fort Worth, TX

2007            **High School Diploma**  
Grapevine High School  
Grapevine, TX

## Certifications

- Registered Nurse - Texas, license # 925939, expires: 03/31/2021.
- Basic Life Support (BLS)
- Advanced Cardiac Life Support (ACLS)
- Cardiopulmonary Resuscitation (CPR)
- Crisis Prevention Institute (CPI)
- Trauma Nursing Core Course (TNCC)
- Emergency Nursing Pediatric Course (ENPC)

- National Institute of Health Stroke Scale certification (NIHSS)