

Kara Willden

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Registered Nurse Experience

THR Presbyterian Hospital Flower Mound Emergency Dept. Sept 2018 - Present

- Total patient care and triage in 12-bed acute Emergency Dept.
- Provide safe care of patients in the acute-care setting.
- Responsible for patient assessment and communicating with other members of the team.
- Protect the patient's safety and rights while serving as a patient advocate.
- Deliver patient education geared to individual needs.
- Assist physicians with procedures and consults to develop and integrated plan of care.

Medical City Denton Emergency Dept., Level II Trauma Center April 2011 - Sept 2018

- Provide safe care of patients in the acute-care setting.
- Responsible for patient assessment and communicating with other members of the team.

- Critical Care/Trauma Team Member
- Unit Practice Council Chairperson
- Nurse Quality Council member

Seymour Hospital, Seymour TX

Surgery Department Manager/Trauma RN April 2010-April 2011

- Manager of Surgical department, in charge of scheduling and productivity as well as ordering supplies
- Perioperative care RN for minor outpatient procedures, and major OB/GYN surgeries
- On-Call to assist with any and all traumatic ED patients arriving to rural critical care access facility

Utah Valley Regional Medical Center, Provo, UT

RN Critical Care/Emergency Dept June 2008-March 2010

- Care for patients in the medical, surgical and cardiac intensive care units as part of float pool
- Emergency Department staff nurse in Level II Trauma center
- Total patient care with emphasis on critical patients suffering from multi-system illness

Education

Master of Science - Family Nurse Practitioner Dec 2019
Texas Woman's University, Denton, TX

Bachelor of Science in Nursing, Magna Cum Laude 2014
University of Texas at Arlington, Arlington, TX

Associates Degree in Nursing, Honors 2008

Vernon College, Vernon/Wichita Falls, TX

Licensed Vocational Nurse, High Honors
Vernon College, Wichita Falls, TX

2005