

# Janet Schramek

BSN, RN, CPAN

Aurora Il

630-204-1409

[SchramekJ20215@gmail.com](mailto:SchramekJ20215@gmail.com)

## **License**

Registered Nurse – Arizona: **RN 233853**

Illinois: 041264849 (Expires 5/2020)

## **Professional Statement**

!3+ years' experience in PACU and cross trained in Ambulatory Surgery. Provided excellent, compassionate patient centered care to patients throughout the entire life span. Has Critical Care experience in surgical, trauma, and Neuro ICU. Detail orientated. Strong critical thinking skills though monitoring, anticipating and proactive decision making to take care of patients with wide ranging, and complex medical conditions.. Delegated tasks when appropriate while supporting members of health care team to provide excellent patient care. Provided excellent patient and family instruction and education to encourage and attain self-care at home in a culturally sensitive process. Has experience in patients with ventilators, chest tubes, central lines, arterial lines, and EVD.

Knowledgeable in EPIC EHR including OpTime used in surgery/anesthesia and possesses excellent communication skills. .

Recipient of Daisy Award 10/2018

## **Certifications:**

Certified PeriAnesthesia Nurse – CPAN 10/13- Current

ACLS (Advanced Cardiac Life Support – AHA) Expires 7/2020

PALS (Pediatric Advanced Life Support – AHA) Expires 3/2021

BLS (Basic Life Support - AHA) Expires 7/2020

## **Work Experience**

Registered Nurse, PACU & Ambulatory surgery , Northwestern Medicine Central DuPage Hospital:  
3/2006-Present

A 392 bed, Level 2 trauma, Magnet Designated Hospital. Part of Northwestern University Medical system.

Unit specific information with populations served: 30 bed Preop/ Ambulatory and 23 bed PACU in West Surgery Department which provides care for both outpatient and inpatient surgeries/ Radiology procedures including Critical Care patients. Patient population includes complex Robotic Abdominal, Thoracic, Genealogical & Urologic surgeries, and Deep Brain Stimulators, Care is provided for the entire life span of ages. An average of 40-45 cases per day though PACU.

Registered Nurse: Substitute School Nurse: School District 308 Oswego, IL 2003-2005

Assessed and treated as appropriate, students in the Elementary and Jr High schools. Per student's MD instructions, Medication as administered during the school day

Staff Registered Nurse: Surgical/Trauma ICU Advocate Christ Medical Center 3/2001-11/2001

Hospital is a Level 1 Trauma Center near West side of Chicago. Assessed, planned and implemented care of the complex Surgical and Trauma patient in coordination with other members of the healthcare team. Care was provided to ages ranging from older teenager through adult. Care included patients of Continuous Kidney Dialysis. Responded to Cardiac Arrests as part of the Code Blue team throughout the hospital.

Staff Registered Nurse Hobson Meadows Family Medicine 5/1999-1/2001

Busy family practice office. Triage patients on phone communicated test results and refilled prescriptions under physician direction. Prepared patients for physician visit with vitals, medication reconciliation, and illness history. Assisted Physician with procedures in office including Vasectomy and Flexible Sigmoidoscopy

Staff / Charge Registered Nurse Neuro ICU/Neuro Unit Loyola University Medical Center 7/1991-11/1997

Cross trained and worked in both regular unit and ICU providing care to patient with wide ranging Neurological conditions and surgeries. These included brain aneurysms, stroke, and spinal surgeries. Care assignment was 6-7 beds per shift. Assessed, planned and coordinated care for patients and involved families during hospital stay. Supervised and delegated Care techs assigned to patients

### **Education:**

Bachelor Degree in Nursing (BSN ), Saint Mary's College

### **Professional Organization Memberships:**

Member of American Society of PeriAnesthesia Nurses (ASPAN) and Illinois Society of PeriAnesthesia Nurses (ILSPAN)

References: Available upon request.