## JANICE FLORIA VALLEDOR, BSN, RN

16250 Homecoming Dr., Unit 1159, Chino, CA 91708 Email: jfvalledor@yahoo.com Mobile: 909-331-2593

## **Work Experience**

- October 09, 2016 present: Emergency Room CN, San Dimas Community Hospital – 1350 W Covina Blvd, San Dimas, CA 91773: Phone: 909-599-6811
- September 14, 2009 October, 2016: Emergency Room RN/CN, Montclair Hospital Medical Center 5000 San Bernardino St., Montclair, California 91763 Phone: 909-625-5411
- July, 2000 March, 2001/ October, 2001 February, 2004/September 2004 January 2009: NICU RN, Armed Forces of the Philippines Medical Center (A Tertiary Medical Facility with 1,200 bed capacity catering to Military patients and dependents) V. Luna Road, Diliman, Quezon City, Philippines Phone: (011)632426-2701 et 6330/6220
- December 1999 June 2000: ADULT ICU RN, Armed Forces of the Philippines Medical Center V. Luna Road Diliman, Quezon City, Philippines Phone: (011)632426-2701
- March 2004 August 2004 : Pediatrics RN, Armed Forces of the Philippines Medical Center
- April 2001 September 2001 : Obstetrics and Gynecology RN, Armed Forces of the Philippines Medical Center

## **Objective**

To obtain a Staff Registered Nursing position in a challenging and progressive Acute Hospital Environment.

## **Summary of Qualifications:**

## **Emergency Department RN**

- Triage Assessing patient's injuries/condition upon reception. Prioritizing patient's injuries and order in which they will receive treatment. Catalog the patient's general health by checking heart rate, listening for breathing problems and finding out if patient is on any medication. Checking weight, temperature, respirations and blood pressure. Sorting of and allocation of treatment to patients according to their level of acuity.
- 2. Responsible for recording patient's symptoms so Doctor may review the patient's documents before he sees them.
- 3. Assisting doctors during emergency situation/tense situation and offer comfort to patients experiencing symptoms of shock. Starting IV line, blood draws, and preparing patients for ordered procedures.
- 4. Responsible for carrying out the care plan the doctor prescribes.
- 5. Administering medications IV, inject shots and explain discharge instructions to patients and family.
- 6. Transferring patients to rooms: ICU, Telemetry, Medical Surgical Unit, L and D and OR. Transferring patients to other hospitals/facilities for higher level of care.

## **Emergency Department Charge Nurse**

- Responsible and accountable to the department Director for the quality of nursing staff and delivery of patient care during shift and assists the Director in the daily operation of the respective unit/department.
- 2. Provides direct communication with the Director and/or House Supervisor of unanticipated patient care events and/or risk management responsibilities within patient care units.
- 3. Utilizes nursing personnel effectively, assisting with required scheduling, staffing and assignments; provides direction, supervision and evaluation of staff and/or staff education as necessary.
- 4. Assists with performance evaluations, discipline of staff and other related HR activities as needed.
- 5. Assesses supplies and equipment availability, ensures their proper use and functionality and assists in the daily maintenance of par levels.
- 6. Collaborates with other department managers/supervisors to ensure both coordination of services to patients; enhanced patient flow within the facility and efficient admission/discharge/transfer processes
- 7. Assess patient care delivery and quality of care/documentation on a consistent basis; directs staff members to make immediate change of plan of care, as appropriate to ensure patient safety and adherence to regulatory guidelines, hospital policies,

- procedures, protocols for clinical pathways and notifies department Director, House Supervisor and/or Medical Staff as appropriate utilizing the chain of command.
- 8. Interviews patients/families on admission and during rounds to enhance positive patient experiences, provide comprehensive orientation to the patient care unit and increase patient/family awareness on how to access services and/or the charge nurse, if necessary.
- 9. Performs direct patient care within scope of practice and clinical competency to ensure patient safety and patient/nurse ratios.

### **Neonatal Intensive Care Unit RN**

- 1. Level 111 providing service to critically ill premature and term neonates with complex medical problems, respiratory illness, management of neonates with congenital heart disease, and those with general and complex surgical issues.
- 2. Managed neonates on incubators and ventilators
- 3. Assisted physician with replacement and removal of central lines, endotracheal tube, lumbar punctures, cord cannulation.
- 4. Have participated in numerous situations wherein lifesaving measures where necessary. IV pushes medications such as epinephrine.
- 5. Recognized to deliver efficient nursing care to patient within the assigned area.
- 6. Able to identify patient needs, given direct care and evaluation of nursing care.
- 7. Able to perform well in meeting the patient's needs and instituted remedial actions when appropriate as well as making immediate referrals to physicians when most needed.
- 8. Acted as senior when delegated, dependable and responsible in any way.

#### **Critical Care RN**

- 1. Assessed and cared for critically ill patients.
- 2. Maintained patients on ventilators.
- 3. Cared for patients with multi- system failures.
- 4. Interpreted cardiac monitor strips.
- 5. Managed and calculated medication drips: Dopamine, Dobutamine, Heparin, Cardizem, etc.
- 6. Assisted physicians with placement and removal of central lines, bronchoscopy, chest tube placement and endotracheal intubations.
- 7. Have participated in numerous situations wherein lifesaving measures where necessary. Use of defibrillators, IV pushes medications such as: Epinephrine, Atropine, Lidocaine, etc.
- 8. Recognized for willingness to pursue and utilize new ideas and professional knowledge and skills.

- 9. Outstanding organizational abilities, able to perform well under pressure with attention to detail and accuracy.
- 10. Excellent communication/interpersonal abilities developed through previous work experiences and within professional health care settings. A cooperative team player who is a self-motivated individual hat takes pride in being dependable, stable and efficient.

### **Pediatrics RN**

- 1. Level 111 PICU providing service to patients with complex medical problems and respiratory illness.
- 2. Managed medication drips, IV pushes medications such as antibiotics, analgesics, anticonvulsive agents and performed chemotherapy as ordered.
- 3. Administered blood and other blood products as ordered.
- 4. Assisted physicians during patient examinations, carry out legal orders well and put them in proper documentation.
- 5. Assisted physicians with endotracheal tube insertions, replacement and removal.
- 6. Ensured the delivery of quality nursing care services, striving to efficiently integrate nursing care into patient's interdisciplinary treatment programs.
- 7. Instituted proper hospital policies and procedures within assigned area.
- 8. Performed activities promoting successful cooperation from patient's significant others in performing their roles in therapy such as mother's class.

# **Obstetrics and Gynecology RN**

- 1. Assessed and cared for patients in the stages of pregnancy, childbirth and puerperium. Collects data, makes proper documentation regarding patient's status and well-being and reports information appropriately to the physician.
- 2. Implemented therapeutic interventions ordered by the physician and established patient's plan of care.
- 3. A cooperative health team member that maintained a good working relationship with other hospital personnel.
- 4. Instituted proper hospital policies and procedures within assigned area. Participated in breastfeeding programs and policies of the hospital.

#### Education

1991 – 1995 : University of Northern Philippines

Vigan City, Ilocos Sur, Philippines

BACHELOR OF SCIENCE IN NURSING (BSN)

#### **Certifications and Licenses:**

- 1. Registered Nurse License in the State of California
- 2. American Heart Association: Basic Life Support (BLS) expires 2021
- 3. Advanced Cardiovascular Support (ACLS) expires 2020
- 4. Pediatric Advanced Life Support, expires 2020
- 5. Emergency Nursing: February 12, 2011 through March 19,2011
- 6. Dysrhythmia interpretation and therapeutic modalities
- 7. Triage and EMTALA Guidelines for ER: September 15,2010
- 8. Assaultive Behavior Management
  - 9 .Charge Nurse Development Certification- June 28,2016

#### Member

American Nurses Association – ANA/California

(ID: 03405771)

Emergency Nurses Association - Member # 1659055