

MARY JANE SALES

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REGISTERED NURSE

Dedicated and patient focused registered nursing professional offering comprehensive experience within the hospital and long-term care settings. Meticulous regard for detail and accuracy with strong follow-through and administrative skills. Maintain composure, and make sound decisions in fast paced, unpredictable, and stressful environments. Interface seamlessly with doctors, specialized support services, pharmacists, code teams, patients and visiting families. Resourceful in perceiving and resolving problems. Clear communicator, both written and oral. Without fail, projects a polished, confident and professional demeanor.

AREAS OF EXPERTISE

- *Critical Care*
- *Emergency Care*
- *Direct Patient Care & Planning*
- *Symptoms Management*
- *Rapid & Focus Assessment*
- *Attention to Detail*
- *Service Minded*
- *Pre-& Post-op Care*
- *Electronic Medical Recording*
- *Wound Dressing & Care*
- *Organizational Skills*
- *Communication Skills*
- *Prioritize Workload*
- *Medication Administration*
- *Physical Examination*
- *Data Collection*
- *Critical Thinking Skills*
- *Patience*

EXPERIENCE

South Coast Global Medical Center, Santa Ana Registered Nurse, BSN, January 2019 - Present

- Reacted effectively in emergency scenarios, demonstrating sound decision-making that helped saved patient lives.
- Collaborated with other ER professionals to ensure effective patient care delivery-Identified patients' condition and addressed nursing care.
- Assisted in the efficient operation of Emergency Room unit- Performed various medical assignments as required.
- Utilize strong assessment skills to determine necessary patient care.
- Evaluate patient care needs, prioritize treatment to maintain patient flow.
- Supervised nursing and other health care personnel during a shift.
- Consulted and coordinated directly with physicians to assess, plan, implement, monitor, and evaluate patient care plans from admission through discharge.
- Monitored, recorded and reported symptoms and changes in patients' conditions.
- Instructed individuals and families on topics such as health education, disease prevention and management, and developed health improvement programs.
- Prepared patients for, and assisted with, examinations and treatments.
- Assessment and placement of patients as a triage RN.

- Identified and met patient/family learning and discharge needs upon admission through discharge; executed necessary trauma, emergency and rapid assessment processes while providing comfort and care to patients and families in emergency situations.
- Performed focused assessment of chief complaint on each patient in a timely manner according to established triage guidelines.
- Applied expertise in rapid assessments and treatments, particularly upon patient arrival to the ER during initial phase of acute illness and trauma; treated a variety of illnesses or injury in children and adults, from minor bacterial infections, to cardiac arrests, to emergency trauma situations.

**Kindred Hospital, Westminster
Registered Nurse, March 2016 - Present**

- Maintain accurate, detailed reports and records
- Monitor, record and report symptoms and changes in patients' conditions
- Record patients' medical information and vital signs
- Modify patient treatment plans as indicated by patients' responses and conditions
- Consult and coordinate with health care team members to assess, plan, implement and evaluate patient care plans
- Order, interpret and evaluate diagnostic tests to identify and assess patient's condition
- Monitor all aspects of patient care, including diet and physical activity
- Direct and supervise less skilled nursing/medical personnel
- Prepare patients for, and assist with, examinations and treatments.
- Charge nurse role on the medical, surgical floor
- Telemetry department
- Medical-Surgical department
- Intensive Care Unit

**Spade Med spa, Redondo Beach
Registered Nurse, February 2016 - Present**

- Greets and prepares patient for aesthetic examination and treatment
- Broad knowledge of cosmetic procedures and medical-grade skin care products
- Perform laser care treatment/procedures on clients
- Weight loss consultation
- Assists provider with procedures and properly maintains equipment before and after procedures.
- Ability to provide exceptional customer service
- Review medical charts for completeness. Documents all medications, refills, telephone conversations and patient visits in the medical record.
- Monitors the scheduling of patients, answers patient inquiries and maintains the timely flow of patients.
- Excellent organizational and computer skills
- Performs other duties as assigned

**Kaiser Permanente, Normandie Ave, Harbor City
LVN/RN, 1999 - 2016**

- Provides general nursing care to the patients by the nursing standards.

- Asses and triage patient appropriately based on their acuity. Direct/assign patient to the appropriate department. Able to respond in an emergency and correctly render care to the patient based on their acuity level.
- Administer prescribed medications and treatments by the nursing standards.
- Documents all necessary procedures given in patient's chart. Observes, records and reports patient's condition and reaction to drugs and treatment to the providers.
- Educates patient/family about diagnostic procedures, medications, nutritional maintenance of health and wellness.
- Acts as patient advocate. Assisting patient and family members in the plan of care
- Coordinate with the interdisciplinary team in planning the care of the patient.

Charter Hospice/Home Health, Covina, CA
Registered Nurse, 2013 - 2014

- Assess a patient's situation, as well as detect changes in symptoms, health, or pain, and evaluated course of action that is necessary
- Help people at the end of their lives and or provided palliative care/treatment. Deal with people in various states of pain, trauma, and tragedy.
- Help doctors administer medications, monitor vital signs and subtle changes in a patient's health.
- Patient listener and use communication skills to help family understand a situation

EDUCATION & SPECIALIZED TRAINING

BSN at West Coast University

FNP at West Coast University (currently on track)

ADN at Los Angeles Harbor College

Indiana State University

RN 807617, ACLS, PALS, BLS, VENT, EKG

(Nurse Manager Certificate and National Institute of Nursing Research (NINR) certificate

Critical Nurse Training/Certificate

Emergency Nurse Training/Certificate

Botox and Dermal Filler Certified