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| Name: |   Maryna Helmick |
| Phone: |   469 556-9882 |
| Email: |   marynahelmick@yahoo.com |
| Location: |   US-TX-Dallas-75231 (GCH) |
| Last Modified: |   10/14/2019 12:06:16 PM |

 Work History

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| Company Name: |   NYS Home Health | 10/01/2018 - Present |
| Job Title: |   RN- Case Manager/Admission Specialist |
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| Company Name: |   Dallas Omni Care | 11/01/2016 - Present |
| Job Title: |   RN- Charge Nurse |
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| Company Name: |   Abacus Home Care | 10/01/2016 - 10/31/2017 |
| Job Title: |   RN Case Manager |
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| Company Name: |   NYS Home Health | 05/01/2014 - 09/30/2016 |
| Job Title: |   RN Case Manager |
|  |
| Company Name: |   LVN NYS Home Health | 04/01/2013 - 05/01/2014 |
| Job Title: |   Field Nurse |
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| Company Name: |   LVN Texas Masonic Retirement Center | 04/01/2010 - 04/01/2013 |
| Job Title: |   Charge Nurse |
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 Education

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| School: |   Breckinridge School of Nursing, ITT Tech - Richardson, TX | Graduation Date: |  |
| Major: |    |
| Degree: |   Associate Degree |
| School: |   Dallas Nursing Institute - Dallas, TX | Graduation Date: |  |
| Major: |    |
| Degree: |   None |
| School: |   Institute of Economic Development; Kharkov | Graduation Date: |  |
| Major: |    |
| Degree: |   Master's Degree |

 Additional Skills And Qualifications

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| Recent Job Title: |    RN- Case Manager/Admission Specialist | Recent Wage: | 0 per  |
| Security Clearance: |   No |  |  |

 Desired Position

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| Desired Wage: |    per  | Desired Employment Type: |  |
| Desired Travel: |    |   Desired commute: |  |
| Desired Relocation: | No |  |

 Resume

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| MARYNA HELMICK1110 Horizon Trail, Richardson, TX, 75081Registered Nurse-TX-#RN864647, expires 08/20/2019, Richardson, TX 75081 \* Cell: 469-556-9882marynahelmick@yahoo.comProfessional SummaryJob Objective: RN with 9 years of nursing and 5+ years of Case manager experience with strongbackground in clinical and home health settings, ability to assess and evaluate new patients,analyze their problems, and develop plans of care, seeking a challenging health care centerposition, where exceptional combination of theoretical and clinical skills is required toeffectively perform the standard nursing procedure of assessing, planning, implementing, andreviewing patients care plan using holistic approach.Skills\*\* Ability to understand the business and financial aspect of case management\* Expert in Outcome and assessment information set (OASIS)\* Computer/typing proficiency to enter/retrieve data in electronic clinical record\* Experience with e-mail, internet research, and other software applications\* Data management\* Substantial Wound Vac experience including numerous complex casesClient assessment and analysis\* Strong problem - solving skills\* Ability to work independently\* Conflict resolution\* Excellent organizational skills\* Ability to multi-task\* Proven leadership capabilities\* Strong interpersonal/verbal communication and presentation skills, effective communicator withgeriatric patients and families\* Excellent written communication skills\* Customer service skillsWork HistoryRN- Case Manager/Admission Specialist, 10/2018 to presentNYS Home Health\* Conduct evaluation and information visits to the patients and their families, obtain consents,election forms, perform an initial comprehensive physical assessment\* Coordinate the services of the home health with physicians for the most comprehensive patientcare. Provide nursing care to all patients of all ages\* Develop individualized care plans to prevent disease exacerbation, improve outcomes, increasepatient engagement in self-care, decrease risk status, and minimize hospital and EDutilization\* Utilize behavioral strategies help patients/families adopt healthy behaviors and improveself-care in chronic disease management. Promote self-management goals.\* Assist patients/families in navigating the health care system. Coordinate Specialty care,follow-up on test results and other care coordination needs.\* Ongoing evaluation and documentation of patient progress/ risk status\* Coordinate 50-60 cases per month, supervising staff of LVNs, CNAs, Physical, Occupational,Speech Therapists and Medical Social Workers\* Provide primary team contact with patients/families in wound care program\* Engage with individual patients/families to provide educational and informational assistanceregarding wound related issues\* Hands-on treatment of patients with chronic wound related issuesRN- Charge Nurse, 11/2016 to presentDallas Omni Care\* Develop and execute individualized care plans to prevent disease exacerbation, improveoutcomes, increase patient engagement in self-care, decrease risk status, and minimizehospital and ED utilization\* Conduct comprehensive assessment of patients' physical, mental, and psychosocial needs\* Utilize behavioral strategies help patients/families adopt healthy behaviors and improveself-care in chronic disease management. Promote self-management goals.\* Ongoing evaluation and documentation of patient progress/ risk status\* Engage with individual patients/families to provide educational and informational assistanceregarding wound related issues\* Hands-on treatment of patients with chronic wound related issues\* Represent the company during the state evaluations and oversee yearly inspections.RN Case Manager, 10/2016 to 10/2017Abacus Home Care\* Conduct comprehensive assessment of patients' physical, mental, and psychosocial needs\* Develop individualized care plans to prevent disease exacerbation, improve outcomes, increasepatient engagement in self-care, decrease risk status, and minimize hospital and EDutilization\* Utilize behavioral strategies help patients/families adopt healthy behaviors and improveself-care in chronic disease management. Promote self-management goals.\* Assist patients/families in navigating the health care system. Coordinate Specialty care,follow-up on test results and other care coordination needs.\* Follow-up with patients/families within 24 hours on inpatient discharge &amp; within 48 hours ofED visit notification\* Ongoing evaluation and documentation of patient progress/ risk status\* Coordinate and manage 30-40 cases per month, supervising staff of LVNs, CNAs, Physical,Occupational, Speech Therapists and Medical Social Workers\* Provide primary team contact with patients/families in wound care program\* Engage with individual patients/families to provide educational and informational assistanceregarding wound related issues\* Hands-on treatment of patients with chronic wound related issuesRN Case Manager, 05/2014 to 09/2016NYS Home Health\* Managed and supervised staff of 2 LVNs and 1 CNA maintaining average caseload of 30-35patients weekly.\* Monitored therapeutic services with average caseload of 30-35 patients in Dallas area.\* Admitted at least 15-20 patients weekly providing thorough physical assessment and analyzinghistory of current and previous illness(es) while caring for at least 4 patients with woundcare, urostomy or colostomy.\* Developed a care plan which establishes goals, based on nursing diagnosis and incorporatingtherapeutic, preventive, and rehabilitative nursing actions.\* Monitored medication administration and treatments as prescribed by the physician.\* Educated patient and family on use of high risk medications (opioids, narcotics,antidepressants, anticonvulsants), side effects and adverse reaction.\* Prevented unnecessary hospital admissions by increasing frequency of visits and personalvisits the first two weeks post hospital discharge or as needed.Field Nurse, 04/2013 to 05/2014LVN NYS Home HealthCharge Nurse, 04/2010 to 04/2013LVN Texas Masonic Retirement CenterEducationAssociate of Science: Nursing, 2014Breckinridge School of Nursing, ITT Tech - Richardson, TX- Registered NurseDallas Nursing Institute - Dallas, TX, 2010Licensed Vocational NurseMBA: Management, May 20, 1999Institute of Economic Development, Masters Degree - KharkovMaster's Degree in ManagementAwardsHonor StudentBreckinridge School of Nursing, May 20, 2014 |