Tracy Glimpse BSN, RN, PHN

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ER Registered Nurse at St. Jude Medical Center

Fountain Valley, California, United StatesHospital & Health Care

Previous positions

Registered Nurse at St. Mary Medical Center

Certified Nursing Assistant at St. Mary Medical Center

Education

West Coast University, Bachelor’s Degree, Registered Nursing/Registered Nurse

Background

Summary

Self-motivated, energetic, and compassionate RN who excels at prioritizing, multi-tasking, and providing exceptional patient care. Highly skilled and ambitious individual currently improving patients' hospital experiences and providing the highest level of care and attention. Established record of reliability and creating positive rapport with patients, family, and staff. Possesses strong emotional qualities necessary to care for sick individuals and their families as well as work as part of a multidisciplinary team and adapt to constantly changing work environments. Able to remain calm during intense stress and critically think with short notice, takes initiative, and posses profound work ethic.

Experience

Emergency Room Registered Nurse

St. Jude Medical Center

February 2018 – Present(1 year 11 months)Fullerton, California

Registered Nurse

St. Mary Medical Center

January 2017 – February 2019(2 years 1 month)Long Beach, CA

Surgical/Telemetry

Certified Nursing Assistant

St. Mary Medical Center

September 2014 – January 2017(2 years 4 months)Long Beach, CA

- Collaborates with nursing staff in providing direct patient care in ER, ICU, Med-Surg, Peds, Rehab, & Telemetry units.

- Utilize critical thinking skills to prioritize taking vital signs, skin and hygiene care, toileting, assisting with feeding, and attending to other patient needs to create a comfortable healing environment for patients.

- Assists with patient admission by preparing room prior to patient arrival and updating patient whiteboard.

Nursing Student Preceptorship (Emergency Room)

St. Mary Medical Center

September 2016 – October 2016(1 month)Long Beach, CA

- Perform head to toe assessment on patients and develop a plan of care with regards to the findings during assessment. Actively assist during codes and emergent situations.

- Use nursing processes to work in collaboration with the healthcare team, implementing and documenting individualized nursing plans of care incorporating age specific considerations, including discharge planning and patient/family teaching under supervision of nursing preceptor throughout the patient's stay in the emergency room, from triage to admission/discharge.

- Establish IV lines, hang IV piggybacks, flush IV lines and provide wound care

- Administer medication, including IV medication and fluids, antibiotics, packed RBC's, and narcotics via the Seven Rights; document and communicate clinical findings.

- Maintain a safe, comfortable, and therapeutic environment for patients/families in accordance with Hospitals standards.

- Effectively communicate SBAR and change of shift reports related to patient care, transition of care to oncoming and transportation staff.

- Completed 144 hours of Emergency Room preceptorship experience.

Nursing Student

West Coast University

September 2015 – October 2016(1 year 1 month)

NURSING CLINICAL ROTATIONS:

SENIOR PRECEPTORSHIP: St. Mary's Medical Center, Long Beach, CA

Emergency Room

CRITICAL CARE: St, Joseph's Hospital, Orange, CA

Definitive Step-Down Unit, ER, Medical ICU, Medical Telemetry

COMMUNITY HEALTH: Santa Ana Unified School District, Santa Ana, CA

School Nursing Office

PEDIATRICS: Children's Hospital of Orange County (CHOC), Orange, CA

Medical, Oncology, PICU, Surgical

MATERNAL HEALTH/OB: Fountain Valley Regional, Fountain Valley, CA

Antepartum, Labor and Delivery, Postpartum

INTERMEDIATE MEDICAL-SURGICAL: Los Alamitos, Seal Beach, CA

ER, Surgical, Telemetry

MENTAL HEALTH: Redgate Memorial Rehabilitation Center, Long Beach, CA

Detox, Rehab

MEDICAL- SURGICAL: Fountain Valley Regional, Fountain Valley, CA

Cath Lab Holding, Cath Lab, Definitive Observation Unit, ER, IR, OR

FUNDAMENTALS: Parkview Healthcare Center, Anaheim, CA

Skilled Nursing Facility

Accreditation Coordinator

Accreditation Services Inc

January 2008 – November 2011(3 years 10 months)Rolling Hills Estates

- Provided a full range of customer service and managing accounts to meet established and specific long-term strategic objectives.

- Coordinated, prepared, maintained and ensured provider credentialing and privileging records were complete, current and complied with regulatory and accrediting agency standards.

- Assisted CEO in mock survey inspections and unannounced Joint Commission, AAAASF, AAAHC & Medicare accrediting agency inspections.

- Conducted and trained surgical center staff with quality improvement & management studies and benchmarking.

Education

West Coast University

Bachelor’s Degree, Registered Nursing/Registered Nurse

2014 – 2016

West Coast University

California State University-Long Beach

Bachelor’s Degree, Sociology; emphasis in Medical

2008 – 2010

California State University-Long Beach

Activities and Societies

Sociology Student Association

Coastline Community College

Associate's Degree, Liberal Arts and Sciences/Liberal Studies

2006 – 2008

Coastline Community College

Vanguard University of Southern California

MSN, Education & Leadership

2019 – 2021

Vanguard University of Southern California

Languages

English

Native or bilingual proficiency

Skills & Expertise

Quality Improvement

Public Health

Account Management

Outpatient Surgery

Blood Pressure

Accreditation

Nursing

Cerner

Secretarial Skills

Administrative Assistants

Activities of Daily Living

Medical Terminology

Drawing Blood

BLS

Patient Safety

Project Management

Hospitals

HIPAA

Project Coordination

AAAHC

Microsoft Excel

Medical Staff Credentialing

Quicken

Microsoft Office

Benchmarking

Phlebotomy

Customer Service

PowerPoint

Risk Management

JCAHO

Microsoft Exchange

Performance Improvement

Teamwork

Direct Patient Care

Healthcare Consulting

Electronic Medical Record (EMR)

CMS

Outlook

OSHA

Healthcare

Microsoft Word

Ambulatory Surgery

Critical Care

Quality Assurance

Receptionist Duties

Vital Signs

Medicare

Medical-Surgical

Patient Rights

Bloodborne Pathogens

Certifications

Registered Nurse

Board of Registered Nurses, License 95113714

December 2016 – March 2020

Certified Nurse Assistant

California Department of Public Health, License CNA 00898110

June 2014 – February 2019

Certified Phlebotomy Technician I

California Department of Public Health, License CPT 00065414

November 2011 – November 2019

Advanced Cardiac Life Support (ACLS)

American Heart Association | American Stroke Association, License

August 2016 – September 2020

Pediatric Advanced Life Support (PALS)

American Heart Association | American Stroke Association, License

November 2016 – October 2020

Basic Life Support (BLS) for Healthcare Providers

American Heart Association | American Stroke Association, License

February 2016 – January 2020

Trauma Care After Resuscitation (TCAR)

, License

November 2016

NIH Stroke Scale

National Institutes of Neurological Disorders and Stroke, License

March 2018 – March 2020

ECG & Pharmacology

American Heart Association | American Stroke Association, License

NDNQI Pressure Ulcer Training

NDNQI, License

Nurse Manager

The Honor Society of Nursing, Sigma Theta Tau International, License

Nurse Coaching

The Honor Society of Nursing, Sigma Theta Tau International, License

National Incident Management System (NIMS)

FEMA, License

ICS for Single Resources and Initial Action Incident, ICS-200

FEMA, License

Are You Ready? An In-depth Guide to Citizen Preparedness

FEMA, License

Introduction to Incident Command System (IS-00100.b)

FEMA, License

Public Health Nurse (PHN)

Board Of Registered Nursing, License 552432

March 2017 – March 2020

Trauma Nursing Core Course (TNCC)

Emergency Nurses Association, License

December 2017 – December 2021

Courses

St. Mary Medical Center

Non-Violent Crisis Intervention Training

Independent Coursework

How Nurses Can Help Prevent Child Maltreatment

Elder Abuse

Organizations

American Association of Critical Care Nurses

Member

Present

Emergency Nurses Association

Member

Present

Volunteer Experience & Causes

Clinical Care Extender

COPE Health Solutions

February 2014 – December 2014(10 months)Health

CCE at St. Mary Medical Center, Long Beach, CA

The Clinical Care Extender Internship features a clinically-focused experience that gives pre-health professionals unprecedented access to direct patient care. Clinical Care Extender Interns become valuable members of the patient care team alongside nurses, physicians and allied health professionals in clinical and administrative settings. Interns receive training to participate in basic patient care tasks such as bathing, changing and feeding patients as they rotate among the different departments within the hospital.

Department Rotations I have experienced:

- Labor & Delivery

- Med-Surg

- Postpartum

- Short-Stay

Blood Services Volunteer

American Red Cross

December 2013 – January 2015(1 year 1 month)

Assists at blood drives throughout the Orange County area. Greets and registers prospective blood donors prior to donation process. Observes donors for adverse reactions following the donation process while serving refreshments. Keeps the canteen area clean, organized and replenished with snacks and drinks.

Mission Delivery Intern

American Cancer Society

January 2010 – June 2010(5 months)

Student Mentor

West Coast University Mentorship

2016

Promoting confidence and success in a fellow nursing student peers by providing support, guidance, and resources. Sharing experience, collaboration, accountability, and personal integrity to mentee(s) that are just starting the nursing program or not as advanced in the program as me.