John Flowers

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Emergency Room Nurse at Valley Presbyterian Hospital

Los Angeles, California, United StatesHospital & Health Care

Previous positions

Registered Nurse Telemetry at Valley Presbyterian Hospital

Owner at Flowers Woodworking

Education

Mount Saint Mary's University, Bachelor’s Degree, Nursing

Background

Experience

Emergency Room Nurse

Valley Presbyterian Hospital

June 2017 – Present(2 years 7 months)Van Nuys, CA

After working in the Telemetry Unit at VPH for 1.5 years, I transferred to the ER, where I now reside.

Registered Nurse Telemetry

Valley Presbyterian Hospital

February 2016 – June 2017(1 year 4 months)Van Nuys, CA

After graduating from Mount Saint Mary's University with a BS in Nursing, I began working as an official Registered Nurse in the Telemetry Unit of Valley Presbyterian Hospital in Van Nuys, CA.

Owner

Flowers Woodworking

December 2002 – May 2013(10 years 5 months)

I owned and managed a custom cabinetry and woodworking shop.

Project Manager

The Pew Charitable Trusts

June 1999 – November 2002(3 years 5 months)

I worked for the National Environmental Trust, which is now Pew Trusts, as a project manager for their clean energy campaign. While there, I managed the road-portion of a national media tour promoting ways to reduce global warming pollution.

Peace Corps Volunteer

Peace Corps

June 1996 – August 1998(2 years 2 months)Ghana, West Africa

As a Peace Corps Volunteer in Ghana, West Africa, I worked at a rural boys boarding secondary school as a math and science teacher.

Education

Mount Saint Mary's University

Bachelor’s Degree, Nursing

2014 – 2015

Mount Saint Mary's University

The Accelerated Bachelor of Science in Nursing program at MSMU is a 12-month rigorous program that is open only to candidates already holding a Bachelor's Degree

Activities and Societies

Sigma Theta Tau Honor Society, American Nurses Association, American Association of Men in Nursing, National Student Nurses Association

San Diego State University

Bachelors, Liberal Studies

1991 – 1996

San Diego State University

San Diego State University is a public research university in San Diego, California, and is the largest and oldest higher education institution in San Diego County.

Activities and Societies

Lacrosse, Sports Clubs Council, 100 Club, Kappa Delta hasher

Skills & Expertise

Event Planning

Woodworking

Public Policy

Strategic Planning

Nursing

Hatha Yoga

Cabinetry

Rendering

Policy

Public Speaking

Volunteering

Clinical Research

Softball

Community Outreach

Fundraising

Volleyball

Non-profits

Nursing Care

Environmental Policy

Social Media

ultrasound-guided peripheral IV

Recycling

Honors & Awards

Daisy Award

Daisy Foundation

February 2017

Daisy Award Winners—Recognizing Extraordinary Nurses. DAISY is an acronym for Diseases Attacking the Immune System. The DAISY Award was established by the DAISY Foundation in memory of J. Patrick Barnes who died at 33 of ITP, an auto-immune disease.

Organizations

Sigma Theta Tau Honor Society of Nursing

December 2014 – Present

Volunteer Experience & Causes

Cabinetry Project Contributor

Make-A-Wish America

April 2010Health

In early 2010 I assisted a Los Angeles area designer with the Melendrez Family Make a Wish project. As a project contributor, I provided design, fabrication and installation of bedroom medical cabinetry for a disabled member of the Melendrez Family.

Emergency Room Volunteer

Providence Health & Services

December 2013 – July 2014(7 months)Health

As an ER volunteer at Providence Holy Cross in Mission Hills, CA, I provided accurate information, basic assessments and comfort to patients as well as acted as a primary information source to their families. I also observed various and numerous trauma and medical procedures and was exposed to all disciplines within the hospital environment.

Recycling Committee Chair

Beckford Charter Elementary School

September 2012Environment

I helped create and have managed the existing Recycling Program at Beckford Charter Elementary School for the past 4 years. Throughout the school year, students bring in CRV recycling items (cans and bottles) to earn points for their respective classrooms while earning money for the school. Annually, the program brings in about $3000 for the school PTA. In addition to CRV cans and bottles, the recycling program now takes and recycles used printer cartridges and eWaste equipment, like old TVs, printers and other electronic equipment (basically, anything that plugs into the wall).