Nurse Telemetry Intensive Care Unit Stepdown Charge Nurse

 Personal Information

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| --- | --- |
| Name: |   Debra Topps |
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| Email: |   debtopps@msn.com |
| Location: |   US-MO-Saint Charles-63303 () |
| Last Modified: |   9/14/2019 1:44:41 PM |

 Work History

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| Company Name: |   ST. LUKE'S DES PERES HOSPITAL | 10/01/1998 - Present |
| Job Title: |   ADON |
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| Company Name: |   Des Peres Hospital | 10/01/1998 - Present |
| Job Title: |   PACU Nurse, Telemetry/Icu Stepdown Charge Nurse |
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 Education

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| School: |   SANDFORD BROWN COLLEGE - St Louis, MO | Graduation Date: |  |
| Major: |    |
| Degree: |   Associate Degree |

 Additional Skills And Qualifications

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| Recent Job Title: |    null | Recent Wage: | 0 per  |
| Security Clearance: |   No |  |  |

 Desired Position

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| Desired Wage: |    per  | Desired Employment Type: |  |
| Desired Travel: |    |   Desired commute: |  |
| Desired Relocation: | No |  |

 Resume

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| DEBRA TOPPS1634 Chapman Ct, Saint Charles, MO 63304 (314) 614-9622 debtopps@msn.comPROFESSIONAL SUMMARYMo. Board-Certified Registered Nurse with over 20 years of experience delivering high-quality careto patients in varying care units. Proven leader effective at uniting and guiding nursing teamstoward achieving patient care goals, improving satisfaction and continuously driving widespreadhealthcare system initiatives. Focused on continuously advancing expertise in positive patientoutcomes. I am also the evening/night shift administrative representative for the hospital coveringall departments/concerns.Compassionate and highly competent Registered Nurse with [Number] years of clinical nursingexperience in [Type] unit. Dedicated to providing high-quality patient care with focus on safety andusing evidence-based practices to improve treatment outcomes. Skilled in quickly buildingconnections with patients to build trust and rapport in stressful situations.SKILLS\* Patient and family advocacy\* Strong clinical judgment\* Insulin medication assistance\* Collecting vitals\* Acute care expertise\* Women's health exams\* Chronic disease management\* Intravenous therapy\* Medication administration\* Oxygen saturation standards\* Tracheostomy care\* Sanitation\* Patient consultationWORK HISTORYADON, 10/1998 to CurrentST. LUKE'S DES PERES HOSPITAL - St Louis, MO\* Conducted ongoing monitoring and evaluations of behaviors and conditions, and updated clinicalsupervisors with current information.\* Educated family members and caregivers on patient care instructions.\* Delivered outstanding care to patients with various diagnoses and managed care from treatmentinitiation through to completion.\* Facilitated therapeutic communication, conflict resolution and crisis intervention byredirecting negative behaviors and helping patients regain or improve coping abilities toprevent further disability.\* Accurately documented all elements of nursing assessment, including treatment, medications andIVs administered, discharge instructions and follow-up care.\* Collaborated with physicians to quickly assess patients and deliver appropriate treatment whilemanaging rapidly changing conditions.\* Provided direct patient care, stabilized patients and determined next course of action.\* Followed all personal and health data procedures to effectively comply with HIPAA laws andprevent information breaches.\* Vaccinated patients to protect individuals from measles, pneumonia, influenza and otherillnesses of concern.\* Monitored patient condition, including interpreting and tracking EKG readings, identifyingirregular telemetry readings and updating team members on changes in stability or acuity.\* Adhered to strict safety measures by carefully determining proper dosages before administeringmedications.\* Oversaw and managed entire clinical and support staff in patient care activities whilemaintaining high level of staff morale and professionalism.\* Performed ongoing assessments to evaluate mental health needs, working with multidisciplinaryteam to develop, initiate, manage and modify individualized plans of care.\* Observed and documented patient factors such as diets, physical activity levels and behaviorsto understand conditions and effectively modify treatment plans.\* Managed patients recovering from medical or surgical procedures, including facilitating woundcare, ostomy care, pressure ulcer prevention and pain management.\* Reviewed post-operative orders and continuously monitored patients' post-operative vitals, setup PCA and fluids and oriented patients to unit to achieve optimal outcomes.\* Explained course of care and medications, including side effects to patients and caregivers ineasy-to-understand terms.\* Organized and managed care of patients undergoing various therapies and procedures, includingcardiac catheterizations and stress test procedures.PACU Nurse, Telemetry/Icu Stepdown Charge Nurse, , 10/1998 to CurrentDes Peres Hospital - St Louis, MOEDUCATIONAssociate Degree in Nursing: NursingSANDFORD BROWN COLLEGE - St Louis, MOCERTIFICATIONSPALS, ACLS, BLS AND DE-ESCALATION |