# JENNIFER ROCKWELL

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Safe, competent and hardworking Intensive Care RN with a desire to enhance the team I join with a variety of clinical experience, and an extensive pharmacy background. Bringing a cheerful demeanor, compassionate bedside manner and an ability to critically think in any environment will be an asset to my coworkers and patients.

### **HIGHLIGHTS**

# \*ACLS CERTIFIED \*TRAUMA NURSING CORE COURSE CERTIFIED \*CPHT (CERTIFIED PHARMACY TECHNICIAN)

#### **EXPERIENCE:**

6/2018 - Current

# Mercy Hospital Intensive Care Registered Nurse (Trauma Neuro ICU / MED SURG ICU / BURN ICU)

- -Perform thorough and accurate assessments and interventions on the most critically ill patients in ICII
- -Administer medications and intravenous fluids
- -Monitor telemetry and respond to calls in emergent and life saving conditions
- -Follow physician orders and report changes in condition. Anticipate needs of physician prior to and during procedures
- -Performs and assists providers in a variety of bedside procedures

#### 9/2016 - 12/2017

## ST. JOE'S LAKE ST. LOUIS & MERCY PEDIATRICS - CLINICAL STUDENT NURSE

- -Became efficient with the EPIC computer system, including the documentation of patient assessments, and the ability to navigate patient charts to find pertinent history, medications, diagnostics, and notes.
- -Developed an empathetic and therapeutic bedside manner while simultaneously completing technical tasks.

## 6/1998 - 7/2013

#### LEAD PHARMACY TECHNICIAN, BJC HEALTHCARE

(Barnes Jewish Hospital 6/1998 -3/2007; Missouri Baptist Medical Center 3/2007-7/2013)

- -Prepared sterile products according to patient prescription following USP 797 guidelines
- -Calculated dosage, mixed chemotherapy and other hazardous medications in a vertical flow hood. Completed hazardous material training courses, and was appointed to fit colleagues with N-95 respirators.
- -Managed a cost-effective medication and supply inventory, acquired extensive knowledge of chemotherapy medications and regimens, maintained proper clean room environments according to USP 797 specifications, and trained new personnel as the lead technician of the cancer center satellite pharmacy.
- -Prepared Pre-Op medications, learned OR operating procedures while gaining a thorough understanding of the most widely used medications during surgeries as the Senior Pharmacy Technician in the OR satellite pharmacy

#### -GRADUATED MAY 2018

**ASSOCIATES DEGREE OF NURSING, St. CHARLES COMMUNITY COLLEGE** 

Cumulative GPA - 3.3, SNO (Student Nurse Organization) member

#### 6/1998

HAZELWOOD EAST HIGH SCHOOL, 4.0 GPA, NATIONAL HONOR'S SOCIETY MEMBER, STUDENT COUNCIL MEMBER

\*RECOGNITION-RECOGNIZED WITH THE 2009 COST SAVING AWARD FOR CUTTING THE INVENTORY OF THE CANCER CENTER PHARMACY BY OVER \$55,000. I WAS ALSO A LEADER ON A COMMITTEE FOCUSED ON PROCESS IMPROVEMENT USING LEAN SIX SIGMA STRATEGIES. DESIGNED AND IMPLEMENTED A NEW PROCESS FOR MIXING AND ORDERING STERILE PRODUCTS THAT REDUCED WASTE AND SPENDING.

\*Daisy award winner for providing outstanding nursing care