Morgan Spina

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Critical Care Registered Nurse at Essentia Health

Fargo, North Dakota, United StatesHospital & Health Care

Previous positions

Medical Surgical/Orthopedic Registered Nurse at Essentia Health

Clinical Research Support Nurse at AXIS Clinicals Ltd

Education

Bemidji State University, Bachelor of Science (BS), Registered Nursing/Registered Nurse

Summary

I am driven to make a healthy difference in peoples lives who I am honored to have the privilege to take care of. The nursing profession is my soul passion of public service that allows me to help others in need.

Experience

Critical Care Registered Nurse

Essentia Health

April 2016 – Present(3 years 9 months)Fargo, North Dakota

\* Triage post care of trauma level one and level two patients

\* Complete advanced neurological and hemodynamic assessments to specified patient diagnoses

\* Manage advance skills: Continuous renal replacement therapy, recover post-operative open heart patients, manage ventricular drains, balloon pump and impella devices.

\* Assist an intensivist with imaging and line placement while managing the after care of cooling catheters, central venous lines, arterial lines, removal of endotracheal tubes, bronchoscopy procedures.

\* Routinely titrate vasoactive and sedative medication drips

\* Attain physician lab ordered specimens and complete specified radioactive imaging studies

\* Collaborate with speciality physicians

\* Provide prescribed medications, preventative harm education and holistic support to wide variety of patients.

\* Collaborate as a team with other critical care nurses to provide the most efficient and comprehensive care

\* Mentor new hires, student nurses and nurse interns into the role of critical care nursing

Medical Surgical/Orthopedic Registered Nurse

Essentia Health

July 2015 – April 2016(9 months)Fargo, North Dakota

\* Assisted with post-operative rehabilitation recovery

\* Admitted and discharged high volumes of medical emergency and post operative surgical inpatient, outpatient, and observation patients

\* Completed assessments, medication administration, and specified orders to adult geriatric patients

\* Orchestrated compliance and updates between interdisciplinary members

\* Provided wholistic care to a patient’s health spiritual, and mental well-being

\* Assisted comfort and guidance support to families and patients experiencing hospice and end-of-life care

Clinical Research Support Nurse

AXIS Clinicals Ltd

August 2015 – February 2016(6 months)Dilworth, Minnesota

\*Assisted with vital signs & comprehensive assessments

\*Intervened as main licensed team member with cardiac life support

\*Documented thorough adverse reactions and symptoms

\*Worked alongside physicians to implement medical pharmaceutical research studies holding policy & FDA regulation guidelines

\*Screened individual participants for safety compliance

\*Upheld labeling specimens samples through HIPPA practices

Certified Nursing Assistant

Sanford Health

August 2014 – May 2015(9 months)Bemidji, Minnesota

\* Assisted with direct patient care and activities of daily living on Med/Surg/Orthopedics floor

\* Completed Accu-Checks, vitals, re-positioning, and ambulation delegated tasks

\* Prepared patient rooms for admission and provide assistance when patients discharge

Neurosurgery Circulation Nurse Intern

Sanford Health

February 2015 – April 2015(2 months)Fargo, North Dakota Area

\* Completed 240 hour preceptorship

\* Assisted with equipment set-up and sterile field medication administration

\* Advocated and witnessed patient consent for medical procedures

\* Assisted with time-outs, procedural take-down and sterilization practices.

\* Positioned patients on surgical tables

Teaching Assistant

Bemidji State University

August 2014 – December 2014(4 months)

\* Prepared documents/material and teaching plans for assistant professors

\* Utilized as a senior nursing student expert for student questions

\* Proctored quizzes and tests

\* Experienced teaching a class lecture

\* Facilitated group work and communication among younger undergraduate students

Nursing Tutor

Bemidji State University

August 2014 – December 2014(4 months)Bemidji, Minnesota

\* Utilized as a tool for expertise on coursework of younger undergraduates

\* Mentored study habits and suggested study tools aides

\* Motivated students to pursue educational goals

Registered Nurse Intern

Sanford Health

June 2014 – August 2014(2 months)Bemidji, Minnesota

\* Float Intern on Intensive Care Unit, Med/Surg/Ortho floor, and Surgery

\* Assessed patient conditions, verbal reports, completed required documentation

\* Prepared, distributed, and administered prescribed medications under supervision

\* Improved nursing skills and provided patient teaching

Personal Care Assistant

Neilson Place

September 2012 – August 2014(1 year 11 months)Bemidji, Minnesota

\* Assisted with direct resident care, activities of daily living and housekeeping

\* Focused on restorative and environmental care

\* Operated lift equipment and performed food preparation

Student Nurse

St. Joseph's Hospital and Medical Center

January 2014 – April 2014(3 months)Park Rapids, Minnesota

\* Researched patient diagnoses and prescribed medications

\* Prepared, distributed and administered prescribed medications

\* Completed multiple assessments and provided education on patient’s health status

Student Nurse

Sanford Health

September 2013 – March 2014(6 months)Bemidji, Minnesota

\* Researched patient diagnoses and prescribed medications

\* Prepared, distributed and administered prescribed medications

\* Observed Labor & Delivery, Med/Surg, Tele, ICU, Surgery, and School Nurse nursing

\* Completed multiple assessments and provided education on patient’s health status

Direct Support Professional

The Lutheran Home Association

January 2010 – August 2012(2 years 7 months)Belle Plaine, Minnesota

\* Instructed and encouraged social, domestic and hygiene skills

\* Assisted with basic domestic duties and activities of daily living

\* Coordinated participation in leisure and recreational activities

\* Adhered to behavioral and health management plans

Host/Server's Assistant/Waitress/Bartender

Brickhouse Bar & Grille

November 2010 – May 2012(1 year 6 months)Roseau, Minnesota

\* Served and assisted with seating guests

\* Mixed/served drinks and food items

\* Stocked supplies/cleaned surfaces

\* Provided cashier services

Waitress/Bartender

Gene's Sports Bar & Grille

January 2011 – July 2011(6 months)Roseau, Minnesota

\* Cooked grill items

\* Served and mixed drinks

\* Cleaned and disinfected surfaces

\* Provided customer service for wedding/reunion events

Customer Service Cashier

McDonald´s

April 2008 – January 2010(1 year 9 months)Jordan, Minnesota

\* Dispensed currency using an electronic touch screen till

\* Stocked, prepped, and bagged merchandise

\* Provided customer service in a fast-paced working environment

Education

Bemidji State University

Bachelor of Science (BS), Registered Nursing/Registered Nurse

2011 – 2015

Bemidji State University

Activities and Societies

Student Senate, Student Nurses' Association, & Member of Bemidji State's Honors Program

Roseau High School

High School Diploma

2010 – 2011

Belle Plaine High School

2007 – 2010

Activities and Societies

Tiger Pals, National Honor's Society, Student Council, Teacher's Assistant, Track, Basketball, Pep Club, & Library Volunteer

Languages

English

Spanish

Projects

The Impact of Tough Love on Children

September 2014 – April 2015

This project was completed as my honor's thesis. The study was conducted as a retrospective literature review. The purpose of this study was to determine the outcomes of "tough love" on children. For research purposes Diana Baumrind's theory of socialization parenting definitions were used to differentiate between different types of parenting styles. The study used authoritative parenting and tough love as similar definitions for research purposes. For further information, please contact.

Team Members (2): Morgan Spina, Morgan Spina

Skills & Expertise

Epic Systems

Analysis

Command Prompt

Meditech

Professional Responsibility

Strategic Planning

Nursing

Time Management

High Achiever

Critical Thinking

Customer Service

Patient Education

Teamwork

Direct Patient Care

Leadership Development

Healthcare

Interpersonal Communication

Continuous Improvement

Competitive Intelligence

Medical-Surgical

CPR Certified

Certifications

Certified Nursing Assistant

Nursing Minnesota Board of, License

August 2011

Basic Life Support

American Red Cross, License

June 2014 – June 2016

Management of Aggressive Behavior Introduction with Strategies for Controlling and Restraining Aggressive Behavior

Micheal T. O'Malley, MOAB Training International, Inc., License

August 2014

Psychological First Aid

Minnesota Department Health, License

September 2014

Nurse Manager Certificate

The Honor Society of Nursing, Sigma Theta Tau International, License

April 2015

Culturally Competent Nursing Care

U.S. Department of Health and Human Services, License

February 2013

Emergency Preparedness

International Coalition for Mass Casualty Education, License

December 2014

Fundamentals of Diabetes Care

American Association of Diabetes Educators, License

March 2013

Registered Nurse

North Dakota Board of Nursing, License R42242

July 2015