Kayla Nyseth

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BSN-RN, CCRN, CEN, SRNA

St Louis, Missouri, United StatesHospital & Health Care

Previous positions

Critical Care Registered Nurse at Barnes-Jewish Hospital

Charles F. Knight Emergency & Trauma Center Staff RN at Barnes-Jewish Hospital

Education

Southern Illinois University Edwardsville, Doctorate of Nursing Practice, Nurse Anesthetist

Open to New Opportunities

Role:

Nurse Anesthetist

Location:

St Louis, Missouri, United States

Job type:

Full-time

See More

Background

Summary

A diligent registered nurse & student nurse anesthetist with an outstanding record of nursing education, training, and experience to provide remarkable patient care

Compassionate caregiver with exceptional time management, organizational, and interpersonal skills

Dedicated and motivated learner with excellent critical thinking and problem solving skills

Graduating May 2021 DNP, CRNA

Experience

Critical Care Registered Nurse

Barnes-Jewish Hospital

January 2017 – March 2019(2 years 2 months)SICU

• Manage high acuity surgical, burn, trauma, and transplant patients to assess and evaluate their physical, psychosocial and emotional needs.

• Collaborate with multidisciplinary critical care team to provide comprehensive and breakthrough care that aligns with industry best practices.

• Focusing on invasive hemodynamic monitoring, titration of vasoactive and inotropic medications, ventilator management, CVVHD, massive transfusion administration, postoperative recovery, and sedation monitoring and titration.

Charles F. Knight Emergency & Trauma Center Staff RN

Barnes-Jewish Hospital

November 2015 – December 2016(1 year 1 month)Greater St. Louis Area

Barnes-Jewish Hospital at Washington University Medical Center is the largest hospital in Missouri and is ranked as one of the nation's top hospitals by U.S. News. The Barnes-Jewish Hospital Emergency Department is a Level I Trauma facility and a leader in disaster preparedness for the St. Louis region. No one shift is like the other; no one minute is like the next.

Provides direct patient care activities including assessment, diagnosis, planning implementation, and evaluation within the guidelines of the standards of nursing care. Specialize in a rapid assessment and treatment of patients when every second counts, particularly during the initial phase of acute illness and trauma. Uses critical thinking skills to assess and evaluate patient's physical, psychosocial and emotional needs. Educates patients and their families on how to manage their illness or injury, including post treatment home care needs and medication administration. Develops and implements individual plans of care in collaboration with other members of the healthcare team in accordance with the established guidelines and standards of nursing care. Promotes patient and family centered care in a healing environment.

Emergency Registered Nurse

Aurora Health Care

June 2015 – November 2015(5 months)St. Luke's Emergency Department

Utilizes multiple nursing/technical skills and correlates theoretical knowledge with clinical information to care for numerous patients.

Initiates and implements a nursing plan of care to address patient’s needs according to the chief complaint.

Anticipates and recognizes significant changes in patient’s condition, status and need for additional care.

Collaborates with other healthcare team members to coordinate medical and nursing management of patient care.

Emergency Department Nurse Extern II

Aurora Health Care

January 2015 – June 2015(5 months)Grafton, WI

Collaborates with the Registered Nurse (RN) in establishing a plan of care based upon an analysis of health, education and developmental needs and patient/family preferences.

Under the observation of the RN, evaluates patient response to interventions and effectively communicates observations and patient needs to the RN.

Develops delegation skills appropriate to Health Unit Coordinators, Nursing Assistants and technical roles on unit.

Administers medication as delegated by the RN.

Manages an increased number of patient and incorporates principles of time management into shift routine.

Demonstrates an ability to collect and synthesize relevant patient data accurately identifying patient status and needs.

Nursing Assistant

Aurora Health Care

September 2014 – June 2015(9 months)Grafton, Wisconsin

Primary Purpose:

Provides basic patient care in the clinical setting under the daily direction and supervision of the Registered Nurse(RN). Performs delegated tasks in the patient care setting that support the environment of patient care.

Major Responsibilities:

Assist the RN with daily care of patient including bathing, oral hygiene, repositioning, ambulation, and feeding.

Measures and documents blood pressures, temperature, pulse, respirations, intake and output (I & O), daily weights, and other patient data as requested.

Documents requested information and promptly communicates observations, concerns, and needs of the patient to the RN.

Ensures patient call light is in reach of patient at all times; answers call-lights promptly.

Collects urine, stool, and sputum specimens as requested.

Completes various errands as directed, including pick-up and delivery of trays, charts, specimens, reports, etc.

Prepares patient rooms for admission/discharge and assist with the patient admission/discharge process.

Maintains and orders stock for nursing area; cleans equipment and work areas.

Assists with post-mortem care.

Performs various patient positioning and transporting duties, which require lifting and pushing/pulling, whir utilizing proper technique and assistive devices.

Provide appropriate care according to the age of the patient. Collect and interpret data that is reflective of the persons's development and status.

Nurse Intern

Mayo Clinic Health System in Eau Claire

April 2014 – August 2014(4 months)Eau Claire, Wisconsin Area

Experienced nursing care across the continuum of care, focused on skill development. I rotated weekly to 10 different location in the Luther Midelfort system, including hospital, clinic, and regional settings. Patient population included newborn through geriatric. I collaborated with Patient Care Registered Nurses(RN) to safely and correctly perform procedures requiring technical and manual skills following policy and procedure. I performed designated nursing skills in all departments with adequate supervision once competency was established. I had the opportunity to spend time with nurse in specialty roles during shadow experiences. The American Nurses Association (ANA) Scope and Standards of Practice and Code of Ethics for Nurses provided a basis for practice.

Responsibilities:

Perform patient assessments under the direct supervision of RN.

Perform direct and indirect basic nursing care and tasks such as IV insertion, foley catheter insertion, nasogastric and feeding tube insertion, dressing changes under the direct supervision of RN.

Work collaboratively with RN caring for complex patients.

Administer medications to patients.

Document tasks, assessments, medication administration, and interventions.

Education

Southern Illinois University Edwardsville

Doctorate of Nursing Practice, Nurse Anesthetist

2018 – 2021

Southern Illinois University Edwardsville

Concordia University-Wisconsin

Bachelor’s Degree, Registered Nursing/Registered Nurse

2011 – 2015

Concordia University-Wisconsin

Activities and Societies

Symphonic Wind Ensemble, Student Nurses Association, Nursing Collaboration Committee

Skills & Expertise

TNCC

Cpr Certified

Leadership

PALS

Nursing

Critical Thinking

Hospitals

Public Speaking

Microsoft Office

Customer Service

Research

Nursing Care

Teamwork

Direct Patient Care

EKG

ACLS

Healthcare

Social Media

Certifications

ACLS

, License

PALS

, License

TNCC

, License

CEN

, License

Courses

Concordia University-Wisconsin

Nursing Pharmacology

Wellness Assessment

Nursing Pathophysiology

Medical Surgical Nursing

Family Centered Nursing: Pediatrics

Psychological Wellness

Community Wellness

Foundational Nursing Skills

Gerontological Nursing

Therapeutic Nutrition

Organizations

Wisconsin Student Nurses Association

President

April 2014 – April 2015

Duties of the president include presiding at all business meetings of the association, the Board of Directors, and the executive committee. She is responsible for directing the House of Directors, and seeing that the decisions of the Board of Directors are carried out. She also serves as a motivator and guide for the other members of the Board of Directors, and is correspondent with National Student Nurses Association. The president is responsible for the running of all the meetings, and agendas for the Board of Directors.

Volunteer Experience & Causes

Fundraiser

Pedal the Cause

September 2016 – Present(3 years 4 months)Health

Raised funds and cycled to support St. Louis Children's Hospital and Siteman Cancer Center in their cancer research.

Founded in 2009, Pedal the Cause had the goal of creating a community-wide cycling fundraising challenge in which all donations raised would stay in St. Louis and benefit Siteman Cancer Center and St. Louis Children's Hospital to provide direct funding for cancer research, cancer discovery grants and clinical translational care not currently eligible for federal funds.

Additionally, donations from Pedal the Cause make a positive economic impact in the St. Louis community as stronger research funding will continue to support this high profile and critically important segment of the St. Louis economy.

Student Nurse and Caregiver

Children's Hospital of Wisconsin

September 2014Children

Respite Event to spend the day with children with special needs while their caregiver takes a much needed break. Day is filled with fun activities including gym time, board games, crags, and food for children.

Responsibilities:

Administer daily medications to children under the direct supervision of Registered Nurse.

Assist children with bathroom needs.

Monitor children for worsening of condition.

Prevent the trigger of behavioral outbursts.

Emergency Department Greeter and Transporter

Mayo Clinic Health System in Eau Claire

May 2013 – August 2013(3 months)Health

Responsibilities:

Greet patients and visitors and detail instructions on process of admission.

Direct visitors to their patient's room.

Assist patient with ambulation to their assigned room.

Assist patient with wheelchair mobility.

Clean and sanitize waiting area to promote infection control.

Big Sister

Big Brother Big Sister Foundation, Inc.

April 2017 – Present(2 years 9 months)Children

I weekly volunteer with a young child in the community to encourage and motivate her. I serve as a positive role model while participating in fun activities that open her eyes to the endless possibilities of this community. I give her the invaluable gift of friendship and change her perspective of what the world can offer.