Robin Espy

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Engaging RN with Integrity & Innovation @ BJH St. Louis

St Louis, Missouri, United StatesHospital & Health Care

Previous positions

Registered Nurse High Risk OB / Antepartum / Postpartum at SSM Health St. Louis

RN- Case Manager, Home Health Visits, Telephone Triage 24/7 on call for caseloaf of clients. at Nurses for Newborns Foundation

Education

Central Methodist University-College of Liberal Arts & Sciences, RN to BSN Online, BSN

Summary

Resourceful RN that is engaged in every patient having a positive experience. Goal oriented but patient outcome & advocacy focused. Able to work in stressful situations. Empathetic, supportive & advocate for my patients while availing them of all resources. I have organized the Makena injection program at BJC to increase compliance with program by utilizing home health options for weekly injections. I have 23 years experience in the fields of Telephone Triage, Public Health, Ambulatory Care, Managed Care, Pediatrics, High Risk OB, Antepartum, PAC, Labor & Delivery, NICU, Postpartum, Nursery, Gyn-Oncology & Home Health Nurse working with teens, special need clients & medically fragile children. Care Coordinator both out-patient & in-patient.

Seeking a challenging position in Women, Infants & Adolescents with an engaged workforce that is both efficient, passionate about their work & empowered to improve Healthcare access for all.

QUALIFICATIONS

Strong nursing skills to immediately assess situations & quickly implement appropriate cost-effective interventions with autonomy. Proficient at anticipating multiple outcomes & efficiently preparing in advance for them for them while communicating with all members of care team. Excellent IV skills with all age groups & experienced with Ports, PICCS & Shunts. Resourceful with project planning & ability to multi-task in organized fashion. Proven record of reliability. Detail & customer service orientated. Excellent time management skills & EPIC documentation skills. Dedicated team player with reputation for consistently going beyond patients & fellow employee expectations. Relates well to people from a variety of ethnic groups, cultures & varying socio-economic situations. Possesses sensitivity in meeting clients needs with excellent communication skills. Ability to assess & custom tailor teaching needs of each individual client regardless of education level. Efficient at removing barriers to compliance for clients.

Experience

Staff Registered Nurse OB-GYN Clinic

Barnes-Jewish Hospital

June 2016 – Present(3 years 7 months)Greater St. Louis Area

I work all areas of a high paced clinic that includes OB-Gyn, High Risk OB, NST, Teen Clinic, Diabetic Clinic, Uro-Gyn, Tumor Clinic, Colpo, LEEPS, Gyn-Peds, Family Planning & numerous other clinics. Collaborate with different levels of providers from Chiefs to Residents in delivering excellent care. Safe & accurate telephone triage for patient with impeccable documentation skills. Ability to multi-task for many providers with unique skillset that allows care coordination of entire continuum of Maternal to Infant Care. Ability to ensure impactful & patient focused care. Set up Makena Injections for at risk preterm labor patents. Creative problem solver who thinks outside the box.

Registered Nurse High Risk OB / Antepartum / Postpartum

SSM Health St. Louis

October 2008 – June 2016(7 years 8 months)Greater St. Louis Area

Perinatal Special Care Unit (10 Monitored ICU beds) & Antepartum Unit (29 beds) In the PSCU, fetuses are monitored 24/7 in real time with strips being constantly monitored and interpreted by the RN. Frequent relief Charge Nurse for both units. Monitored many patients with psychiatric, chronic, & acute conditions that threaten their pregnancies. Some of these include the usual high risk conditions as well as some more unique ones. I have personally worked hands on with the following types of patients. Chronic maternal conditions such as transplants, hypertension, uncontrolled diabetes Type I or II, maternal cancer, thyroid issues, , unusual blood antibodies, Factor 5 Leiden, maternal blood issues, sickle cell crisis, MTHFR and recurrent pregnancy losses, heparin and insulin drips & pumps. PE, DVT, AMA teen pregnancies & various maternal cardiac issues. Prenatal issues such as PTL, multiple births, incompetent cervix, cerclages, pessaries, preclampsia, eclampsia, multiple tocolysis meds such as Magnesium, Procardia, Indocin & Terbutiline. Terb pumps, GDM, hyperemesis, bladder outlet obstruction, drug addiction/withdrawal, polyhydramnios & oligohydramniosis, hydrops, fetal birth defects, fetal SVT conversion, AEDF and RAEDF, placenta previa, vasa previa. Increta, acreta, twin to twin transfusion, amniotic band releases. Life threatening emergent conditions that require immediate intervention such as cord prolapse, abruption, hemorrhage, sepsis, chorio, amniotic fluid embolism, persistent or terminal decels. Worked closely with the Fetal Care Institute caring for their patients after In-utero surgeries. Followed a multi-disciplinary approach to ensure care plans were followed, goals set & achieved. Orientated new employees throughout their orientation period and beyond by serving as a preceptor and then as an ongoing resource person and role model. I have also cared for general med-surg. Gyn-Onc, and all types of medicine patients.

RN- Case Manager, Home Health Visits, Telephone Triage 24/7 on call for caseloaf of clients.

Nurses for Newborns Foundation

April 2006 – September 2008(2 years 5 months)Greater St. Louis Area

2006-2008

Registered Nurse- Case Manager, Home Health Visits

Nurses for Newborns Foundation-St. Louis, MO

Managed caseload of 60+ clients from my home office as well as 25+ in home visits weekly. Performed health screenings for antenatal, prenatal & postpartum clients as well as children up to age 2. Evaluated for signs & symptoms of antenatal & postpartum depression. Serviced families with normal newborns & medically fragile babies through the Safe Beginnings program. Serviced mentally & intellectually challenged parents via the Bright Futures program. Serviced teen Mom’s from the Bridge to the Future program.This required developing trust & rapport with clients, families, staff and other health care professionals to ensure a multi-disciplinary approach to patient and family care. Worked closely with Family Resource Center & DFS to provide services to enable families to stay together while undergoing Intensive in home services. Worked on Healthy Hearts & Homes Federal Project that entailed enrolling IRB study subjects, data collection, obtaining informed consent & working in collaboration with agency partners. Collaborated with St. Louis University’s IRB Project on Problem Solving Relationship Therapy.

RN Labor & Delivery

Barnes-Jewish Hospital

August 2004 – January 2007(2 years 5 months)Greater St. Louis Area

Active team member of a 24-bed, High Risk Labor & Delivery Unit. Scrubbed & Circulated for operative deliveries. PACU recovery. Rotated routinely to a 5-bed Triage Unit & a 21-bed High Risk Antepartum Unit as well as Mother-Baby Unit & Admission, Newborn & Special Care Nurseries.

RN, Sonographer, Lab, Surgical Assistant, Intake & Admissions, Assessments

Planned Parenthood of the St. Louis Region and Southwest Missouri

June 1996 – December 2006(10 years 6 months)Greater St. Louis Area

Started working in procedure room, then ran PACU, started all IV's, pushed & monitored conscious sedation, Intake & Assessments, got lab CLIA certified, performed blood typing, Hgb level & HCG tests, UA dipsticks. wrote policies & procedures, learned to do dating ultrasounds (vaginal & abdominal) Supervisor of clinic staff. Charge Nurse when director not present. Reviewed pathology reports & lab results & called patients for follow up. Took 24 hr/7 day week call for 2 weeks on/ then 2 off for availability to our patients- thru exchange service. I was able to work every area of clinic within 3 years. Saw approx 50-100 patients daily.

RN Special Care Nursery, NICU, Well Baby Nursery

Forest Park Hospital

August 1997 – May 2006(8 years 9 months)Greater St. Louis Area

Assessments & Admissions, Attended Deliveries as part of NICU team. Scrubbed & Circulated. Assisted with fetal Intubations, resuscitations, and surgical procedures such as Circumcisions, LP’s, & UVC line placements. Performed Hearing Screens & PKU’s. Floated to Antepartum, Labor & Delivery,Postpartum, Mother/ Baby Unit PRN. CPAP, Ohio Beds, Incubators, Hooded O2 & Blended O2.Vents. Prepared infants for high risk transfer to higher level of care if needed.

Telephone Triage RN /Case Management /Utilization Review

Humana Healthcare

June 1996 – August 1997(1 year 2 months)Greater St. Louis Area

Case Management & Utilization Review Nurse St. Louis, MO

Staffed 24 hour call center line for telephone triage. Consulted with clients, Physicians & Providers to ensure appropriate access to care. Approved or denied ER visits and/or redirected non-emergency cases. Lead RN in tracking of pregnant clients & children to age 3. Ensured compliance with MD visits & plan of care for high risk pregnancies. Documentation of immunizations, reviewed appropriateness of care plan and any treatments or therapies per company policies and plan /contract guidelines. Reviewed complex cases with Medical Director.

Student Nurse III

Incarnate Word Hospital

December 1994 – June 1996(1 year 6 months)Greater St. Louis Area

Psychiatric & Medical Surgical Unit, Floated in Student Nurse Pool to various such as Med Surg, Transplant, & Psych.

Dtspatch Supervisor & Patient Care Technician

Barnes-Jewish Hospital

November 1986 – May 1991(4 years 6 months)Greater St. Louis Area

Supervised transporter staff of 30, wrote & reviewed with employees their evaluations & disciplinary actions. Interviewed potential hires with immediate supervisor. Held staff meeting & reviewed agendas with my immediate staff. Quality Control of services provided to other departments. Acted as liaison & problem solved issues as they arose. Attended all meeting to improve quality of services provided. Ability to perform all duties of transporter role, if employee shortage occurred. Reviewed all policies & procedures and insured their implementation. Awareness of budget control & cost effectiveness for department well being. Worked every weekend & holiday until position was eliminated in 1988 and I was reassigned to Vascular Surgery Unit - Med Surg Overflow as a Patient Care Technician. Performed unit duties such as Vital signs, baths, bed changes, blood draws, glucose checks, daily weights, ordering supplies for unit, stocking and assisted RN’s as needed.

Medical Assistant

Ob-Gyn Associates, Ltd.

January 1986 – October 1986(9 months)Greater St. Louis Area

Ob-Gyn Associates, Ltd.

6 physician practice, worked back office & lab, basic infertility work ups, order supplies & stock, phone triage

Office Manager

Pattco Repair & Supply

April 1983 – October 1986(3 years 6 months)Greater St. Louis Area

Responsible for all stock, ordering supplies, payroll, accounts payable & receivable, developed financial & operational goals for company as well as implemented employee protocols. Applied operational management skills to ensure quality of services & customer satisfaction. Wrote employee evaluations.

Medical Assistant

Macon Medical Clinic

May 1985 – January 1986(8 months)Maplewood, MO

Ambulatory Care Clinic, multiple physicians, specialized in pre-employment screens, post-injury evaluations, FAA Certifications & General Med-Surg, Internal Medicine, some Family Care Physicians. Urgent care. Companies we provided services for included Boeing, Sigma Chemical, Monsanto, FAA

Customer Service Desk Supervisor

Kmart Corporation

August 1981 – January 1983(1 year 5 months)Maplewood, MO

Worked way up from Cashier, to Deli Supervisor, then Garden Shop Supervisor, to finally Customer Service Desk Supervisor. Resolved customer complaints or concerns. Involved upper management as needed. Processed returns & exchanges. Performed spot checks of all cash drawers on cashiers.

Dispatch Transporter

Barnes-Jewish Hospital

June 1980 – September 1981(1 year 3 months)Greater St. Louis Area

Transported all patients, supplies, & medications throughout entire BJC Complex.

Education

Central Methodist University-College of Liberal Arts & Sciences

RN to BSN Online, BSN

2018 – 2019

Central Methodist University-College of Liberal Arts & Sciences

In process currently

Activities and Societies

Working on BSN

Western Governors University

BSN, Nursing

2018 – 2019

Western Governors University

Epic Super User, Centricity . Allscripts, & Touch Works Trained. Advanced Fetal Monitoring. OBIX

Certification

2009 – 2018

SSM St Mary's

Certification Advanced Fetal Monitoring, NST's, BPP's

2005 – 2015

Re-certify every 3 years

Activities and Societies

Unit Council Committee Member for unit improvement & giving employees a voice!

AWHONN

Certification Hemmorrhage Project, Promoting the Health of Women & Newborns

2010 – 2010

Member

Saint Louis University

Certified Problem Solving Relationship Therapy, Marriage and Family Therapy/Counseling

2007 – 2007

Saint Louis University

Cerification in Relationship Therapy & Counseling

Lutheran School of Nursing

Registered Nurse, Registered Nursing/Registered Nurse

1994 – 1996

Registered Nurse

Activities and Societies

Student Council

St. Louis Community College

transferred, General Studies

1994 – 1995

St. Louis Community College

General Pre-requisites

Languages

English

Native or bilingual proficiency

Skills & Expertise

Telecommute

Supervisory Skills

Research IRB Certified

Labor and Delivery/ Maternal Fetal Medicine

Public Speaking & Presentations

Utilization Management

Advanced Fetal Monitoring Certification

Perinatal Nursing

Community Engagement

Data Analysis

High Risk OB / Antepartum

Nursing

Pregnancy

Biometrics

Laboratory

Train New Employees

BLS

Telephone Triage

Project Management

Hospitals

EPIC Systems & computer proficiency

ICU

Mentoring

Team Leadership

Disease Management

Employee Counseling

Community Outreach

Behavioral Interviewing

Assessment

Leadership / Supervisor

Program Development & Management

Addiction Recovery

Inpatient

Teen Pregnancy Prevention

Patient Education

NICU / Neonatal / Pediatrics

Clinical Research & IRB Certified

Interpersonal Relationships

Prenatal Care

Care Plans

Home Care

Stock Management

Healthcare

Case Management

Purchasing Supplies

Ultrasound

Vital Signs

Medical-Surgical

Mad IV Skills

Home Health Visits

Certifications

BLS

Advanced Fetal Monitoring LLC, License

December 2015 – December 2018

IRB Certified

IRB, License

August 2014