# Ava Holdener

Green Bay, WI 54303 astirandmoving@gmail.com 9062823120

Energetic and compassionate Certified Nursing Assistant just shy of 2 years providing safe and effective care, looking to learn new skills.

# Work Experience

# **CNA - Certified Nursing Assistant**

The Bay at Nu Roc Health and Rehabilitation Center - Laona, WI December 2017 to August 2019

- Assist patients/residents of independency and dependency with meals, dressing, toileting, and grooming
- Serve meal trays
- Maintain patient/resident dignity and minimize discomfort while carrying out duties such as bedpan changes, colostomy changes, emptying drainage bags and bathing.
- Responsible for training new hires
- Helps transport patients with safe lifting devices and repositioning procedures
- Complied with HIPPA standards in all interactions and documented information
- Responsible for accurate, timely flow of information by maintaining thorough patient/resident records and updating healthcare team on patients' status
- Team collaboration
- Administered topical over-the-counter ointments to patients
- Worked in a nursing facility
- Made beds
- Cleaned and sanitized rooms
- Provided patients/residents with care and companionship
- Performed oral care on patients/residents
- Aided in scheduling patient/resident daily activities
- Changed bed linens
- Took care of approximately 10-15 patients/residents daily
- · Worked with mechanical lifts, as needed

#### Cashier/Stocker

Mike's Supermarket - Townsend, WI May 2016 to November 2017

- Cashier
- Assisted movie rentals and lottery tickets
- Exchanged propane tanks
- Bagged ice
- Stock products on shelves
- Sort products in the back
- Ensure aisles are neat and clean

- Greet customers and answer questions
- Sweep and mop floors
- Clean oven parts and miscellaneous dishes
- · Audit tabs and vouchers
- Count cash drawers
- Answer store phone calls

### Cashier/Server

Maple Heights Campground - Lakewood, WI May 2015 to August 2017

- Cashier
- Clean Arcade Games
- Prepare and serve food/drink
- Wash dishes
- Sweep and mop floors, including recreational room and restrooms
- Ensure recreational room is neat and clean at all times
- Scoop ice cream
- Basic knowledge of using ovens and snack machines
- · Audit tabs and vouchers
- Handle cash and credit transactions
- Count cash drawers
- · Stock merchandise
- Assist with customer inquiries
- Welcome customers/guests
- Maintain cleanliness of the restrooms

## Education

#### High school or equivalent

Wabeno High School - Wabeno, WI September 2015 to June 2019

#### Skills

Certified Nursing Assistant (2 years), Organizational Skills, Electronic Medical Records Systems (2 years), Medical Terminology

# Certifications/Licenses

#### **Certified Nursing Assistant (CNA)**

#### Assessments

## Nursing Aide Skills — Highly Proficient

September 2019

Providing nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: https://share.indeedassessments.com/share\_to\_profile/6354d354a92358406c8019141c21bbfb

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