



# Tina Marie Arens

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## Experience

**10-26-2018-4-27-2019**

RN • Med Surg/LTAC/Critical Care • Select Specialty Hospital

**7-5-2018-10-9-2018**

RN • Med Surg/Rehab • Mayo Health System

**9-12-2012-9-15-2018**

RN/CMA • Float Nurse in Clinic/Med Surg • Avera Health

## **Previous Work Experience:**

RN Charge Nurse United Living Community - Brookings, SD January 2017 to December 2017 Charge night nurse for a very busy facility which has 80 beds on four units. Administer medications, perform treatments, obtain vital signs, assess patients and triage emergencies as they arise.

RN Accurate Home Care - Mankato, MN September 2016 to January 2017 Private duty nurse for a child with epilepsy and frequent seizures. Administration of medications and performing frequent vitals. Assist child to school on a daily basis.

Medical Assistant Pipestone family clinic - Pipestone, MN December 2008 to September 2012 Worked for physician assistant in family practice clinic. Performed vitals, administered medications, gave immunizations, performed venipunctures and other various lab procedures and assisted with minor surgery.

CNA - Certified Nursing Assistant Tyler Healthcare Center Avera - Tyler, MN May 2005 to December 2008



1405 E. Rushmore Drive  
Brandon, SD 57005



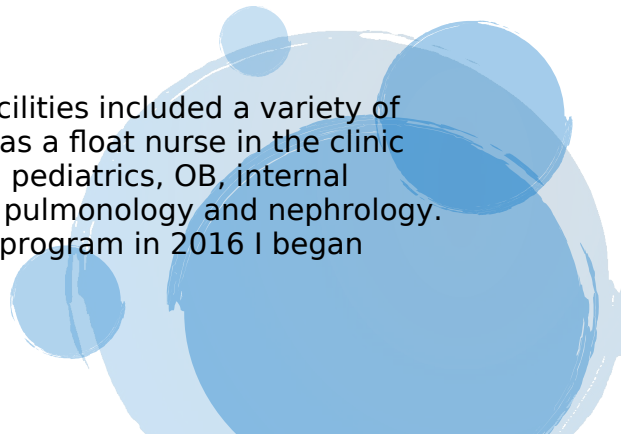
507-330-2604




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My experience at these facilities included a variety of tasks and skills. I worked as a float nurse in the clinic specifically in urgent care, pediatrics, OB, internal medicine, family practice, pulmonology and nephrology. Upon graduation from RN program in 2016 I began





working in the hospital on a med surg unit. I also worked for a pediatric patient in homecare. I continued to work as a travel nurse going to various facilities in the MN and SD area for 1 ½ years. Nursing skills that I have knowledge and experience with include rapid response and code experience, monitoring and assessment of critically ill/injured patients, ventilator and trach care IV placement IV therapy with critical drips assessments for complex patients PICC lines draws and dressing changes Clinical judgement and triage of critical patients EMR knowledge-Point Click Care, Epic, Matrix, Allscripts, Meditech I have proficient experience with blood draws, glucose checks, catheter insertion, taking vital signs, administering medications NG tube insertion/ experience with feeding tubes, performing various lab tests, various types of injections and immunizations. I have had experience assisting with minor procedures and wound vacs/ wound dressings. Telemetry/EKG monitoring.

As a registered nurse I look forward to developing new skills and gaining experience for an amazing career in the field I love. I have three years of RN experience, 10 years of experience as a certified medical assistant, and 4 years experience as a certified nursing assistant. I plan to continue my education by pursuing my BSN.

**Work Experience:**

RN Charge Nurse United Living Community - Brookings, SD January 2017 to December 2017 Charge night nurse for a very busy facility which has 80 beds on four units. Administer medications, perform treatments, obtain vital signs, assess patients and triage emergencies as they arise.

**Registered Nurse Licenses:**

State: MN RN exp. 5/12/2020

State: SD/Compact State #R049020 exp. 5/12/2021

**Skills**

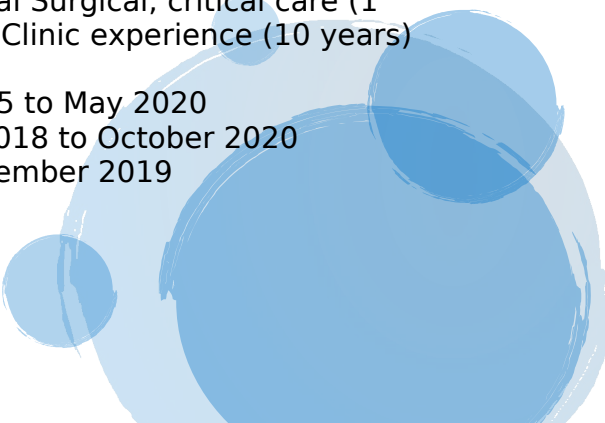
Fast learner, Hard Worker, Attention to Detail, Task Oriented, Dependable, Team Player (10+ years), RN long term care (2 years), Medical Surgical, critical care (1 year), acute care (1 year) Clinic experience (10 years)

**Certifications**

Medical Assistant May 2015 to May 2020

ACLS certificate October 2018 to October 2020

BLS September 2017-September 2019





## Education

### **Rasmussen College Mankato, MN**

#### **3.0 GPA**

#### Clinical Experience:

Nursing Student Rasmussen College - Mankato, MN July 2014 to June 2016  
Laurel's Peak Rehabilitation Center: catheter placement, PEG tube feedings, vital signs, assessments, insulin injections, blood glucose checks, trach care  
Mapleton Community Center: Assessments, dressing changes, nursing leadership project for evidence based practice  
Hillcrest Rehabilitation Center: dressing changes, G tube feedings, catheter care, vitals signs, assessments  
Mayo Hospital-Labor and Delivery: Observation of labor, delivery and postpartum patients, IV placement, basic infant care  
St. Peter Regional Treatment Center: Observation of patients admitted as criminally insane in hospital, nursing home and transitional setting  
Mayo Hospital Behavioral Health: Observation of patients admitted for care for various behavioral issues.  
Waseca Hospital: assessments, vitals signs, injections, wound care, bathing, IV placement, and medication administration  
New Richland Care Center: assessments, feeding, vital signs, bathing

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## References

Sara Kraft Pediatric Nurse Practitioner (Avera Health)  
5072900426

Candice Vanderplaats CNP (Avera Health) 5073809972

Tina Brown Nurse Manager (Gunderson Harmony Care Center) 507-886-6544

Susan Norgaard CNP (Affiliated Community Medical)  
507-829-3478

Laura Johnson (Supervisor Mayo Health System) 507-266-8572

Brittany Mulder ( Charge nurse Select Specialty Hospital)  
605-251-9182

Kathy Mitchell Supervisor 507-532-1101

Amy Lamfers former coworker-LPN 507-227-3712

Bren Hehr RN instructor 952-200-7559

Rachel Stenerson Former co-worker/BSN 507-829-0765

Heather Dressen former coworker/medical assistant  
507-829-0111



