

APRIL ARLT

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Professional Summary

Responsible Registered Nurse with excellent communication skills demonstrated by over 25 years of experience in healthcare. Currently specializing in surgical nursing. Expertise in sterile technique, charting/chart review, patient advocacy, and insurance authorizations. Meticulously detail oriented, observant, and proactive.

Skills

- Gynecological Resource Specialist
- Epic proficient
- Strong clinical judgement
- Preceptor
- High level of autonomy
- Patient/family focused
- Active in policy revision
- Patient evaluation/ intervention
- Problem resolution
- Professional bedside manner
- Adept at prioritizing/ managing deadlines
- Patient positioning competency
- Proficient scrub tech skills
- Insurance knowledge

Work History

Registered Nurse, 08/2014 to present

SSM St Clare Hospital/Surgery Center – Fenton Mo

- Provide quality care for up to 16 patients per day in a surgical environment.
- Ensure charting accuracy through precise documentation.
- Assist doctors with surgeries and non-invasive procedures.
- Collect blood, tissue/ other laboratory specimens and prepare them for lab testing.
- Train new staff on quality control procedures.
- Participate in unit-based Quality Assurance
- Ensure HIPAA compliance.
- Demonstrate ability to lead and motivate outstanding healthcare teams.

Registered Nurse, 02/2014 to 08/2014

Gateway Regional Medical Center – Granite City IL

- Instructed patients and family members on proper discharge care.
- Closely monitored acute conditions.
- Ensure charting accuracy through precise documentation.
- Developed and implemented nursing care plans.
- Developed patient care plans, including assessments, evaluations and nursing diagnosis.

Registered Nurse, 01/2013 to 02/2014

Town Center Dermatology – Wildwood, MO

- Assessed need for, ordered, obtained and interpreted appropriate lab tests.
- Performed lab tests and communicated results.
- Liaised between patients and physicians to ensure patient comprehension of treatment plans.
- Obtained insurance authorization for procedures and prescriptions.
- Liaised between physicians during peer to peer insurance reviews.
- Administered Botox injections.
- Documented patient information obtained from interviews.

Education

Bachelor of Science: Nursing 2016

Central Methodist University – St Louis, MO

Associate of Applied Science: Nursing, 2012

St Louis Community College – St Louis, MO

Affiliations

- American Nurses Association
- Association of Peri-operative Registered Nurses

Certifications

- Registered Nurse in Missouri, License number 2013004432
- BLS certified