

ELAINA GONCALVES SILVA FURLAN, RN, BSN

Ballwin, Missouri 63021 | 314-603-8985 | elaina.furlan@icloud.com

SUMMARY

Compassionate, knowledgeable and highly motivated RN, with professional medical research background. Collaborate with cross-disciplinary health care teams to improve patient outcomes. Provide client-centered care and advocate for health and wellness. Remain calm and act quickly in high-pressure situations. Offer strong communication/interpersonal skills, attention to detail, cultural sensitivity, and fast learning. Highly experienced with culturally diverse patient populations and full spectrum of age ranges. Recognized by patients and colleagues for excellent critical thinking, communication skills, problem solving, professionalism, and teamwork. Fluent in English and Portuguese.

LICENSE AND CERTIFICATIONS

- **RN - Registered Nurse** – MO (compact), expires: Apr/2021 lic#2018023256
- **BLS for Healthcare Provider - AHA** expires Feb/2021
- **Neonatal Resuscitation Program – AHA** expires Jul/2021
- **Intermediate Fetal Monitoring - AWHONN**
- **Lactation Consultant Training Program Enriched Certification**
- **Breastfeeding, Child Nutrition, Maternal/Infant Nutrition Certification** – Brazil
- **Institute for Healthcare Improvement – IHI** Certificate in Quality and Safety

PROFESSIONAL EXPERIENCE

BARNES JEWISH HOSPITAL, St. Louis, MO

Registered Nurse, Antepartum | April 2019 - Present

- Deliver excellent care for up to 3 patients per shift maintaining detailed medical record.
- Assesses and implements nursing skills in patients with high risk ob complication.
- Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
- Maintains safe and clean working environments by complying with procedures, rules, and regulations.
- Uses critical thinking skills to interpret fetal monitoring strips to determine fetal well-being.
- Implements and evaluates patient care plans.
- Collaborates with multidisciplinary team members to achieve optimal patient outcome.

ST LUKE'S HOSPITAL, Chesterfield, MO

Registered Nurse, Med/Surg Renal/GU floor | July 2018 – April 2019

- Deliver excellent care for up to 5 patients per shift maintaining detailed medical record.
- Conduct comprehensive physical assessments and developed care plans for patients that included kidney stones, CBI, post surgical, ESRD, dialysis, electrolyte and mineral imbalances, DM, and Med/Surg overflow.
- Patient care include IV starts, 12-lead EKG, foley and CBI placement, management and removal, daily medications focusing primarily on renal, GI, diabetic and pain medication, including heparin and insulin drips.
- Patient advocate, educating patients on kidney health, diet, exercise, DM, lifestyle adjustments, discharge needs, medication management and side effects, and incision/wound care.
- Interdisciplinary care – collaborated with physicians, respiratory therapy, PT/OT, wound care, dietary, dialysis, and care management.
- Discharge patient with appropriate post hospital care plan.
- Float to other units 5% of time.

TWIN OAKS CHRISTIAN SCHOOL, St. Louis, MO

Teacher's Aide | August 2015 – Present

- Provide support to teachers.
- Help students from pre-school to 8th grade review lessons and activities, organizing activities that enhanced children's physical, emotional and social well-being promoting language development skills through reading and storytelling.
- Closely monitored children's play activities to verify safety.

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COMMUNITY INVOLVEMENT

THRIVE ST. LOUIS - Counselor Volunteer | 2015 – 2017

- Counseling pregnant women help them in crises periods.
- Referral to programs to help women.

Lactation Consultant Volunteer (Brazil) | 2010-2012

- Help women with their breastfeeding and child care questions and concerns.
- Educate women in how to correctly breastfeed their babies, offering tips during the first feedings.

CLINICAL EXPERIENCE

Pediatrics (260 Hours aprox.), Cardinal Glennon and Children's Barnes Jewish Hospital Mar-May 2018

- Maintained accurate, detailed reports and records.
- Monitored, recorded and reported symptoms and changes in patients' conditions.
- Served as patient advocate; assessed patient status and notified physician/RN of any changes.
- Administering medications with assistance of a RN and performed diagnostic tests.

Labor and Delivery (100 Hours aprox.), Mercy Hospital, St Louis Jan-Feb 2018

- Monitored fetal heart rate, and mother's vital signs.
- Consulted with physicians and other members of the care team.
- Assisted with the induction of labor.
- Identified and assisted with any complications.
- Provided education and support to mothers and families after delivery.

Med/Surg Unit (270Hours aprox.), SSM SLU hospital, SSM De Paul, Barnes Jewish, Saint Louis Children's hospital, Mercy hospital, St Louis Health Department, SSM home health care, and Martha's Hand, St Louis, Jun 2017-Apr 2018

- Medical-surgical, intensive care (ICU), neurological step-down, emergency room, pediatrics, labor and delivery, as well as public health and psychiatric settings.

Inter professional Education / Interdisciplinary Team Seminars

- Inter professional team collaboration using care-based patient scenarios to advance the practice of effective and efficient inter professional team-based care.
- Prepared for inter professional patient/client centered care and advocacy for the improvement of health.

EDUCATION

SAINT LOUIS UNIVERSITY SCHOOL OF NURSING

Bachelor of Science in Nursing (RN, BSN) May 2018

- Dean's list 2017/2018 - GPA: 3.98
- Member of Delta-Lambda-At-Large Chapter of Sigma, the International Honor Society of Nursing
- Full Member of AWHONN

FEDERAL UNIVERSITY OF SÃO PAULO, Paulista school of medicine, São Paulo, Brazil

Postgraduate Degree, Allied Health (Medical Laboratory Technician) Dec 2002

Bachelor of Science, Medical Modality (Biomedicine – Medical Technician) Dec 2000

SCIENTIFIC PRESENTATIONS, RESEARCH, AND PUBLICATIONS

- Poster Presentation, Acetylcholine microinjection into the nucleus tractus solitarii of conscious rats induces bradycardia and hypotension, Silva, EG; Abdala, APL; Colombari, E. FASEB Journal (2000).
- Oral Presentation, Cardiovascular effects promoted by acetylcholine microinjection in the in the nucleus of the solitary tract of non-anesthetized rats, Silva, EG; Abdala, APL; Colombari, E. IV Symposium on Cardiovascular Physiology (2000).

Silva Dias, A.C., Furlan, E.G.S., & Colombari, E. (2008, December). Nitric oxide modulates the cardiovascular effects elicited by acetylcholine in the NTS of awake rats. Am J Physiol Regul Integr Comp Physiol, 295(6): R1774-81. epub 2008 Sep 24. PMID: 18815211 [PubMed - indexed for MEDLINE]