

CURRICULUM VITAE

Maria Wellenstein

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EDUCATION

Master of Science in Nursing

Acute Care Nurse Practitioner (2008)

Marquette University

College of Nursing

Milwaukee, Wisconsin

Bachelor of Science in Nursing (2005)

Marquette University

College of Nursing

Milwaukee, Wisconsin

Bachelor of Science in Occupational Therapy (1991)

Mount Mary College

Department of Occupational Therapy

Milwaukee, Wisconsin

Current Professional Certifications:

Acute Care Nurse Practitioner # 2008004558

Wisconsin Advance Practice Nurse Prescriber # 3484-333

DEA License

Registered Nurse-WI License #152375-030

Occupational Therapist-WI License Number # 2185-026

NBCOT-Occupational Therapist Registered-#984803

NIH Stroke Scale Certified

Advanced Trauma Care for Nurses Certified

ACLS & BLS Certified
 FCCS-Fundamental Critical Care Support Course 2013
 SCCM- Basics in ICU Ultrasound Course Certificate - August 2014
 SCCM- ECMO Course- March 2016

EMPLOYMENT EXPERIENCE (specific responsibilities available on request)

Medical College of Wisconsin Present	Vascular Surgery- Inpatient APNP	2016-
Medical College of Wisconsin 2013-2016	Anesthesia-Critical Care APNP CVICU	2013-
NeuStrategy Chicago, Il.	Consulting Per Diem for Stroke And Comprehensive Stoke Certification.	2013-Present
Medical College of Wisconsin	Neurology-NeuroInterventional APNP- NICU	2008-13
Marquette University	Adjunct Professor Nursing Dept	2009-11
Froedtert Hospital	Neurological ICU Staff RN	2005-10
Marquette University	College of Nursing-RA	2005-06
Froedtert Hospital	Spinal Cord Injury Center-OTR Senior Therapist	1995-05

A.I.S.M Italian Multiple Sclerosis Society Genova, Italy	A.I.S.M. Centers- Italy Lead Therapist & Educator	2003-04
Whidden Memorial Hospital-Boston, MA	Home Health Agency OT-R	1995
Shared Therapeutic Milwaukee, WI	Therapy Agency Pediatric OT-R	1994
Rehabilitation Institute of Chicago	Rehabilitation Hospital Staff OT-R	1991-93

PROFESSIONAL DEVELOPMENT

[Extensive list of various national, international and hospital in services/conferences attended available upon request]

PRESENTATIONS & ACCEPTED ABSTRACTS

“Beyond the Walls of Rehab: Mobilizing Patients Across the Continuum of Care.”

2007 Case Management Society of America: Oakbrook, Illinois.
(Co-Author)

“Standardized Manual Muscle Testing and Sensory Assessment.” **2002 American**

Association of Spinal Cord Injury Nurses Conference; Las Vegas, Nevada.
(Author)

“Rehabilitation of Patients with Acute Tetraplegia with Operative Repair of Wrist

Complication-Proximal Row Carpectomies” **2001 American Spinal Cord**

Injury Association Conference. Seattle, Washington (Presenter) &”
2001

International Conference on Surgical Rehabilitation of the Upper Limb in

Tetraplegia. (Authors: James Sanger, MD and Maria Wellenstein)

“Fostering the Development of SCI Rehabilitation in Post-Soviet Countries: The Lithuanian Experience” 2002 **International Medical Society of Paraplegia &**

American Spinal Cord Injury Association 1st Joint Meeting.

Vancouver, BC,

Canada. (Co-presenter) (Authors: William Waring, MD and Maria Wellenstein)

“Evaluation of Low-Cost Buckwheat Shell Cushions as an Alternative in Underdeveloped Countries” 2002 **International Medical Society of Paraplegia**

& American Spinal Cord Injury Association 1st Joint Meeting.

Vancouver,

BC, Canada. (Presenter) (Authors: William Waring, MD and Maria Wellenstein)

“Effectiveness of Chemodenervation Combined with Therapy.” 2001 **American**

Association of Spinal Cord Injury Nurses Conference; Las Vegas, Nevada.

(Co-presenter) (Authors: John McGuire, MD and Maria Wellenstein)

“Tendon Transfer for the Spinal Cord Injured” 1997 **American**

Association of Spinal Cord Injury Nurses Conference; Las Vegas, Nevada.

(Presenter/Author)

“Prevention and Treatment of Shoulder Pain in Acute Quadriplegia” 1999 **American**

Association of Spinal Cord Injury Nurses Conference; Las Vegas, Nevada (Co-presenter) & **2000 National Spinal Cord Injury**

Association Conference; Phoenix, Arizona. (Presenter) (Authors: Kathy LaFavor CNS, MSN, RN and Maria Wellenstein)

“The Complicated SCI Child” **2001 American Association of Spinal Cord Injury**

Nurses Conference; Las Vegas, Nevada (Co-presenter) & **2001 National Spinal Cord Injury Association Conference**; Phoenix, Arizona. (Presenter) (Authors Denise Lemke APN, MSN, RN and Maria Wellenstein)

“AVM: Treatment and Results” **2002 American Association of Spinal Cord Injury**

Nurses Conference; Las Vegas, Nevada. (Co-presenter) (Authors Denise Lemke APN, MSN, RN and Maria Wellenstein)

“Protection for the Tendon Transfer of the Posterior Deltoid to Triceps in the Tetraplegic Patient” **1998 International Conference on Surgical Rehabilitation of the Upper Limb in Tetraplegia**; Cleveland, Ohio. (Co-presenter) (Authors: James Sanger, MD and Maria Wellenstein)

“Minimize Inpatient Stay After Posterior Deltoid to Triceps Transfer” **1998 International Conference on Surgical Rehabilitation of the Upper Limb in Tetraplegia**; Cleveland, Ohio. (Presenter) (Authors: James Sanger, MD and Maria Wellenstein)

“Occupational Therapy Management of the Quadriplegic” **1992 & 1993 Rehabilitation Institute of Chicago Continuing Education Courses** (Co-presenter, Co-author and member of panel)

“Annual Interdisciplinary Seminar-Long Term Care Issues for the SCI Population” **1993 Rehabilitation Institute of Chicago Continuing Education Courses** (Co-presenter, Co-Author and member of panel)

“Expanding Option for the Physically Disabled Through Assistive Technology” **1994 Rehabilitation Institute of Chicago Continuing Education Courses**. (Co-presenter & Co-author)

“Terapia Occupazionale: interazione con l’ambiente e adattamento”

2004 Sclerosi

Multipla: Le Nuove Frontiere Della Riabilitazione; Rome, Italy
(Author/Presenter)

“La Terapia Occupazionale nella Sclerosi Multipla: Tecniche e Strategie del

Trattamento” **2004 AISM Conference Series** Bresica, Pavia, Padua, Genova & Florence, Italy. (Author/Presenter)

“Rehabilitation of the Spinal Cord Injured Person” **2000, 2001, 2002, 2003**

American-Lithuanian Exchange Program Delegation, Vilnius & Kaunas

Lithuania. (Co-presenter and member of panel) (Authors: Tony Hornung, PT, William Waring, MD, and Maria Wellenstein)

“Treatment of the Traumatic Brain Injured Patient in the Intensive Care Setting”

May 2007 American-Lithuanian Exchange Program Delegation, Vilnius & Kaunas, Lithuania. (Author/Presenter)

FROEDTERT COMMITTEE/PROGRAM DEVELOPMENT

Vascular Surgery- Pre and Post Op Lumbar Drain Management Protocol/Order Set

Vascular Surgery-Post Op Carotid- CEA/Stenting/T-Car Order Set and Pathway for OR to Floor

11 CFAC- Accountable Care Team- 2017-Present

Vascular Surgery Claudication Program 2018-Present

Vascular Surgery Antimicrobial Stewardship 2019-Present

Vascular Surgery VQUI and P&P Committee 2016- Present

Vascular Surgery-Pre and Post Op Pain Management Tool

Vascular Surgery-Urinary Retention/Post Op Management Tool

Cardiovascular Nursing Certification-Educator

SCCM-PCOR ICU Collaborative- 2016

MCW Acute Care APP Committee- 2015- 2016
MCW Patient Flow/Sign Off Committee 2015-2016
Development of New Post Cardiac Arrest Therapeutic Hypothermia Protocol- 2015
Development of CCA Post Op Cardiac Surgery Order Set-2015
MCW Resuscitation Work Group- 2014- Present
Development of ECMO Protocol- In progress
CVICU Lecture Series: Organizer 2014-Present
Heart Failure/Transplant Committee 2014-Present
CVICU MD/RN Workgroup Committee 2013-Present
CVICU M&M 2013-Present
Medical College of Wisconsin ICU Orientation Committee 2013-Present
CVICU- New APP Orientation Preceptor 2013-Present
Neurointerventional Joint Anesthesia Committee (2008-present)
Neurointerventional PIT Committee (2008-present)
Co-Author NICU Handbook (2009)
Program Coordinator of NICU Journal Club (2010-present)
NI and NICU M&M (2008-present)
Protocol & Pathway Development for NI Program (2008-present)
EPIC Neurology Note, DC, Follow up Pathways and Protocols (2008-present)
Research Committee NICU Shared Governance (2005-2011)
Tendon Transfer Program-Co-Developer (1996-2003)
Preceptorship Training Program for Froedtert Hospital (2003)
American Disabilities Act Compliance Project (2002)
Interdisciplinary Skin Protection Committee (2001)
Interdisciplinary Communication Committee (1999, 2002, 2003)
Clinical Instructor, Ten Level II Occupational Therapy Students (1995-2003)
JCAHO Committee (1995-2003)
Commission of Accreditation of Rehabilitation Facilities Committee (1995-2003)
Quality Improvement Committee (1997-2003)
Prospective Payment System (PPS) Committee-Lead Trainer (2001-2003)
Leadership Committee (1998)
Quality Assurance Project (1998)

AWARDS

Nominations for MCW APP of the Year Award- 2018
Nominations for MCW APP Group Award- 2018

PROFESSIONAL AFFILIATIONS/SERVICE

Society of Vascular Surgery 2016-Present

Society of Vascular Medicine 2016-Present

The Metro Milwaukee Nurse Practitioner 2017-Present

Midwest Society of Vascular Surgery- Present

The American Association of Nurse Practitioners 2017-Present

Society of Critical Care Medicine 2008-Present

American Heart Association-Professional Member (2006-present)

National Spinal Cord Injury Association-Greater Milwaukee Chapter-Board
of

Directors (1995-present)

National Spinal Cord Injury Association-National Organization-Chapter
Liaison

(2000-2004) (2006-present)

Annual Wheels and Heels Rush on Festa (1995-present)

American College of Nurse Practitioners-Member (2006-present)

American-Lithuanian Exchange Program (1999-2011)

Graduate Program and Curriculum Committee- Marquette University
(2006-2007)

References

Available Upon Request.

