

VALDENA THOMAS

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Professional Summary

Dedicated and compassionate Registered Nurse (RN) with experience in acute care settings, home health and long-term care in fast-paced environment. Proven ability to remain calm under pressure and skillfully handle challenging patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

Licenses

State of Illinois registered professional nurse, license No. 041.463748

Skills

- Patient and family education
- PleurX drain, Holter monitor care and management
- Straight/Foley Cath
- Sigma, and Meditech competency
- IV drug administration and management
- Resilience
- Interpersonal skills
- Written communication and comprehension
- Articulate and professional verbal and written communication
- Ability to work in a fast-paced environment

Work History

RN, 06/2018 to Current

Oak Brook Care – Oak Brook, IL

- Administers medications and treatments for up to 20 patients daily on a 120-bed unit, according to physician orders.
- Manages feeding tubes, colostomies, catheters, IVs and oxygen as well as durable medical equipment necessary in the sub-acute and long-term environment
- Decreased patient re-hospitalization and boosted recovery rates by coordinating with specialists, physicians and at-home caregivers.
- Direct the day-to-day functions of the nursing assistants in accordance with facility regulations and guidelines
- Admit, transfer and discharge Residents as required.
- Demonstrated the ability to advocate for and strive to protect the health, safety, and rights of the patient.
- Coordinated nursing care for patients and participated in patient and family education.

RN, 06/2018 to Current

Brightstar – Naperville, IL

- Administers medications and treatments for a variety of minor illnesses and injuries according to physician orders.

- Document in nurses' notes in an informative and descriptive manner that reflects the care
- Manages feeding tubes, colostomies, catheters, IVs and oxygen as well as durable medical equipment
- Provides education and guidance to clients and their families on disease process and management.
- Observe record and report on changing patient symptoms and conditions.

Patient Care Technician, 03/2012 to 07/2018

Presence Mercy Medical Center – Aurora, IL

- Assisted patients with activities of daily living under guidance of RN.
- Interacted effectively with patients, families, staff and other hospital department staff to deliver a high level of customer service and teamwork.
- Monitor and ensure safety of clients at high risk for harmful behavior to self or others
- Perform safety checks
- Observing and documenting clients behavior, mental status, and report changes in patient condition to RN

Education

Associate of Applied Science: Nursing, 2018

Joliet Junior College - Joliet, IL

- 40 hours of nurse preceptor ship
- 16 hours of discharge phone calls for COPD/CHF patients
- 400+ clinical hours
- Recipient of PHI Theta Kappa Scholarship
- Graduated with 3.5 GPA

Bachelor of Science: Nursing, 2020

University of Saint Francis - Joliet, IL

- Awarded the Leach Nursing Scholarship for academic excellence