Kristen VanAsten

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CNA/Mental Health Attendant at St. Elizabeth's Hospital

Kaukauna, Wisconsin, United StatesHospital & Health Care

Previous positions

Caregiver at Haven of Hope Day Care, Inc.

Food Service Associate at St. Elizabeth's Hospital

Education

University of Wisconsin-Oshkosh, Bachelor of Science in Nursing, Registered Nursing/Registered Nurse

Background

Summary

I am a undergraduate student at the University of Wisconsin Oshkosh pursuing my education in nursing. Currently, I am a CNA/Mental Health Attendant at St. Elizabeth's Hospital, Waitress and Hostess at Out-O-Town Supper Club, and do seasonal work at my family farm - Neighborhood Dairy. Upon graduation, I would like to obtain a job as a Registered Nurse, and enroll in a Masters Program to become a Nurse Educator.

Experience

CNA/Mental Health Attendant

St. Elizabeth's Hospital

November 2013 – Present(6 years 4 months)Appleton, Wisconsin

Waitress, Hostess

Out-O-Town Supper Club

October 2010 – Present(9 years 5 months)Kaukauna, Wisconsin

As a waitress I facilitate customers with selecting menu items, assist them with any needs they may have during their meal, and ensure they are completely satisfied with their overall service. We work as a team to serve large groups as well. As a hostess, there are a large amount of responsibilities, so the work is split up between two people on an average night. We check customers in and get them seated in a timely fashion. It is also our responsibility to handle money when customers pay their bills. As an individual, I have also had the pleasure of training new employees to hostess.

Lawn Care/Seasonal Field Work

Nieghborhood Dairy

May 2005 – Present(14 years 10 months)Kaukauna, Wisconsin

As a seasonal employee at my family owned farm, I am expected to share the role of lawn care and field work with my brothers and cousins. From the spring to the fall I have trimmed bushes, pulled weeds, and mowed the lawn for many years to maintain our property. I also have taken a Tractor Safety Course to be certified to operate large machinery when we are doing the seasonal field work.

Caregiver

Haven of Hope Day Care, Inc.

August 2013 – June 2014(10 months)Little Chute, Wisconsin

As a caregiver at Haven of Hope Day Care, I provide compassionate care for adults and children with developmental disabilities. Throughout the day, I assist three to five clients on theme-based activities and promote a positive environment for them. It is also important that I make sure the environment is safe and sanitary for the clients and the staff. I have been trained on using Hoyer Lifts, charting intake and output, supporting clients requiring medical attention, and using the aid of a gait belt to promote clients to walk. This position is an as needed basis, so I have to be flexible to work with my supervisor on a schedule.

Food Service Associate

St. Elizabeth's Hospital

February 2013 – November 2013(9 months)

As a Food Service Associate, I was able to thrive in a fast-paced environment providing excellent customer service. I assisted a diverse population of patients by setting them up for breakfast, lunch, or dinner. Behind the scenes, our team had to prepare the trays and re-stock many areas in the kitchen and pantries on several floors of the hospital. We formed effective team work skills to be productive and accomplish our tasks by the end of the shift.

Education

University of Wisconsin-Oshkosh

Bachelor of Science in Nursing, Registered Nursing/Registered Nurse

2012 – 2016

University of Wisconsin-Oshkosh

Skills & Expertise

Cpr Certified

Time Management

Medical Terminology

BLS

Patient Safety

Hospitals

Customer Service

Patient Education

Works well with a team

Healthcare

Accepting Responsibility

Adaptable to Changes

Certifications

Certified Nursing Assistant

Department of Health and Family Services Wisconsin Nurse Aide Registry, License 351426

November 2012

Heartsaver First Aid, CPR, & AED Certified (adults, children, & infants)

American Heart Association, License

August 2013 – August 2015

Honors & Awards

University of Wisconsin Oshkosh Honor Roll

University of Wisconsin Oshkosh

May 2013

Volunteer Experience & Causes

Assist on Client Fieldtrips

Haven of Hope Day Care, LLC

July 2013

Assisted staff with clients on fieldtrips

Check-In Table at Polar Plunge

Special Olympics Wisconsin

February 2013

Assisted people registering at the event

Hands on Oshkosh - Spring

University of Wisconsin Oshkosh

April 2013Environment

Worked in a group to clean a local church

Volunteer at the Down Syndrome Awareness Walk

Down Syndrome Association of Wisconsin

October 2013

Sold raffle tickets