

DANIEL G. D'ARRIGO, RN

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PROFESSIONAL SUMMARY

Motivated RN and Health Coach seeking employment opportunities that push forward preventative health in a country suffering from a chronic illness epidemic. With three years of experience as an RN in acute care, I have acquired the skills and time management necessary to provide excellent patient care during this challenging time. Also self-employed as an ADAPT Certified Functional Health Coach. Past employment in business and sales has advanced leadership and interpersonal skills.

RELEVANT EXPERIENCE

Post Acute Medical

Registered Nurse

Denver, CO

September 2018- July 2021

- Use the nursing process to heal acute diagnoses including AKI, deep tissue wounds, COPD, TBI, CVA, fractures, substance abuse, UTI, sepsis, fistula, MI, endocarditis, and others.
- Provide patient/family teaching including diabetes management, anxiety management, pulmonary hygiene for COPD, weight management and signs/symptoms for stroke.
- Preceptor of students and new graduates, with over 1000 hours of teaching, supervising and evaluating aptitude.
- ACLS certified member of a rotating code team; demonstrated exceptional CPR
- Admission and discharge of patients on a weekly basis. Responsible for obtaining consent and authorization to release information; explaining patient rights/responsibilities, hospital policies, and HIPPA; and performing a primary nursing assessment to determine a care plan.
- Patient advocacy includes ensuring contact and airborne isolation protocols, proper antibiotic administration; explaining hand washing technique, and collaborating with interdisciplinary team on medication orders.

Boston Medical Center

SICU Certified Nursing Assistant

Boston, MA

September 2017- July 2018

- Collaborated with the RN throughout the shift to determine priorities, and communicate the status of delegated task completion and patient data.
- Accurately collected and recorded patient data including vital signs, I/O, blood sugar, weights, belongings, etc. Notified RN of any significant change in patient condition or status.
- Assisted with admission, discharge, and transfer of patients. Tasks included preparing room for admission, ensuring proper identification band, performing EKGs, and setting up bed alarms and heel relief mode.
- Provided basic hygiene (i.e. bathing, dressing, mouth care, shaving, perineal/bowel care, incontinence care, Foley care, application of condom catheters, emptying urinals, ostomy pouches)

First Financial Trust

Financial Operations Manager

Wellesley, MA

December 2014 – May 2017

- Helped to generate over \$5 million by researching prospective clients' asset allocations and fees, and assembling a proposal for business.
- Established a training program for new hires, which included over 20 procedural guidelines, a daily cheat sheet, and over 60 hours of one-on-one teaching.

AXA Equitable

Sr. Associate Customer Service Analyst

New Business Analyst

Syracuse, NY

2010-2014

2009-2010

EDUCATION/CERTIFICATIONS

CURRY COLLEGE

Accelerated Bachelor of Science in Nursing (GPA 3.65)

Boston, MA

May 2018

- 300+ clinical hours at Mass. General Hospital, Brigham and Women's Hospital, Beth Israel Deaconess Medical Center, and Boston Children's Hospital

STATE UNIVERSITY OF NEW YORK (SUNY) COLLEGE AT CORTLAND

Bachelor of Science in Business Economics (GPA 3.51)

Cortland, NY

May 2009

- President's List (2009)
- Dean's List (2006-2008)

CERTIFICATIONS:

- ADAPT Certified Functional Health Coach (Kresser Institute – 2021)
- ACLS (2022)
- BLS (2022)
- Six Sigma Green Belt (2014)

VOLUNTEER/COMMUNITY WORK

- MIT Influenza clinic (2017)
- Junior Achievement – “JA You’re Hired” (2014)
- McMahon/Ryan Child Advocacy Center – Victims of child abuse (2013)
- Hillside – Mentor for high school graduates (2013)