**RESUME.**

**PERSONAL DETAILS**

Name :Irene MwendeNthitu

Date of birth : 4thjune 1985

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State Id no : 17-136-5070

Language :English and Swahili ( fluently spoken and written)

Holder of a Bachelor of science Degree in Nursing from University of Nairobi -Kenya. Registered Nurse from Kenya Medical Training College. Did NCLEX with the board of new mexico and I have an active Colorado RN licence. I have over 11 years work experience with nine years at a military facility-Kenya Defence Forces Memorial Hospital and currently working in vibra Hospital of denver.

**PROFESSIONAL QUALIFICATION**

1. Institution: **University of Nairobi**

Period: Nov 2012-Oct 2015

Programme: Bachelor’s Degree in Nursing

1. Institution: **Kenya Medical Training College – NAKURU**

Period: 2005 – 2008

Programme: Diploma in Community Health Nursing

**PROFESSIONAL EXPERIENCE**

1. **LONG TERM ACUTE CARE NURSE**

 2019 AUGUST -TO DATE

 VIBRA REHABILITATION HOSPITAL OF DENVER.

 8451 PEARL ST, THORTON, CO 80229.

1. **MEDICAL SURGICAL NURSE.**

**2011 august- 2019 july**

**Defence forces memorial hospital,**

**p.o box-62938-00200**

**Nairobi-kenya.**

This is the largest military referral hospital in kenya. It has a bed capacity of 200 beds with over 300 health care staff and an evarage of 100 patients are served by the hospital within a day. As a medical surgical nurse I care for an average of 6 patients per shift diagnosed with a range of health challenges,, ie acute conditions like, Myocardial infaction, anaphylactic shock, pulmonary embolism, hypertensive urgencies, hypotension, diabetic ketoacidosis and asthma. Longterm conditions are, cardiomyopathies, hypertension, cancers anthritis, diabetes, renal diseases, HIV, CONGESTIVE HEART FAILURE, cerebral vascular accident, spinal injuries, amputations, fractures,multiple sclerosis, pneumonia, vision impairment and tuberculosis among others. I have also cared for patients with tracheostomy tube, PEG tubes,nephrostomy tubes, ileostomies, colostomies, ventilated patients, nasal gastric tubes, care of drains among others.

 **3: LABOUR AND DELIVERY NURSE**

 **2009 january-2011july.**

 **Shalom community hospital.**

 **Machakos-kenya**

This is one of the private hospitals located within machakos town which is around 50 kms from the capital city of kenya. It had a bed capacity of 120 beds and the average number of patients seen in the hospital were 80 within a day. As a labour and delivery nurse, I wound attend to anevarage of 10 mothers per shift.

I cared for women and their infants during labor and childbirth. I assisted, supported and educated women during the four stages of delivery - antepartum, intrapartum, postpartum, and neonatal. More specifically, my duties and responsibilities included, sitting with and monitoring the patient throughout (before/during/after) labor; monitoring contractions and helping the patient with breathing techniques; performing basic IV and central line skills; performing phlebotomy skills; executing knowledge of hemodynamics; administering pain and other medications as ordered to address specific medical conditions of the patient, such as hypertension and diabetes; and taking and recording patient’s vital signs, determining if problematic; reading fetal monitor & ascertaining if there is a problem with the baby’s heart rate; identifying and managing life-sustaining physiological functions in unstable patients; checking patient’s cervix periodically to monitor progression/lack of dilation; ensuring that the patient’s bed is kept dry & clean; cleaning up bodily fluids expelled before & after the birthing process; contacting the anesthetist when/if patient is ready for epidural; contacting delivering physician at appropriate time; caring for patients on Pitocin, MgSO4 & continuous lumbar epidural; ensuring the patient is in proper position for delivery & that all monitoring equipment is functioning properly; aiding the doctor with drapes, gloves, gowns, etc.; handing doctor delivery instruments as needed during birthing process; encouraging patient to push at proper time(s); recording time of birth; immediate care of newborn (clean, weigh, etc.); and giving Apgar scores.

In the course of the dispensation of my duties and responsibilities, I am familiar with and have handled severalequipments, eg fetoscope, sunction machine, speculum,resustaire, vacuum extractor, Doppler machine, incubators, glucometer machines and infant warmers.

**Referees**

1. Momanyi mogeni

Clinical instructor

 Defence forces memorial hospital

 Po box 62938-00200, Nairobi-kenya

 Cell phone, +254722668447

1. Phoebe ruto

Registered nurse

New Hampshire

 Cell phone: 936 668 2526