

Kalicia Newsome

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Registered nurse with more than 8 years of nursing experience in a busy hospital environment providing the highest standards of patient care quality in compliance with Joint Commission (JCAHO) guidelines. Known as a personable, compassionate, professional and straightforward communicator who can deliver quality patient care with sensitivity to culture, ethics, dignity and patient rights. Dedicated to risk mitigation with proactive preventive measures, quality patient care and timely response and resolution of issues or complaints. Proficient in the use of electronic patient documentation and record maintenance systems Essentris EHR, Cerner, KIPU, Meditech as well as Microsoft Office suite.

Work Experience

Medical-Surgical Registered Nurse PRN

Medely - Dallas-Fort Worth, TX

November 2021 to Present

Maintains and demonstrates a current working knowledge of applicable clinical procedures and nursing care based on company policy and State & Federal guidelines; Implements nursing care in accordance with unit procedures established by the Medical Director and Nursing Supervisor and approved by the Executive Director; Relationship builder, educator and advocate for wellness of patients beyond hospital facilities and in everyday life;

- Performs ongoing patient assessments and work with physicians to plan, implement, and evaluate plans of care for newly admitted and transferred patients.
- Record patients' medical history, vital statistics, and test results in electronic and physical medical charts.
- Observe patients and actualize nursing interventions to expedite healing and recovery.
- Utilize clinical expertise to administer medications and injections, administer IV therapy, test glucose levels, perform venipuncture, and provide wound care.
- Educate patients and caregivers on diagnosis, treatment options, disease process and self-management.
- Provide comprehensive instruction on discharge plans to sustain continuity of care upon discharge and drive recovery goals.

Crisis Registered Nurse

Krucial Staffing - Laredo, TX

June 2020 to April 2021

COVID Response Team nurse providing daily care to COVID patients during their hospitalization; spending 1:1 time building a therapeutic relationship; translating patient's timely medical status changes to physicians through assessment and critical thinking; assess patient's response to medical treatments, educate patients and provide a listening ear and calming touch; committed to service and quality that shows through compassion and dedication to positive patient outcomes

- Evaluated patient's response to treatment and progress toward goals.

- Acted as patient advocate; interacted in a timely manner between multidisciplinary staff to minimize delays and optimize patient care and efficiency.
- Administered and executed therapeutic physician and nurse-initiated interventions.
- Worked together with physicians to discuss and identify patient's treatment needs.
- Experienced in physical assessment, administration of medications and assisted specialist with bedside procedures.
- Modified and individualized care according to patient and family culture, demographics, history and needs.
- Foster a supportive and compassionate environment to care for patients and communicate with their families

Detox/ Mental Health Registered Nurse

FHE Health - Deerfield Beach, FL

August 2019 to June 2020

Provide medically appropriate detoxification services to clients that includes addiction plan implementation, monitoring, and assessment; general medical monitoring of clients; referral of clients to outpatient/ inpatient treatment programs and/or self-help program when appropriate; assist with overall duties of the PHD.

- Provide direct care and delegate care of clients as indicated by client needs.
- Administer medications and treatment as directed by the standing orders and/or phone orders from attending

Licensed Health Care Professional.

- Observe and record pertinent clinical information in regards to the care and condition of the client.
- Assesses patient's physical and psychological condition on an ongoing basis throughout the continuum of care
- Formulate individualized nursing care plans and participate in client care conferences.
- Dispense and record administration of medications according to prescription instructions and agency policy.
- In conjunction with the addictions team, make referrals to appropriate hospitals and agencies based on the client's needs.
- Give and receive report at staff shift change.
- Consult with other health team/care professionals for guidance in the development of the most appropriate health care plan for the client.
- Confer with and assist the licensed Health Care Professional.
- Skills to assess symptoms of detoxification using standardized measures such as CIWA or COWS.
- Attend and participate in all in-service or training sessions.
- Maintain all required training and continuing education necessary for licensing.
- Maintain standards of ethical conduct.

Psychiatric Registered Nurse

PRN - Nurses Etc. Staffing - Seguin, TX

August 2018 to July 2019

Responsible for a 6 bed Crisis Unit for Behavioral Health and Intellectual and Developmental Disabilities (IDD) clients in a voluntary and involuntary setting. Treated patients with depressive diagnosis, substance abuse/addiction disorders, mood disorders, psychotic disorders, attention disorders and behavioral disorders. Administered medications to clients on an inpatient unit suffering from mental health crisis and detox as well as medication education. Monitored and assessed behavior as well as physical being to ensure clients remained in a safe environment for themselves and other patients.

- Completed intake assessments to determine client received appropriate care; developed and implemented individual short and long term psychiatric treatment plans for adult population.
- Monitored patients' mental and emotional conditional; frequently assessed potential safety concerns and provided companion and personal care services.
- Able to communicate with physicians accurately to obtain medication before behaviors escalate.
- Knowledgeable in pharmacological treatments to include proper dosing, administration and monitoring for side effects.
- Using therapeutic communication to maximize positive patient outcomes.
- Discharge planning in the acute care setting

Charge Nurse Medical Surgical Unit

Central Texas Medical Center - San Marcos, TX
July 2018 to December 2018

Managed the care of up to 5 patients in a 24-bed medical-surgical unit of a 178-bed Medical Center while overseeing up to 5 nursing staff members with patient load of up to 6 patients. Assumed responsibility for all direction and coordination of all functions in the unit during designated night shift. Functioned as the resource person for staff members and assisted other staff when needed to ensure effective patient care. Made decisions regarding activities within unit based on Administrative Operational Standards, Nursing Administrative Standards, Human Resource Standards, and Standards of Care for the unit in collaboration with other members of the management team

- Assisted the Lead Nurse in the effective operational management of a busy ward.
- Observed and recorded patient's reactions to various medications and treatments.
- Participated in interdisciplinary teams informing medical personnel of the status of patients on ward in order to better assess a patient's condition
- Administering medications and health advice to patients on a daily basis
- Always working to the highest standards of nursing, personal and professional care
- Organizing, prioritizing and delegating nursing work flow throughout the ward

Clinical Charge Nurse

Brooke Army Medical Center - San Antonio, TX
October 2013 to May 2018

Managed the care of up to 8 patients in a 24-bed medical-surgical unit of a 425-bed Level 1 Trauma Regional Medical

Center. Oversaw up to 9 nursing staff members and managed new hire orientation and training as the charge nurse.

Administered medications and documented all actions and observations in patient chart. Observed changes in patient condition and verified medication effects. Participated in process improvement and patient safety committees.

- Protected patient rights and served as a patient advocate and case manager. Participated in discharge planning; educated patients, family members or caregivers on potential side effects, proper dosage and possible drug interactions. Assisted patients and family members to identify and obtain resources and education.
- Employed critical thinking skills to implement interventions according to protocol. Started IV fluids, provided subcutaneous, intramuscular and IV medications, dispensed oxygen or medications, assessed vitals, administered EKGs, performed phlebotomy and started Foley and straight catheters.

- Provided real-time chart documentation to avoid contraindicated physician instructions or duplicated efforts.
- Maintained safe, clean, comfortable and compassionate care environment. Patiently provide detailed explanation of conditions, medications and procedures to patients and their family members.
- Created in-processing and intake worksheet that was used on multiple floors to standardize patient communication during shift changes; provided better information for new nurses in a teaching hospital.
- Participated in pilot program that rolled out new mobile EHR system that provided real-time charting.

FT Nursing Student

University of Maryland - Baltimore, MD

August 2011 to September 2013

Completed BSN degree as one of 46 US Army personnel competitively selected for the nurse training program.

Operations and Training Manager - US Army 8/2008 to 8/2011

Managed the training and operational sustainment program for 9 US Army organizations with 4,800 personnel located worldwide. Planned and manage training programs and supply distribution that impacted all locations.

- Developed and implemented a brand new supply distribution point that increased availability of critical supplies to these 9 organizations by 100%.
- Coordinated the training programs for all 4,800 personnel. Ensured they had all the training and supplies they needed to compete their assigned tasks.
- Managed the process of in- and out-processing personnel for transfers and assignments worldwide.

Education

Bachelor of Science in Nursing

University of Maryland School of Nursing

2013

Associate of Science in Biological Sciences

Black Hawk College

2011

Certifications and Licenses

First Aid Certification

BLS Certification

RN License

ACLS Certification

CPI Certification

CPR Certification