

Jessica Holden

Norris City, IL 62869

Phone: 618-518-1398

E-Mail: jessholden1@gmail.com

Professional Summary

Proficient and caring Nursing team member offering over 2+ years of patient-facing experience. Adept at addressing patient needs with compassionate care and attention to detail. Diligent about maximizing satisfaction, safety and wellness while serving patients of all backgrounds.

Skills

Pulse Oximetry Tracking
Patient Management
Infection Control and Aseptic Procedures
Patient Care
HIPAA Compliance
Chronic Disease Management
Dementia Knowledge
Transcribing Orders
Infection Control

Indirect Patient Care
Patient Assessments
Breathing treatments
Regulatory Compliance
Inpatient care
Direct Patient Care
Notifying family members
Caregiving skills
Writing reports

Work History

December 2020 to Current

The Anchor

Marion, Illinois

Licensed Practical Nurse

Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.

Obtained biological specimens for ordered tests and prepared for laboratory transport.
Applied interpersonal communication skills to comfort and counsel patients and families throughout care process.
Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.
Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.
Documented accurate and complete patient information to address patient problems and expected outcomes.
Monitored and tracked patient vitals.

June 2020 to December 2020

Neurorestorative

Carbondale, Illinois

Licensed Practical Nurse

Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.
Obtained biological specimens for ordered tests and prepared for laboratory transport.
Applied interpersonal communication skills to comfort and counsel patients and families throughout care process.
Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.
Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.
Documented accurate and complete patient information to address patient problems and expected outcomes.
Monitored and tracked patient vitals in Point Click Care to keep team informed of changing conditions.

November 2019 to June 2020

Carmi Manor Nursing And Rehabilitation Carmi, IL

Licensed Practical Nurse

Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.
Obtained biological specimens for ordered tests and prepared for laboratory transport.
Applied interpersonal communication skills to comfort and counsel patients and families throughout care process.
Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.
Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.
Documented accurate and complete patient information to address patient problems and expected outcomes.
Monitored and tracked patient vitals in Point Click Care to keep team informed of changing

conditions.

May 2019 to November 2019

Wabash Christian Retirement Village Carmi, IL

Licensed Practical Nurse

Applied interpersonal communication skills to comfort and counsel patients and families throughout care process.

Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.

Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.

Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.

Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.

Documented accurate and complete patient information to address patient problems and expected outcomes.

Educated clients, patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.

Monitored and tracked patient vitals in Point Click Care to keep team informed of changing conditions.

December 2018 to May 2019

Hamilton Memorial Nursing And Rehabilitation McLeansboro, IL

Licensed Practical Nurse

Applied interpersonal communication skills to comfort and counsel patients and families throughout care process.

Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.

Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.

Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.

Documented accurate and complete patient information to address patient problems and expected outcomes.

Educated clients, patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.

Cared for wounds, provided treatments and assisted with procedures.

Monitored and tracked patient vitals in Point Click Care to keep team informed of changing conditions.

November 2017 to December 2018

Enfield Nursing And Rehabilitation Enfield, IL

Licensed Practical Nurse

Applied interpersonal communication skills to comfort and counsel patients and families throughout care process.

Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.

Minimized staff and patient infection risk by cleaning and disinfecting equipment instruments.

Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.

Educated clients, patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.

Cared for wounds, provided treatments and assisted with procedures.

Monitored and tracked patient vitals in handwriting to keep team informed of changing conditions.

August 2015 to July 2017

Southeastern Illinois College

Full Time Student

January 2014 to August 2015

Addus Home Health

CNA

Cared for residents in their homes.

Education

May 1993 Kirby High School Memphis, TN

High School Diploma

July 2017 Southeastern Illinois College Harrisburg, IL

Nursing Licensed Practical Nurse