# Christopher Kinna

Introduction San Antonio, TX 78260 pundavela1988@gmail.com 210.643.0261

Multitalented, compassionate Registered Nurse with extensive experience in a wide range of healthcare settings and a record of excellence serving patients in critical care settings. Skilled nursing instructor able to provide direct patient care while training nursing staff using clinical best practices to respond decisively to life-saving situations. Expertise in nursing standards and treatment protocols as well as advanced experience with ventilators, arterial lines, central venous catheters and vasoactive drugs. Detail oriented and dedicated to exceeding results evaluating and administering patient care.

Authorized to work in the US for any employer

Work Experience

# **Registered Nurse, Intensive Care Unit**

MANHATTAN VA MEDICAL CENTER - New York, NY April 2020 to Present

\* Successfully work to combat Covid-19 at one of the city's largest healthcare systems in the heart of New York City.

\* Adhere to all protocols and remain up to date on the latest standards, precautions, and clinical guidelines.

\* Partner with physicians, epidemiologist, and nursing leadership on new initiatives and regulations to ensure compliance.

# **Registered Nurse, CVICU**

MAIN METHODIST HOSPITAL - San Antonio, TX October 2017 to Present

\* Distinguished as Daisy Award Nominee, gaining experience as a critical care nurse and earning open heart certification as well as completing ELSO extracorporeal membrane oxygenation (ECMO) course. \* Performed all aspects of cardiac critical care at a holistic level for complex and critically ill patients of all ages.

\* Accelerated staff onboarding, serving as preceptor to nurses and students with the goal of training nurses on policy and practice standards according to regulatory agencies.

\* Served on quality control committee whereby two new evidence-based policies were put into practice, hospital-wide.

\* Expanded expertise in caring for acute surgical patients while maintaining hemodynamic monitoring and ventilatory management on top of assessing, managing, and documenting all nursing duties.

# Training NCO, Platoon Sergeant

UNITED STATES ARMY - San Antonio, TX August 2007 to June 2020

\* Ensured success, safety, and development of a 25 person ICU platoon, earning numerous accolades during service.

\* Developed and instructed monthly in-service trainings at a US Army Hospital of 540 soldiers with various conditions.

\* Championed a culture of safety and continuous improvement, helping train and develop 600+ solders as the key point person tasked with leading four annual training events to 700+ mobilizing troops.

## **Registered Nurse, Intensive Care Unit, Contract**

BROOKE ARMY MEDICAL CENTER - Houston, TX November 2019 to April 2020

\* Recognized with a service award for exemplary patient care, stewarding a team mentality and tireless work ethic.

\* Grew inpatient exposure and patient care experience in an intensive care unit on a contract capacity.

\* Utilized electronic medical record system to document patient progress, administer medications, complete assessments, and manage care plans aligned to physician orders and protocols.

\* Support all members of the healthcare team, delegating tasks to CNAs and communicating to ensure safety.

#### Licensed Vocational Nurse (LVN)

LAUREL RIDGE TREATMENT CENTER - San Antonio, TX November 2015 to October 2017

\* Effectively assisted in the treatment and maintenance of 100+ military service members experiencing combat-related PTSD with the goal of supporting mission resiliency.

\* Exemplified compassionate care at every interaction, providing impactful recommendations on how to improve outcomes and clinical practices.

\* Enhanced quality and compliance serving as a key member of various committees aimed at educating caregivers.

#### **Vocational Nursing Instructor**

CAREER POINT COLLEGE - San Antonio, TX July 2015 to October 2016

\* Educated 2000+ vocational nurses in clinical best practices in addition to anatomy and nursing foundations.

\* Gained notoriety for highly engaging lessons and application-based objectives using adult learning methodologies.

\* Resolved problems with poise and professionalism, presenting to small and large groups of healthcare practitioners.

#### **Staff Licensed Vocational Nurse**

ASSURE HOME HEALTH - San Antonio, TX February 2014 to October 2015

\* Delivered quality and compassionate patient care with a focus on safety and holistic care coordination; specialized in managing tracheostomy and ventilator for a pediatric patient in a home health setting.

\* Managed various recruitment, hiring, and staff training functions, helping with onboarding and training of 10 staff.

\* Oversaw patient needs and monitored progress, assessing vitals, administering medications, and recording vitals.

# Director, Staff Development & Training

MYSTIC PARK NURSING AND REHAB - San Antonio, TX January 2015 to June 2015

\* Maximized team performance and professional development, training 30+ team members in nursing skills.

\* Recruited to own a multitude of administrative duties: inventory of supplies and durable medical equipment, staff scheduling, and compliance; ensured detailed documentation and records management.

\* Established a culture of excellence among CNAs, LVNs, and aids and monitored immunization records for both staff and residents; adhered to all company policies and procedures in regards to med destruction and reimbursements.

### **Clinical, Surgical Coordinator, Assistant**

THE HAND CENTER OF SAN ANTONIO - San Antonio, TX January 2012 to February 2014

\* Designed and executed highly successful office procedures and workflows to increase surgical efficiencies by 20%.

\* Owned outpatient clinic processes, such as surgery schedule and clinic administration for specialized hand surgeon.

\* Aided in 200+ clinic procedures and assisted patients with clinical questions, scheduling, education, and supported.

\* Recognized as a key member of the service committee, helping raise \$2500 for Susan G. Koman Foundation.

# Education

#### **Bachelor of Science in Nursing**

University of Texas at Arlington - Arlington, TX 2019

#### **Associate of Science in Nursing**

National American University - San Antonio, TX 2017

**Nursing Licenses** 

#### RN

Expires: August 2020

State: TX

Skills

- ICU Experience
- Nursing
- Critical Care Experience

- PTSD Care
- Records Management
- Anatomy Knowledge
- Adult Education
- Triage

# Military Service

Branch: United States Army Rank: 2LT