

Helene Sola-Grieg

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To obtain a position with a dynamic organization where I can offer my vast clinical NICU knowledge while exploring a new experience. I look forward to a position that offers increased challenge and responsibility while assisting patients and their families toward better long-term outcomes.

Authorized to work in the US for any employer

Work Experience

Staff RN, Neonatal Intensive Care Unit

Vassar Brothers Medical Center - Poughkeepsie, NY

October 2011 to Present

- Provide primary care to premature infants in a Level III +17-bed NICU
- Facilitate family education and discharge planning including primary prevention
- Inserting IV's, maintaining peripheral and central lines
- Conducting physical assessments on premature and sick infants
- Maintaining patients on various ventilator support including: CPAP, PC Ventilation, HFOV, and Nitric Oxide
- Being part of a Neonatal Transport Team
- Participation in Interdisciplinary Rounds to collaborate with members of the health -care team
- Float to Mother-Baby Unit and Pediatrics to accommodate staffing

Clinical Nursing Instructor

Mount Saint Mary College - Newburgh, NY

September 2011 to September 2013

- * Provide assignments, mentor, and instruct senior Nursing students on the inpatient Pediatric Unit and NICU at Vassar Bros. Medical Center
- * Teach medication administration and hands on care to students on Pediatric inpatient unit.
- * Grade research papers and term projects for senior Nursing students
- * Instruct first year Nursing students in Skills Lab and in clinical setting

Patient Care Manager

Mount Kisco Medical Group - Mount Kisco, NY

October 2008 to October 2011

- * Manager of Briarcliff Manor Pediatrics and Internal Medicine
- * Manager of Jefferson Valley Internal Medicine, Dermatology/Plastic Surgery, Otolaryngology/Audiology
- * Actively participate with the integration of new Physician practices
- * Mentor new employees to EMR and MKMG policies and procedures
- * Participate in departmental budgeting, including yearly projections of operational and capital needs
- * Staffing and scheduling for individual site locations

- * Responsible for introductory and yearly employee performance evaluations, including merit increase recommendations
- * Conduct individual site staff meetings
- * Perform new hire interviews and conduct employee disciplinary meetings
- * Participation in Department Head and Patient Care Manager meetings to collaborate with members of the administrative team
- * Collaborate with Physicians for office performance improvement strategies

Staff RN, Neonatal Intensive Care Unit

Montefiore Medical Center - Bronx, NY

January 1995 to October 2008

- * Provide primary care to premature infants in a Level IV 40-bed NICU
- * Facilitate family education and discharge planning including primary prevention
- * Inserting IV's, maintaining peripheral and central lines
- * Conducting physical assessments on premature infants
- * Maintaining patients on various ventilator support including: CPAP, HFOV, and Nitric Oxide
- * Being part of a Neonatal Transport Team within the Bronx Regional Perinatal Center
- * Performing charge Nurse duties including: staffing, patient assignments, management meetings, and solving unit based issues
- * Participation in Interdisciplinary Rounds to collaborate with members of the health -care team

Staff RN, Fee For Service

Montefiore Medical Center - Ossining, NY

2004 to 2006

- * Screening antepartum patients for HTN, diabetes, and preterm delivery risk factors
- * Conducted postpartum physical assessment, wound care, and breastfeeding instruction
- * Involved in the development and implementation of RSV prevention program for high risk infants
- * Conducted newborn physical assessment and well baby education
- * Screened newborns for jaundice, dehydration and feeding intolerance
- * Conducted physical assessments, wound care and education to post surgical Pediatric patients
- * Collaborated with Social Services for ongoing services of disabled children

Staff RN, Pediatrics

Montefiore Medical Center - Bronx, NY

1989 to 1995

- * Provide primary nursing care to pediatric patients in a 30-bed inpatient Pediatric Unit
- * Provide primary nursing care to patients in Pediatric Ambulatory Care
- * Provide primary nursing care to patients in Pediatric Immunology Clinic
- * Conduct physical assessments and triage patients in the Pediatric Evaluation Unit
- * Provide 1-1 nursing care to Pediatric Renal Transplant patients

Staff RN, Adult Rehabilitation Unit

Montefiore Medical Center - Bronx, NY

1987 to 1989

- * Provide primary nursing care to adult patients in a 22-bed Rehabilitation Unit
- * Facilitate discharge planning and family education
- * Coordinate care with Physical, Occupational, and Speech Therapists

Education

Bachelor of Science in Nursing

Chamberlain College of Nursing

January 2008 to January 2010

Associate of Science in Nursing

Queensboro Community College - Bayside, NY

December 1986

Nursing Licenses

RN

Skills

- Infant Care (10+ years)
- EMR Systems
- Critical Care Experience
- Nursing
- Hospital Experience
- Medication Administration
- Attention to detail
- Vital Signs
- Triage
- Employee Orientation

Certifications and Licenses

BLS, ACLS